

**YORK/ADAMS MH-IDD
YORK/ADAMS D&A COMMISSION
YORK/ADAMS HEALTHCHOICES MANAGEMENT UNIT
ADVISORY BOARD MEETING
FRIDAY, APRIL 26, 2019**

MEETING MINUTES

The York/Adams Mental Health – Intellectual & Developmental Disabilities Program and Drug & Alcohol Advisory Board met on Friday, April 26, 2019, at 12 noon at the Wyndham Garden – York (formerly Holiday Inn – West Manchester), 2000 Loucks Road, York, Pennsylvania.

ADVISORY BOARD MEMBERS ATTENDING

Comm. Christopher Reilly
Dr. Karen Kennedy
Dr. Matthew Howie

Mr. Caanen Churukha
Mr. Don Fennimore
Mr. Dan Reck

ADVISORY BOARD MEMBERS ABSENT

Dr. David Turkewitz

COUNTY STAFF ATTENDING

MH-IDD:

Ms. Sharon Harlacher, County Administrator
Ms. Susan Noya, Chief Fiscal Officer
Ms. Susan Harvey, ID Program Specialist
Ms. Liz Vaught, ID Program Specialist
Ms. Raye DeShields, MH Program Specialist
Ms. Ann Crisci Perez, MH Program Specialist
Ms. Dalynet Torres-Cruz, MH Program Specialist
Ms. Gloria Sides, Accountant
Mr. Katie Purcell, MH CICM
Ms. Jayne LeGore, EI Service Coordinator
Ms. Kimberly Emler, ID Supports Coordinator
Ms. Gillian P. Foster, Administrative Assistant

D&A:

Ms. Audrey Gladfelter, County Administrator
Mr. Vincent Reed, Chief Fiscal Officer

HCMU:

Ms. Taryn Maguire, Director

GUESTS ATTENDING

Ms. Sheryl Dahlheimer, Community Guest
Ms. Kimberly Stratton, MHA York/Adams
Ms. Alice Mader, MHA York/Adams
Ms. Trisha Wansel, NAMI York County
Ms. Danielle Dennis, MANI York/Adams Counties
Mr. Dan Zalewski, NAMI York/Adams Counties
Mr. Paul Oxenrider, CSG
Ms. Lauren Snyder, PA Counseling Services – York Psych.
Mr. Carl Harbaugh, Community Guest
Ms. Stephanie Simmons, CSG
Ms. Michele Britton, WDR
Ms. Anita Sumner, BSS
Ms. Shannon Giannini, BSSS
Ms. Autherine Shaw, York/Adams RASE
Ms. Kimberly Wood, Able-Services
Ms. Rebecca Flynn, The Arc of York County
Carmen McKinney, Alder Health Services

I. WELCOME AND CALL TO ORDER

Dr. Karen Kennedy called the meeting to order at 12:27 p.m. followed by introductions

II. INTRODUCTION OF NEW BOARD MEMBER

Mr. Caanen Churukha was introduced as the newest member of the board. He is currently employed with WellSpan in the child/adolescent day treatment program and he has extensive experience in the field of mental health as well as intellectual disabilities. He is happy to be a part of the Board.

III. ADVISORY BOARD ACTIONS

A) Approval of Prior Meeting Minutes

The minutes of the February 15, 2019, meeting were approved as circulated.

IV. YORK/ADAMS D&A COMMISSION REPORTS – Ms. Audrey Gladfelter

A) Fiscal Report – Mr. Vince Reed

Mr. Reed provided and reviewed the fiscal report for the eight (8) months ending February 28, 2019. The overall expenditure is \$3,544,615.00, which is 59.41%. A total of \$3,617,788.00 has been received. The ACT 2010 State Gaming funds have been fully expended to date. CHOY was successful in implementing the full program within the schools and senior centers. DDAP has applied for a no-cost extension. This does not include any additional funding but will allow for expenses to be carried over the end date. The Case Management Grant has finally been approved and will be rolled out to the providers within the next week. Case managers will be embedded in outpatient facilities to assist clients with ancillary needs.

B) Adams County Drug & Alcohol Criminal Justice Services – Ms. Audrey Gladfelter

These services have been provided in Adams County since 2011. The focus has been on the Adams County adult complex with dedicated services to probation with D&A intermediate services. These are critical services as the courts depend on the levels of care recommendation for sentencing in addition to receiving appropriate treatment. The SCA had contracted with Pyramid for 2 positions; one for probation and one for the prison. There were severe and disturbing concerns about the provision of services within the past few months. As a result, all services have ceased and Pyramid was terminated. Pennsylvania Counseling Services has been selected to serve as the new provider effective April 11, 2019.

C) Opioid Treatment Program (Methadone) Clinical Quality Improvement - Ms. Audrey Gladfelter

There has been a lot of changes with D&A services. The most critical was the PA assessment. There is a shift from programmatic to a more individualized system. The new system mandates 2.5 hours of therapy for methadone clients per month. The state reached out to see if the SCA wanted to be involved with the Pyramid Clinic and Hanover Treatment Center. There has been a success rate of 71% in other parts of the state. DDAP will provide the rate for a consultant. The SCA is also working with the HCMU.

