



Colonialhouse_{inc}

Is hosting

**For Anyone Who Has
Been Impacted By
the Disease of
Addiction**

HOPE Group

Help, Options, Process
and Education about
the disease of addiction
and the impact it has
on the individuals and
their loved ones.

THURSDAYS FROM 7:00 PM UNTIL 8-830 PM

AT

1 EAST MARKET ST., SUITE 202, YORK, PA 17401

PLEASE CALL AHEAD TO CONFIRM SPACE AT 717-843-8444

The group will address topics such as:

- Understanding the disease of addiction and its progression.
- Recognition and denial.
- Helping or enabling the addict; understanding the difference.
- Intervention; how and when to help the addict find the treatment needed.
- Understanding the laws regarding access to treatment services.
- Accessing support and treatment, interaction with professionals, and confidentiality restraints on information.
- Creating a safe environment for you and your family when dealing with someone impaired by an addiction.
- Responding to emergencies and crisis.
- Maintaining emotional balance during conflict and crisis.
- Recognizing what the disease does to the addict; what is it doing to you and your family?
- The importance of self care.
- Support and resources for the active addict and their loved ones.
- Understanding and supporting an individual in recovery.
- Understanding the spiritual approach to recovery.
- Developing your own support network.