

**YORK/ADAMS MH-IDD
YORK/ADAMS D&A COMMISSION
YORK/ADAMS HEALTHCHOICES MANAGEMENT UNIT
ADVISORY BOARD MEETING
FRIDAY, SEPTEMBER 20, 2019**

MEETING MINUTES

The York/Adams Mental Health – Intellectual & Developmental Disabilities Program and Drug & Alcohol Advisory Board met on Friday, September 20, 2019, at 12 noon at the Wyndham Garden – York (formerly Holiday Inn – West Manchester), 2000 Loucks Road, York, Pennsylvania.

ADVISORY BOARD MEMBERS ATTENDING

Dr. Karen Kenndy
Mr. Dan Reck

ADVISORY BOARD MEMBERS ABSENT

Mr. Caanen Churukha
Comm. Christopher Reilly
Dr. Matthew Howie

COUNTY STAFF ATTENDING

MH-IDD:

Ms. Sharon Harlacher, County Administrator
Ms. Susan Noya, Chief Fiscal Officer
Ms. Susan Harvey, ID Program Specialist
Ms. Liz Vaught, ID Program Specialist
Ms. Raye DeShields, MH Program Specialist
Ms. Ann Crisci Perez, MH Program Specialist
Ms. Casey Darling-Horan, EI Coordinator
Ms. Lori Stephenson, Data Analyst III
Mr. Paul Stevens, ID Supports Coordinator
Ms. Allison Yinger, EI Service Coordinator
Ms. Gloria Sides, Accountant
Ms. Gillian P. Foster, Administrative Assistant

D&A:

Ms. Audrey Gladfelter, County Administrator
Mr. Robert Willis, Prevention Specialist
Mr. Vincent Reed, Chief Fiscal Officer

HCMU:

Ms. Taryn Maguire, Director

GUESTS ATTENDING

Ms. Rose Alberghini, Community Guest
Ms. Arlena Drumm, CSG
Ms. Lindsey Schaeffer, CSG
Ms. Tammie Woolgar, Penncares
Ms. Barbara Zapotok, WellSpan Philhaven
Mr. Tony Schweitzer, BSS
Ms. Sheryl Dahlheimer, Community Guest
Ms. Kimberly Wood, Able-Services
Mr. Dan Zalewski, NAMI York/Adams Counties PA
Ms. Lisa Kennedy, York County HSD

I. WELCOME AND CALL TO ORDER

Dr. Karen Kennedy called the meeting to order at 12:30 p.m. followed by introductions

II. ADVISORY BOARD ACTIONS

A) Approval of Prior Meeting Minutes

The minutes of the June 21, 2019, meeting were tabled due to the lack of a quorum.

III. YORK/ADAMS D&A COMMISSION REPORTS

A) Fiscal Report – Mr. Vince Reed

Mr. Reed provided and reviewed the fiscal report for the one (1) month ending July 31, 2019. The total expenditure is \$427,991.50, which is 8.68% of the total budget of \$4,932,131.00. Supplemental funding was awarded through STR Opioid grant and SOR's grant. The SOR's grant runs across two fiscal year period from September 30, 2018 to September 29, 2019. A total of \$54,550.00 is SOR's Prevention funding was carried over and will need to be spent down by September 30, 2019. The STR monies will need to be spent by April 30, 2020. The total revenue received thru July 31, 2019, is \$500,977.00 with 90% remaining on funds to be drawn down. There are open areas in the budget and as they become available, an update will be provided.

B) Government Performance Results Act – Ms. Audrey Gladfelter

In the absence of Ms. Gladfelter, this bullet was tabled.

C) Narcan Availability – Mr. Robert Willis

Mr. Willis reported that on Wednesday, September 18th and September 25th, the state distributed and will distribute free Narcan to any individual interested. He was in contact with the three sites in both York and Adams Counties for the result of the distribution on the 18th and the results are as follows:

- York City Health Bureau = 61 units (will not participate on Sept. 25th)
- PA Dept. of Health = 25 units
- Adams Co. = 35 units

Currently, the SCA's stock is extremely low at 13 units. As a result, distribution will only be done to those entities that present an emergent need. They might also try to work with the York Fire Department as they received a lot of redistributed Narcan (supply that was expiring) to meet other entities' needs. In addition, if anyone is interested in having trainings at their location, the SCA will be happy to provide that free of charge.