IV. YORK/ADAMS D&A COMMISSION REPORTS: Continued

D) Opioid Collaborative Leadership Changes – Ms. Audrey Gladfelter

There have been a few leadership changes. The need for a full-time dedicated executive director was recognized and as a result, Ms. Brittany Shutz was hired to start on April 2, 2019. They have also applied for a grant and partnered with Collaborating for Youth.

E) Opioid Rapid Response Team – Ms. Audrey Gladfelter

This is designed to engage individuals with a fatal outcome, overdose, into treatment who refuse transportation to the ER. A new initiative is being piloted to fill this gap starting May 1, 2019, in York City. The York City Police will partner with Family First Health to follow-up with individuals at their home within 36-48 hours to offer treatment options guidance, referral of care and Family First Health service support. A grant was received by the York County Bureau of Health with funds attached to an Emergency Preparedness Grant to fund this initiative. Ms. Gladfelter extended her thanks and gratitude to Dr. Howie.

Dr. Howie commented that there are repeat overdoses and the system does not leverage information sharing.

V. YORK/ADAMS HEALTHCHOICES MANAGEMENT UNIT REPORTS – Ms. Taryn Maguire

A) Fiscal Report

Ms. Maguire reviewed the York/Adams HealthChoices Joinder Governing Board Revenue and Expenditure Report for February 2019. The total net capitation revenue is \$7,476,622, with a total member eligibility of 91,674. Expenses for the various levels of care were also outlined in the report from July 2018 thru February 2019 with a total of 19,436 unduplicated members served at a cost of \$57,898,534.

A handout was also provided highlighting the cost of services by level of care from 2017-2018 for comparison (in a pie graph). BHRS was the highest with a total of \$18,256,379 at 22.04%. The handout also outlined how the HCMU is responding to the Opioid Crisis with Medication-Assisted Treatment (MAT). MAT are evidenced-based medications that are used to treat opioid addiction. In FY2017-18, 2,318, 75% of HealthChoices members with an Opioid diagnosis received medication-assisted treatment, including methadone and buprenorphine, which is an 11% increase in one year.

IV. YORK/ADAMS HEALTHCHOICES MANAGEMENT UNIT REPORTS: Continued

B) Reinvestment Update

The HCMU is still plugging along with the Adams County Recovery Center & Recovery House. They are accessing the need to see if York County can benefit from a similar program. An RFP went out and there were three (3) responses. In addition, the HCMU is also assessing the need for a small Residential Treatment Facility for York/Adams Counties to address significant mental health issues of children/adolescents. Something need to be done to help these kids.

VI. YORK/ADAMS MH-IDD PROGRAM REPORTS – Ms. Sharon Harlacher

A) Fiscal Report – Ms. Susan Noya

Ms. Noya, MH-IDD Fiscal Officer, summarized the Statement of Revenue/Expenditures and Budget Condition for the York/Adams Mental Health – Intellectual and Development Disabilities Program for the eight (8) months period ended February 28, 2019, summarized as follows:

Program	Expenditures Year-To-Date	FY 18-19 Budget	Grant Fund Expended (%)
Mental Health	\$10,578,086.87	\$16,530,484.00	63.99%
Intellectual Disability	\$2,672,939.68	\$4,214,155.00	63.43%
Early Intervention	\$3,309,057	\$4,466,036	74.09%

There is a deficit of over \$500,000 in the Early Intervention Program.

B) RMTS – Ms. Susan Noya

The County Program is participating in a pilot where DHS has a new method for MH, ID and EI submission for payment in MA costs. The pilot started April 1, 2019, with Phase I. We are well over 98% with response rate timeliness and in excellent standing in the practiced month. Phase II will continue in a practice mode for the month of May. There will be none in June. The state will work with pilot counties to review the outcomes from the practice. On July 1, 2019, this will go live with CMS's approval. Phase III was be done July – September 2019, since it has not been approved. The cost pool reporting side will be practiced then.

VI. YORK/ADAMS MH-IDD PROGRAM REPORTS: Continued

C) Tyler Munis – Ms. Susan Noya

The County has engaged to update the financial systems for all departments. Work is currently being done on the charts of accounts development. This is a new opportunity for human services agencies that will go live January 1, 2020. Ms. Noya thanked Ms. Harlacher for taking the lead in the RMTS as well as this project. Ms. Gloria Sides was also thanked for her assistance.

D) Community Participation – Ms. Susan Harvey

Three years ago, ODP initiated a position of change for employment services. The system has come to embrace this practice as 'Community Participation Support Services,' CPS. This service is an alternative to segregated day services, and can include activities helping individuals learn to ride the bus, expand peer and community connections, finding potential volunteer and interning activities. Over the last year, traditional day providers have been phasing CPS services into their everyday lives of going to "Work." Effective July 1, 2019, day program providers will be required to provide a minimum of 25% of the billable time in the community. Mega large "work shop" settings across the state will be reduced in size to a maximum capacity of 150. York/Adams providers already fall at or below this capacity. The ultimate goal of CPS will lead to meaningful work opportunities and integrated employment. As has been said, "The sky is the limit when you spend your days without walls."

