

<p style="text-align: center;">York/Adams Drug and Alcohol Commission Treatment Policy and Procedure Manual</p>	<p><i>Number: C-7</i></p> <p><i>Policy: Medication Assisted Treatment (MAT)</i></p>
<p><i>Creation Date : 6/1/20</i> <i>Effective Date: 7/1/20</i></p>	<p style="text-align: right;"><i>Page: 1 of 2</i></p>

I. Purpose:

To ensure that individuals with a substance use disorder (SUD), for which there is an FDA-approved medication treatment, have access to those treatments based upon their individual needs and preferences.

II. Policy:

A combination of medication and behavioral therapies is effective in the treatment of SUD and can help some people to sustain recovery. Medication Assisted Treatment or (MAT) is the use of medications in combination with counseling and behavioral therapies for the treatment of substance use disorders. This coordination of care between therapeutic and pharmaceutical interventions is critical. As such, SCAs and their contracted providers must ensure the following:

1. Availability of FDA-approved medication and assistance with payment for medication;
 2. Individuals are educated about MAT options
 3. Medication and clinical therapeutic interventions are available in all levels of care, even if the SUD treatment provider is not the prescriber of the medication
 4. Individual's needs are met directly or through an appropriate referral to a prescriber
 5. Treatment and non-treatment providers do not exclude individuals on MAT from being admitted into services
 6. Coordination of care, with proper consent occurs in situations where a prescriber and the SUD treatment provider are not the same
 7. Treatment providers admit and provide services to individuals who use MAT for SUD
 8. Provider capacity is sufficient to treat individuals who use MAT for SUD
 9. Information and referral is provided regarding access to MAT to individuals who can obtain medications through other resources, such as medical assistance or third party insurance.
- A. All treatment, including medication, must be individualized. Limitations of types of service, medication or length of service are not permitted.
- B. The SCA shall only fund MAT which utilizes FDA-approved medications. The Substance Abuse and Mental Health Services Administration's (SAMHSA) website:
<https://www.samhsa.gov/medication-assisted-treatment> contains a list of FDA-approved medications.

- C. Restriction of admission based upon medication use may result in restriction of SCA funding to the provider.

- D. For the SCA to fund MAT other than methadone, individuals must:
 - 1. Have had a Level of Care Assessment (LOCA) and are in the process of placement into licensed SUD treatment;
 - 2. Be enrolled in licensed SUD treatment; or
 - 3. Have successfully completed licensed SUD treatment.

Approved By:

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YADAC Administrator

6/1/20

Date