D) Media Promotion

There are currently two (2) campaigns running. The SCA is working with Comcast for advertisements on demand and specific channels geared towards males age 20-45. These will run from August thru December. The focus is to encourage people not to abuse their prescription drugs and also to show the fact that there is not just one segment of the population being affected by the opioid epidemic. In addition, banners are also hung at the Hanover and York Galleria Malls. A picture of the banner, hanging in the mall, was provided. This is done thru the PA Stop Campaign that was devised by Boom Advertising as well as the Commonwealth Prevention Alliance. The idea is to educate Pennsylvanians about the risk of prescription painkiller and heroin use, the relationship between painkiller and heroin use and what to do when help is needed. These ads will run from now until the end of December.

E) Guiding Good Choices Pilot

The SCA is working with Collaborating for Youth to implement an evidence based prevention program at the Adams County Prison. This is a 10-week program for individuals there that have children. The goal is to prevent substance abuse amongst teens by teaching parents, preteens and young adolescents the skills they need to improve family communication and bonding. Parents will learn specific strategies to help their children avoid drug use and other adolescent problem, behaviors and develop into healthy adults. This year's cohorts are going to be funded through the

III. **YORK/ADAMS D&A COMMISSION REPORTS: Continued**

SOR's year one grant. The SCA is potentially looking to fund this program through the SOR's year two grant also. Collaborating for Youth is also seeking to apply for grants to assist. The start time is yet to be determined but is hoped it will be within the next few weeks.

F) Adolescent Drug and Alcohol Trends & Addiction Toolbox Training

Children's Home of York in conjunction with Caron and the SCA are sponsoring this training which is open to all human service professionals. The Church of the Open Door, East Campus location was secured to conduct the training. The agenda current includes: trends and adolescent drug and alcohol use, the cycle of addiction and adolescent addiction, children affected by substance use disorder, the D&A continuum of care and strategies for working with adolescents. A handout was provided with registration information.

IV. **YORK/ADAMS HEALTHCHOICES MANAGEMENT UNIT REPORTS – Ms. Taryn Maguire**

A) Fiscal Report

Ms. Maguire reviewed the York/Adams HealthChoices Joinder Governing Board Revenue and Expenditure Report for July 2019. The total net capitation revenue is \$8,598,928, with a total member eligibility of 91,431. Expenses for the various levels of care were also outlined in the report for July 2019 with a total of 9,865 unduplicated members served at a cost of \$7,725,367.

B) Reinvestment Update

A letter of interest has been issued for a provider for this area to serve the children and adolescent partial hospitalization group. There are currently 2 providers already in place but there are still issues with not being able to get kids in because they're too difficult or too acute. We need a provider that will focus on these children and provide a well-rounded treatment for them.

As of the end of July, HealthChoices sponsored training for trauma focused behavioral therapy for therapists. Initially over 90 attended the 2-day training but after that there were 6 months of consultation calls that each therapist had to go through in order to actually complete all the training. Sixty-eight therapists are now able to take the test and if pass, will be issued certification. Trainings and certifications will also be sponsored in the ENDR model at a later date.

IV. YORK/ADAMS HEALTHCHOICES MANAGEMENT UNIT REPORTS: Continued

A big project (increasing affordable housing opportunities for Medicaid eligible recipients) was just approved. We already have a program that has been running plus the last Reinvestment Plan was approved to add 30 additional units with a primary focus on individuals getting out of prison or have a history of criminal charges that typically makes it difficult for them to find housing as a result of their backgrounds. Money will also be added to the contingency fund to potentially offer additional security deposits or whatever it might take to encourage landlords to rent to this population. Six-2 bedroom units are also being added to help parents with children.

