



Recovery on the Horizon

**YORK/ADAMS
DRUG and ALCOHOL
COMMISSION
(YADAC)**

2014-2015 ANNUAL REPORT

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A note from the YADAC Administrator:

The word that comes to mind when summarizing the year ending June 30th, 2014 is action. Since the Commission's establishment in 1973 to combat drug and alcohol abuse in York and Adams Counties, we would be hard pressed to remember a time when action could not be more critical. We continue to face an opioid crisis of epidemic proportions that is devastating our community by stealing lives and ravaging families, budgetary cuts have forced the Commission to impose treatment limitations for the fourth consecutive year, and detox and inpatient treatment bed access across the state is at a catastrophic shortage due to increased demand.

While it may be easier to turn a blind eye and think of the crisis as a war that can't be won, with York County ranked 5th in Pennsylvania for overdose deaths by the 2014 Pennsylvania State Coroners Association Report on Overdose Death Statistics, and the death toll growing higher every day, it is imperative that we waste no time addressing this pervasive pandemic. Through taking advantage of additional funding by means of grant opportunities, collaboration with local providers to increase treatment capacity and ACT 139 promotion, action is a word that that Commission has taken to heart this past year.

We are committed to continuing to take the action needed in our community and are grateful for your ever constant support and partnership of our mission to allow recovering individuals the opportunity to live their lives to their fullest potential in York/Adams Counties.

- Audrey Gladfelter

MISSION STATEMENT

The mission of the York/Adams Drug and Alcohol Commission is to serve, with respect, individuals in our community with substance abuse problems; in order to enhance their quality of life and provide an opportunity to reach their fullest potential in York/Adams County, PA.

LOCATION AND STAFF

Location:

100 West Market Street, Suite B04
York, PA 17401
Telephone: 717-771-9222
www.ycd-a.org

County Commissioners

York Commissioners:

Hon. M. Steve Chronister, President
Hon. Doug Hoke, Vice-President
Hon. Christopher Reilly, Commissioner

Adams Commissioners:

Hon. Randy L. Phiel, Chairman
Hon. James E. Martin, Vice-Chairman
Hon. Marty Karsteter Qually, Commissioner

Staff:

Steve Warren, MH-IDD/ D&A County Administrator

Audrey Gladfelter, YADAC Administrator

Lisa Ahmed, Chief Fiscal Officer
Vincent Reed, Fiscal Technician

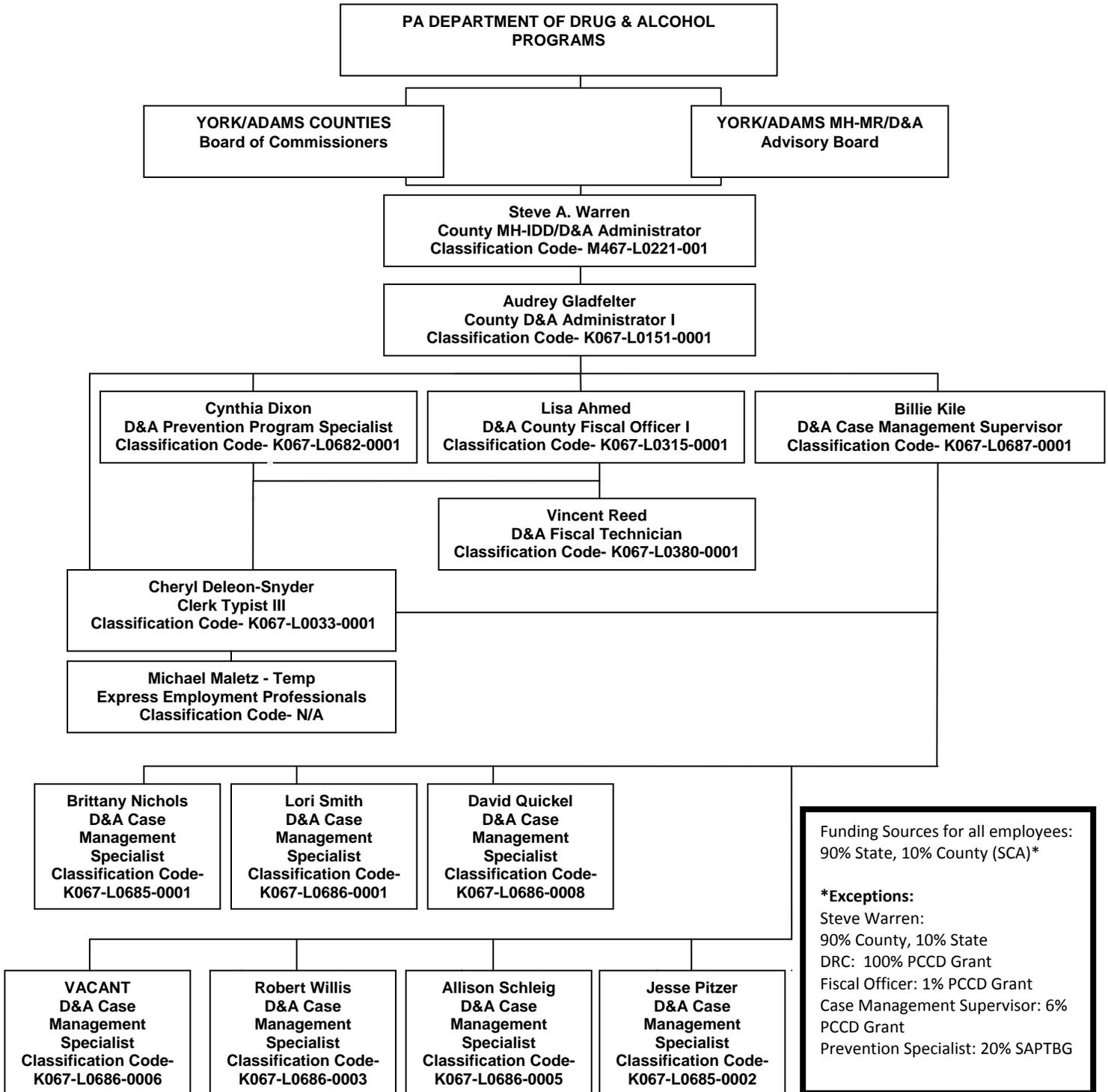
Cynthia Dixon, Prevention Program Specialist

