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Join the voices of RECOVERY

You're invited to the
4th Annual

Recovery and Wellness Conference

Please plan to join us!

Saturday, September 12, 2015

Breakfast & Registration 7:30 am

Program: 8:15 am – 4:00 pm

E.H. Markle Intermediate School
225 Bowman Road., Hanover, PA

Conference approved for CEU's

Keynote Speaker



DEBORAH STEIN, author of the memoir, *Prison Baby*, is a national speaker and consultant, and founder of The unPrison Project (www.unprisonproject.org) a nonprofit working to empower and inspire incarcerated women and girls with life skills and mentoring.

“EMPOWERING FAMILIES”

REGISTER NOW

\$40 prior to 8/12 Early Bird Discount

\$50 after 8/12

Deadline is September 4
or when filled to capacity

Any questions call 717-968-3083
or e-mail at advocacymom@embarqmail.com

Click on image above to register online, or click here to download a printable [registration form \[pdf\]](#)

Welcome



My wish is that you discover a much needed sense of hope and belonging here.

Our heart and passion for the work of Guiding Hearts with Hope is to see families helped, to see lives changed and to see the hope of recovery become a reality for all who choose it. This site is a tribute not only to my family and my daughter but to the sons and daughters of all those who were, are, or will be touched by the disease of addiction.

In order to effect positive change in the treatment system we must speak up and out.

Parents, who share their stories and speak out, are crucial to the families, the communities and the new recovery movement. Our hope is that you will obtain the recovery tools you need to feel confident enough to get involved in grass roots **advocacy** along with us.

Many people still plagued by their dependency have made previous attempts at recovery. Our goal is to help broaden the recovery skills and develop individualized roadmaps to sustain the quality of an individual's recovery while helping to build a network of professional and community supports to maintain long-term recovery goals.

**Join the voices of RECOVERY:
Empowering Families**

REGISTER ONLINE TODAY!

Program and Registration Form

September 12, 2015
7:30 AM- 4:00 PM- Conference

E.H. Markle Intermediate School
225 Bowman Road., Hanover, PA 17331

Keynote Speaker

DEBORAH JIANG-STEIN, author of the memoir, *Prison Baby*, is a national speaker and consultant, and founder of The UnPrison Project (www.unprisonproject.org) a nonprofit working to empower and inspire incarcerated women and girls with life skills and mentoring. She was born inside a prison, deep in the Appalachia Mountains in West Virginia. After a year living inside the prison, at the age of one, like many in these circumstances, she left the prison and entered foster care. Later adopted, she grew up in Seattle, and today she uses this story of success—which took years to achieve—to advocate for education and literacy, and to offer tips for resilience and recovery as evidence that anyone can transform, no matter how the odds are stacked. For more than 20 years, Deborah has championed support for people in need of freedom, life skills development, education, shelter, and career building.

Featured Workshop Presenters

DAN DUBROWSKY has worked for over 40 years in the field of behavioral health. He has worked as a child worker and a therapist in residential treatment program as in outpatient, inpatient and community settings. Dan has been involved in the field of fetal alcohol spectrum disorders (FASD) for over 20 years. He has presented regionally, nationally and internationally on FASD, focusing on prevention and interventions for children, adolescents, and adults. For this work, his son Bill has been his mentor and best teacher.

DIANNA BROCIUS, is married and the mother of two adopted children with special needs, and a grandmother of four girls and four boys. She and her husband are raising their oldest granddaughter who has ADHD, anxiety, and other challenges. Dianna lives in rural Armstrong County on western side of state in western Pennsylvania. Their children struggle with the effects of FASD, RAD, TBI, and mental health illness. She has served on various county boards and committees, and is presently the chair of the Armstrong/Indiana Behavioral Developmental Program Advisory Board. Dianna is currently a Family Involvement Specialist for the PA System of Care Partnership, since its inception in 2004, and she has also done work for PA Families, Inc.

Click image above to view Program

Guiding Hearts with Hope, Inc

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News Feed

Guiding Hearts with Hope, Inc

July 13 at 2:00am

It's Motivational Monday!
 "When we are aware of our weaknesses or negative tendencies, we open the opportunity to work on them."

"When we are aware of our weaknesses or negative tendencies, we open the opportunity to work on them."

About our 'bench' photo:

Celebrating Imperfection...the Gifts of Recovery! A place called self. From old years of abuse from addiction, life storms, challenges, hard trials, pain and suffering while we were not in recovery, it shows. Now as we begin to transform we are surrounded with hope. The daffodil is the signature flower of new life and hope. The daffodil is a symbol of rebirth - a sign of the new beginnings that comes with recovery.

Recovery is a journey, a process, like the worn down bench as this photo shows; neglected and distorted over the years, beat up and impossibly beautiful. You can see that the bench has suffered the ravages and scars of time, and the ravages and scars themselves have become part of its beauty. This is recovery.

This photo touched me in a special and profound way because so many people are ashamed of their scars, their hurts, their trials, their past and their mistakes. What if you see your "life scars" as a reminder that you are a survivor, a new self. And with proper guidance and support, we can find our inner courage, heart and wisdom.

Thank You!

I have said thank you many times over many years, and now I have the opportunity to do so again. Immediately, a great swell of gratitude leaps up in me as I think about the process of designing this website and all the extraordinary gifts I received in the process from many. Also an incredible gratitude to all the supporters I have personally and professionally met for the past years as I found my own way in recovery and now I must share it with the world. In a sense, my own journey is reflected in this site. I have been blessed to see recovery up close and to know people who have been on this road for many, many years.

A final thanks to my daughter and to my family for their love, support and understanding.



I invite you to walk into this garden and sit quietly on the bench where you can view our site and be inspired and mostly remember that: *"Everything that happens to you is your teacher...the secret is to learn to sit at the feet of your own life and be taught by it."* - Polly Berends

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