V. YORK/ADAMS MH-IDD PROGRAM REPORTS – Ms. Sharon Harlacher

A) Fiscal Report – Ms. Susan Noya

Ms. Noya, MH-IDD Fiscal Officer, summarized the Statement of Revenue/Expenditures and Budget Condition for the York/Adams Mental Health – Intellectual and Development Disabilities Program for the one (1) month period ended July 31, 2019, summarized as follows:

Program	Expenditures Year-To-Date	FY 19-20 Budget	Grant Fund Expended (%)
Mental Health	\$1,267,904.84	\$16,307,687.00	7.77%
Intellectual Disability	\$328,279.15	\$4,213,999.00	7.79%
Early Intervention	\$452,353.00	\$4,864,464.00	8.51%

To date, official primary allocation notices have not been received but level funding is being forecasted.

The County Program is pleased to report that the first rebudget adjusted primary allocation for FY 2018-2019 which reflected the additional money requested for the entitlement hold was awarded as requested, \$568,001.00. We are currently in the midst of closing all reports for FY 2018-2019 and identified that to fully cover all EI expenditures thru June 30th, we will need an additional \$19,997.00. This was sent with a second rebudget opportunity and positive confirmation is being received. This won't be finalized and closed until November. A shortfall is already being projected in the amount of \$282,780.00 to cover the entitlement for Early Intervention. This does not include a forecast of an additional \$120,000 needed to cover the 3% increase on all the direct service rates for a total of \$430,000 forecasted shortfall. Closing statement report will be provided at the October meeting.

V. YORK/ADAMS MH-IDD PROGRAM REPORTS: Continued

The fiscal year is off to a good start in terms of processes. Ms. Noya expressed her appreciation for her staff and team who works really hard in meeting all the deadlines.

Ms. Harlacher advised the Board that a letter was received from ODP for additional waiver slots. Twenty-five additional community living waiver slots (\$70,000 cap for services) were received for individuals who do not have any services at all. The County Program is currently going through the emergency list which is approximately 125 individuals. From there, the 25 with the highest need will be selected. They need to be enrolled by January 1, 2020.

B) IM4Q – Ms. Susan Harvey

This year is the 20th anniversary for the IM4Q (Independent Monitoring for Quality) Program in the ID System. The mission of the project is to gain perspectives of participants who are recipients of ID services in the community. It ensures the quality of life through independent monitoring teams that go out and interview participants. This is a statewide project. Every year, thousands of people across the commonwealth are interviewed by independent teams, which includes at least one person with a disability or family member of someone with a disability. The key objective is to provide ODP information that they can help to improve the quality of life for individuals being served. The interviews are conducted in each of the 48 county Mental Health-Intellectual Disabilities Programs in Pennsylvania by 38 select, independent programs throughout the Commonwealth. Locally, we contract with Citizens for Independent Living Opportunities (CILO) and they provide the teams that go out and conduct the interviews. They interview between 125-150 people every year depending on the focus groups identified in the particular cycle. We have reached over 2,000 duplicated individuals in York and Adams Counties over the 20 years. ODP contracts with The Institute on Disabilities at Temple University for development, TA and analysis of data. Over ten years ago the National Core Indicators (NCI) was brought into the state to look at national data and compare it with local and statewide data. IM4Q has increased awareness for people to improve the quality of their lives culturally, socially and technically, improved communication, and access to the community. ODP utilizes IM4Q data for budget analysis, program development and resource allocation. Happy Anniversary to IM4Q!

C) Embedded MH Worker at Crisis – Ms. Raye DeShields

Recently the County Program met with York Hospital at WellSpan to talk about partnership with embedding mental health case management worker to assist Crisis Intervention with some of the individuals they are seeing. They discussed how they

V. YORK/ADAMS MH-IDD PROGRAM REPORTS: Continued

can work together to decrease the usage of Crisis as a treatment provider but also to then have the connection of a case management source to help secure services. A plan is being finalized for November to have a case manager at York Hospital. The goal is to have case management connect individuals to services in the community and hopefully decrease hospitalization, decrease admittance to the ER and reduce the frequent flyers. The worker will be housed at the Crisis Unit and possibly part time at Edgar Square.