Billie Kile, Case Management Supervisor

David Quickel, Drug & Alcohol Case Management Specialist
Bob Willis, Drug & Alcohol Case Management Specialist
Allison Schlegel, Drug & Alcohol Case Management Specialist
Lori Smith, Drug & Alcohol Case Management Specialist
Brittany Nichols, Drug & Alcohol Case Management Specialist
Jesse Pitzer, Drug & Alcohol Case Management Specialist

Cheryl DeLeon-Snyder, Clerk Typist III
Michael Maletz, Clerical Support Temp.

**Fiscal Year 2014- 2015
YORK/ADAMS DRUG & ALCOHOL COMMISSION
Table of Organization**



Funding Sources for all employees:
90% State, 10% County (SCA)*

***Exceptions:**
Steve Warren:
90% County, 10% State
DRC: 100% PCCD Grant
Fiscal Officer: 1% PCCD Grant
Case Management Supervisor: 6% PCCD Grant
Prevention Specialist: 20% SAPTBG

BACKGROUND

In order to combat the rising substance use problems of the 60's and 70's, the federal government enacted laws, which enable states to receive federal dollars by implementing statewide drug and alcohol programs. Pennsylvania responded by establishing a governor's council on drug and alcohol abuse. The State then authorized County Commissioners to establish a Single County Authority (SCA) as a means to address the growing substance use problems. In 1973, the York/Adams Drug and Alcohol Commission (YADAC) was established to serve the needs of the two county areas by planning, implementing and evaluating local drug and alcohol services with funds provided by the Department of Drug and Alcohol Programs, the Office of Mental Health and Substance Abuse Services, and the Commissioners of York and Adams Counties.

YADAC has been designated by the York and Adams County Commissioners to fulfill the outlined responsibilities of the signed grant agreement between the York and Adams County Commissioners and the Department of Drug and Alcohol Programs (DDAP). As a means to accomplish this task, the York and Adams Commissioners joined forces and adopted the Planning Council Option as its model for the SCA. Hence, YADAC is a "joinder county SCA" that adheres to the Planning Council model. Under the Planning Council model, DDAP contracts directly with the Adams County and York County Board of Commissioners to approve contracts, purchase services, and disburse funds for the drug and alcohol services of the joinder counties. In turn, the York and Adams Commissioners look to the YADAC Administrator to fulfill the responsibilities of said grant agreement with assistance from the County MH/IDD/D&A Administrator.

Essentially, it falls to the YADAC Administrator and the County MH/IDD/D&A Administrator to ensure that the planning, administering, funding and evaluation of substance abuse services in the joinder counties are executed successfully according to the DDAP grant agreement. YADAC determines the breadth, depth, and type of drug and alcohol services from an ongoing assessment of community needs. As a means to fulfill the planning/implementing portion of the grant agreement, YADAC contracts with local agencies to supply the community with various drug and alcohol services that are needed. These contracted services are monitored and evaluated by the YADAC staff on an ongoing basis. Though the specific drug and alcohol contracted services differ, they generally fall within the initiatives of prevention, intervention, and treatment. The 2014/2015 YADAC budget is approximately three million dollars.

As required by the DDAP grant agreement, YADAC is responsible for appointing a citizens' group (Advisory Board) consisting of eleven to fifteen members, which meet requirements to advise the Commission with regard to the comprehensive planning, implementation, and evaluation of drug and alcohol services.