E) Forensic Proposal to OMHSAS – Ms. Raye DeShields

The County Program is excited to be working on this in both York as well as Adams Counties. OMHSAS was sued and the first 2 years of the settlement, they focused on building up Norristown State Hospital as well as beds in the community. They have met with the County Program and there is over \$30 million in funds available across the state for counties. The County Program is very excited and have met with representatives, including the prison wardens, from both Counties. The next meetings will include even more individuals. They want to figure out how to best serve the forensic population.

Several counties have workers embedded in the central booking stations and the County Program is looking at that in addition to housing case management staff at local police stations. There are also housing models with treatment/ACT teams. In Delaware County, there is a competency restoration program in the prison which would alleviate individuals from going into the state hospitals. Stakeholders and case management supervisors will be brought in to determine what is best needed. The goal is to look at the system as a whole. The County Program also wants to look at residential housing for the adult system to be all inclusive. They are looking

VI. YORK/ADAMS MH-IDD PROGRAM REPORTS: Continued

outside the box on this issue. Thoughts were solicited from the Board as well as the guests.

Dr. Howie gave brief comments on the intercept and diversion program to reduce the incarceration of individuals with mental illness.

F) DCORT – Ms. Dalynet Torres-Cruz

The County Program provides assistance for a basic behavioral response on all hazardous incident or support service during a crisis, disaster or for an incident with the potential of causing emotional trauma to the public. Disaster Crisis Outreach Referral Team (DCORT) is tasked with this responsibility. A brochure was provided. Trained volunteers are a part of this to provide services. On July 1, 2019, the mental health supervisors will be trained as there aren't enough participants on the team. Those interested in being involved with the team can contact Ms. Torres-Cruz for more information.

May is Mental Health Month and on May 6th at 11:45 a.m., there is a Mental Health Awareness Walk downtown starting at the Human Services Center. Shirts will be sold before the event or you can just wear green. Flyers were made available for those interested.

G) AOT Opt-Out – Ms. Sharon Harlacher

Assisted Outpatient Treatment (AOT) is court-supervised treatment within the community. AOT laws have been shown to reduce hospitalization, arrest and incarceration, homelessness, victimization, and also to prevent violent acts associated with mental illness, including suicide and violence against others. Also known as 'involuntary outpatient treatment' or 'outpatient commitment,' AOT commits local mental health systems to serve participants at the same time it commits participants to adhere to their treatment plans. With the exception of three (3) states, every state and the District of Columbia have enacted laws to authorize the use of AOT. Counties had the opportunity to opt-out if not ready. No county across the Commonwealth was ready. The County Program has developed a strategic plan to get ready and will opt-out but can opt in at any time. For providers, AOT has changed some of the forms; 303, 304, 305 will need to be utilized even though we've opt out. More information will be provided moving forward.

VI. YORK/ADAMS MH-IDD PROGRAM REPORTS: Continued

H) New EI Director –Ms. Sharon Harlacher

Ms. Harlacher happily announced that Ms. Casey Darling-Horan will start on Monday, April 29th as the new EI Director. She is well-trained and should slide right into the role with little to no support.

I) EI Evidence Based Grant for 2019-20 – Ms. Sharon Harlacher

The County Program has been given another \$50,000 for a total of \$65,000.

VII. ADVISORY BOARD ISSUES and DISCUSSION

Mr. Fennimore inquired about the D&A Advisory Board concerns expressed at the last meeting and whether or not there is an update. Ms. Gladfelter responded that in reaching out to DDAP, the requirements highlighted at the February meeting are not enforced. The majority of the other counties are only doing six (6) meetings per year. The SCA will continue meeting as is. Ms. Harlacher indicated that she will continue to build up the Board as there are still vacancies.

Mr. Fennimore also inquired about the legislation to eliminate HealthChoices. Commissioner Reilly responded that not much more has transpired since the last meeting.

VIII. PUBLIC COMMENT

Ms. Sheryl Dahlheimer again inquired about the vacancies on the Board. In response, there are currently three (3) for Adams County and one (1) for York County.

Ms. Michele Britton, WDR, advised the Board that WDR has expanded detox from 21 to 24 beds. Plans are also in place to add 8 rehab beds to the facility. The licensing has been received.

IX. NEXT MEETING DATE:

**FRIDAY, JUNE 21, 2019
12 NOON - 2:00 P.M.
WYNDHAM GARDEN – YORK
(Formerly Holiday Inn – West Manchester)**

X. ADJOURNMENT

Voted to adjourn the meeting at 1:35 p.m.

Submitted by:

Dr. Karen Kennedy

Dr. Karen Kennedy, Secretary