

## PREVENTION SERVICES

Prevention involves a proactive process that empowers individuals and systems to deal constructively with potentially difficult life situations, to keep healthy people healthy and to bolster the strength of those at risk. Prevention activities are targeted at the total populations, with an emphasis on delivering appropriate services prior to the manifestation of inappropriate behaviors.

Prevention activities can be delivered through schools, media, family or community agencies and groups. You may access prevention services by contacting the YADAC Prevention Program Specialist or one of the listed Prevention Providers.

### **TrueNorth Wellness Services, Inc.**

1195 Roosevelt Avenue  
York, PA 17404; (717) 843-0800

### **Children's Home of York**

77 Shoe House Road, York, Pennsylvania 17406  
Telephone: (717) 755-1033

### **Family/Child Resources, Inc.**

3995 East Market Street, York, PA 17402;  
Telephone: (717) 757-1227

### **Collaborating for Youth**

PO Box 3576, 227 W. High St., Gettysburg, PA 17325  
PH: 717-338-0300

## STUDENT ASSISTANCE PROGRAM (SAP)

YADAC has Student Assistance Program (SAP) Contracts with the following two providers:

### **TrueNorth Wellness Services, Inc.**

1195 Roosevelt Avenue, York, PA 17404

### **Cornerstone Counseling Services Inc.**

11 York Street, Suite 201, Hanover, PA 17331

School-aged children may access drug and alcohol consultation services through SAP at their school.

For information about SAP services, please contact your local school district. Information is also available by contacting the White Deer Run York Assessment Center at 717-668-8035.

## OUR MISSION

Our Mission is to serve, with respect, individuals in our community with substance abuse problems; in order to enhance their quality of life and provide them an opportunity to reach their fullest potential in York/Adams County, PA.

## ADMINISTRATION

The York/Adams Drug & Alcohol Commission was established in 1973 to serve as the Single County Authority (SCA) for York and Adams counties. As the designated SCA for York and Adams counties, we are responsible for planning, administering, funding, and evaluating the local drug and alcohol prevention, intervention and treatment related services within the aforementioned joinder counties

Our priority populations, in order are:

Pregnant Injection Drug Users, Pregnant Substance Abusers, Injection Drug Users, Others.



**YORK/ADAMS  
DRUG & ALCOHOL COMMISSION**  
*Recovery on the Horizon*

## Administrative Staff

**Steven A. Warren, County Administrator**  
**York/Adams MH-IDD/D&A Programs**

**Audrey Gladfelter, YADAC Administrator**

**Lisa Ahmed, Chief Fiscal Officer**

**Billie C. Kile, Case Management Supervisor**

**Cynthia Dixon, Prevention Program Specialist**

York County Human Services Center  
100 West Market St., Suite B04  
York, PA 17401-1332

Phone: 717.771.9222 • Fax: 717.771.9709  
Our website: [www.ycd-a.org](http://www.ycd-a.org)

**Prevention works, Treatment is effective,  
People *can* recover.**

YADAC Brochure: Rev. 9-2-2014

# York / Adams Drug & Alcohol Commission



Recovery on the Horizon ...

Overseeing the Administration of  
Drug and Alcohol Prevention,  
Intervention &  
Treatment Services, for adults and  
adolescents in  
York and Adams Counties

## 24 / 7 EMERGENCY DETOXIFICATION SERVICES:

**Regional Support Center: 1-866-769-6822**

The White Deer Run Regional Support Center has 24/7 coverage and has been designed to expedite detox placement for all funding sources, for all populations. **It is, however, our policy, that pregnant woman shall receive preferential treatment** in all levels of care, throughout the drug & alcohol treatment continuum.

### **YADAC**

York County Human Services Center  
100 West Market St., Suite B04  
York, PA 17401-1332

Phone: 717.771.9222 • Fax: 717.771.9709  
Our website: [www.ycd-a.org](http://www.ycd-a.org)

## CRISIS / DETOX - 24/7 ASSISTANCE

### What do I do if I am in a crisis?

Crisis is an emergency situation and treatment should be accessed as quickly as possible. Individuals, adult or adolescent, who feel that they are in crisis should contact:

**Regional Support Center at 1-866-769-6822.**

or

**Wellspan Crisis** at (717) 851-5320 or 1-800-673-2496;

or

**Adams/Hanover Crisis** at (717) 637-7633 or  
1-866-325-0339.

**The above are all available 24/7.**

## CENTRAL YORK COUNTY ASSESSMENT CENTER

In partnership with White Deer Run York, we have established the **York Assessment Center**.

Individuals, adults or adolescents, who feel they may have a problem with drugs and/ or alcohol, may call **717-668-8035** to schedule a level of care assessment (LOCA). An assessment is (*typically*) free of cost to everyone except DUI offenders, who may be charged.

The center is located within the offices of YADAC, in the basement of the York County Human Services Center:

**257 East Market Street, York PA 17403**

**Phone:** 717-668-8035

**Fax:** 717-668-8736

The above is only to schedule an assessment, if you are in need of detox services please call:

**1-866-769-6822**

## ACCESSING SERVICES

Adults or adolescents in need of drug and alcohol services should schedule a Level of Care Assessment or LOCA. For residents of York County, assessments may be scheduled through the White Deer Run York Assessment Center. The center can be reached at 717-668-8035. This assessment will determine the level of care necessary and is the first step in accessing drug and alcohol services.

Pregnant woman shall receive preferential treatment in all levels of care throughout the drug & alcohol treatment continuum. Our priority populations, in order are:

Pregnant Injection Drug Users, Pregnant Substance Abusers, Injection Drug Users, Others.

## FREQUENTLY ASKED QUESTIONS

### I need detox. What should I do?

Detox is an emergency situation and treatment should be accessed as quickly as possible. Contact the **White Deer Run Regional Support Center at 1-866-769-6822**. They are available 24/7.

### How do I know if I have a drug or alcohol problem?

Individuals, adults or adolescents, who feel they may have a problem with drugs and/ or alcohol, may call **717-668-8035** to schedule a level of care assessment (LOCA). An assessment is (*typically*) free of cost to everyone except DUI offenders, who may be charged.

### How do I access treatment?

The first step to accessing treatment is to get a drug & alcohol assessment. You may schedule a drug & alcohol assessment through the White Deer Run York Assessment Center. Assessments may be scheduled by calling 717-668-8035. Assessments are (*typically*) free of cost to everyone except DUI offenders, who may be charged.

### What type of treatment do you help to fund?

Based on certain criteria, we may be able to help to fund an appropriate level of care based on the outcome of your assessment.

## FREQUENTLY ASKED QUESTIONS, CONTINUED

### What if I cannot afford the recommended treatment?

Assistance may be available, dependent upon a variety of factors. Individuals may call the White Deer Run York Assessment Center for additional information. It is, however, our policy, that pregnant woman shall receive preferential treatment in all levels of care, throughout the drug & alcohol treatment continuum. The center can be reached at 717-668-8035.

### What if someone I know has a drug or alcohol problem?

You may call the White Deer Run York Assessment Center for additional information or direction on handling your situation. The center can be reached at 717-668-8035.

### I am in recovery and sober, but yet feel that I may need drug and alcohol services for myself or my family?

Drug and alcohol services may be available to assist you and/or members of your family. Call the White Deer Run York Assessment Center for additional information. The center can be reached at 717-668-8035.