D) Peer Support for County Funded Adults and Youth – Ms. Raye DeShields

Peer Support has been around for a period of time and has been very successful but the County Program has not tapped into it. This program will be utilized for those who do not have coverage under CCBH. A meeting was recently held with TrueNorth Wellness and the County Program will be contracting with them, effective October 1, 2019, for 13-County funded slots for children and adults. TrueNorth will provide services for outreach and engagement, advocacy, education ADL's, budgeting, nutrition, employment, socialization and transportation, support with emotional and social changes and active coordination with case management services. If applicable, referrals will also be made for D&A and treatment services that might be needed. The age range is adolescent/young adults from 14 to senior citizen with diagnoses that fall into the seriously mentally ill and serious emotional disturbances. The outcome is to increase the wellness of the consumers, independence and healthy coping skills, decrease hospitalization and lessen the intensity for the need of intensive behavioral health services.

E) Embedded MH Workers Within Schools – Ms. Ann Crisci Perez

The County Program has started a new program effective October 1st where 2 case managers will be placed in 2 different schools: Red Lion and York City School District. These case managers will be there to assist students, families and teachers. The goal is to take on some of the cases in the system as some of the social workers are overwhelmed and the teachers do not know where to turn and what the services are. Our case managers will be there to provide this information. It is hoped that this will grow into an entire unit with more case managers in different schools. More information will be provided next month.

F) Dual Case Management – Ms. Rosiland Lauchman

In the absence of Ms. Lauchman, Ms. Harvey reported that the MH and ID units are working together to have a dual case management position. They are working on the needs and idiosyncrasies of the dual diagnosed population. There are currently 15 individuals who have been targeted to receive this specialized case management; 10 in York and 5 in the Hanover, Adams County area. They range from ages 9 to 61

V. **YORK/ADAMS MH-IDD PROGRAM REPORTS: Continued**

and reside not only in the community but 2 are incarcerated. They may be receiving residential services and at least one is in a state hospital setting.

G) FY 2019-20 Evidence Based Grant for EI – Ms. Casey Darling-Horan

Every year, the County Program is able to work with OCDEL for some strategic planning and efforts in the community beyond what our allocation provides. These grants are usually utilized for a state aligned initiative that can really do some good. This year the Evidence Based Agreement surround PBIS (Positive Behavior Intervention Supports) to strengthen relationships in the childcare/preschool and community settings for children receiving early intervention services specifically. This is a really nice opportunity to blend some of the skills that EI providers already have and bring to childcare centers and preschools. We have partnered and are getting grant monies for training. This funding will continue to grow the rapid response effort in addition to fostering the knowledge of positive behavior intervention and supports within our community thru the drivers of our trained and skilled staff.

H) Resignation of Dalynet Torres-Cruz – Ms. Sharon Harlacher

Ms. Harlacher regrettably reported that Ms. Torres-Cruz has submitted her resignation effective September 30th. She will be going to Central School District. In the meantime, please reach out to Ms. Raye DeShields until a more concrete plan is determined for moving forward with this position.

I) Annual Board Meeting in November – Ms. Sharon Harlacher

This will continue to be a breakfast meeting and a recognition of staff. We will be looking to highlight the successes of the different programs and the hard work that staff put in on a daily basis.

VI. **ADVISORY BOARD ISSUES and DISCUSSION**

Ms. Harlacher reported that she anticipates having 4 new members very soon. Ms. Lisa Kennedy has agreed to serve. She has mental health experience and has been in the system for some time as a parent as well as foster-parent. She is currently employed with the Human Services Division and brings a lot to the Board. Ms. Wanda Miller is also a recipient of MH services and does a lot of advocacy work. Ms. Lori Rowland is the mother of a consumer receiving services from the ID System. Ms. Christy Renjillian, Childcare Consultants, would be able to help us recognize the very young age range that have not been represented in the past. The hope is to have these individuals on board by the October meeting. We are still in need of representation from Adams County. Interested members should submit their interest and resume to Ms. Harlacher or Ms. Foster.