The YADAC Advisory Board is composed of eleven (11) volunteer members appointed by the York and Adams County Commissioners to represent varying individuals within the community. York County is represented by five (5) members and Adams County by four (4). There are currently two (2) vacancies.

The Advisory Board, which meets six (6) times annually, includes representation from criminal justice, education, health care, and human services.

YORK/ADAMS MH-IDD and D&A ADVISORY BOARD MEMBERS:

Adams County

Wayne Lunger
Samiah Slusser
Sherri DePasqua, Vice President
Don Fennimore
Vacancy

York County

Dr. Karen Kennedy, Secretary
Kendra Kakos, President
Commissioner Christopher Reilly
Dr. David Turkewitz
Sheryl Dahlheimer
Vacancy

ADMINISTRATION

Summary

Administration is the provision of planning, organizing, funding, and control of the Drug and Alcohol Commission. This activity includes general managerial functions that are supportive to, but not an intrinsic part of, the provision of direct services. Services include plan development and program implementation, budgeting, financial and data management, project and service monitoring, and evaluation. Personnel costs, including salaries and associated fringe benefits, are considered administrative if those costs are not incurred in the direct provision of prevention; intervention; treatment; and treatment related services, to include case management services.

Major Accomplishments

In recognizing the devastating impact of the opiate epidemic, the Commission has submitted for the Department of Drug & Alcohol Program's Funding Initiative Announcement to Address Heroin/Opioid Crisis in Pennsylvania for the amount of 1.4 million dollars to address the opioid epidemic in York/Adams County through a three-pronged approach:

1. Intensive Treatment Access Including Detox/Rehab and Vivitrol
2. Warm Hand Off for Overdose Survivors to Intensive Treatment
3. Case Management/Patient Engagement to Individuals Seeking Treatment and Their Families.

Historic legislation was passed in 2014, allowing for increased access to the life saving medication Naloxone, in addition to Good Samaritan provisions through ACT 139. The Commission has outreached to community members, providers, doctors and pharmacies to promote ACT 139. The creation of educational packets, which include Commission created Overdose brochure promoting ACT 139/overdose awareness as well as a Commission created poster promoting Good Samaritan, have been utilized during these outreach efforts.

In order to combat barriers to individuals seeking Naloxone, the Commission surveyed local pharmacies regarding the medication and created and publicized a spreadsheet of all pharmacies located in York/Adams Counties including which pharmacies carry the medication and what formula. Further, the Commission collaborated with local providers to conduct face to face education with the pharmacies in regards to Naloxone/ACT 139. Educational packets were distributed to pharmacies at this time and it was requested that the Commission Overdose brochure be distributed to all individuals issued opiates.

The Commission supports the mission of the York County Heroin Task Force, and has represented at a number Heroin Task Force coordinated Town Hall events across York County, in order to offer education on available services, including Detox access and Naloxone.

York County Adult Probation requested Commission presence on their newly developed Overdose Review Board, created to investigate and address heroin overdose cases. The Commission provides guidance to probation on these investigations and reviews.

The increased availability of legalized gambling in Pennsylvania has resulted in increased problem gambling in York/Adams Counties. The Commission has submitted for a Department of Drug and Alcohol Programs

Problem Gambling Funding Initiative Application for 2015/2016 and 2016/2017 in the amount of 797,574.02 to address problem gambling in York/Adams through gambling prevention, education and outreach efforts.

YADAC revised the Prevention/Intervention Implementation plan in order to decrease administrative burden to prevention providers. In addition, YADAC added a quarterly reporting component to track outcome measures of services.

YADAC further continued to fortify its relationship and collaboration with the York/Adams Health Choices Unit by inviting a representative of the unit to attend the quarterly YADAC hosted Provider Working Group Meetings in order to dedicate time with providers towards joint discussion of drug and alcohol needs and projects.

In order to stay current with trends surrounding overdose as well as appropriately address this trend, internal weekly meetings are held to discuss the overdose situation along with attendance at a variety of overdose specific trainings and forums. The Commission further ensures that State issued overdose news bulletins are distributed to the provider network.

YADAC has collaborated with the York/Adams Health Choices Unit on a number of important drug and alcohol reinvestment projects, including a Half-Way house to be located in York County, the RASE Project, Bridge Support/Recovery House Bridge Support Subsidy Program and the White Deer Run York expansion to address detox and rehab access concerns.

The Commission has begun to utilize a data system, HSS in order to effectively track statistics and trends in addition to transition the office to paperless.

The Commission re-organized its internal drive to ensure information is kept up to date and easily accessible to staff.

The Commission ensured that providers were kept abreast of important changes in Medical Assistance such as the transition from Healthy PA to Medicaid Expansion.

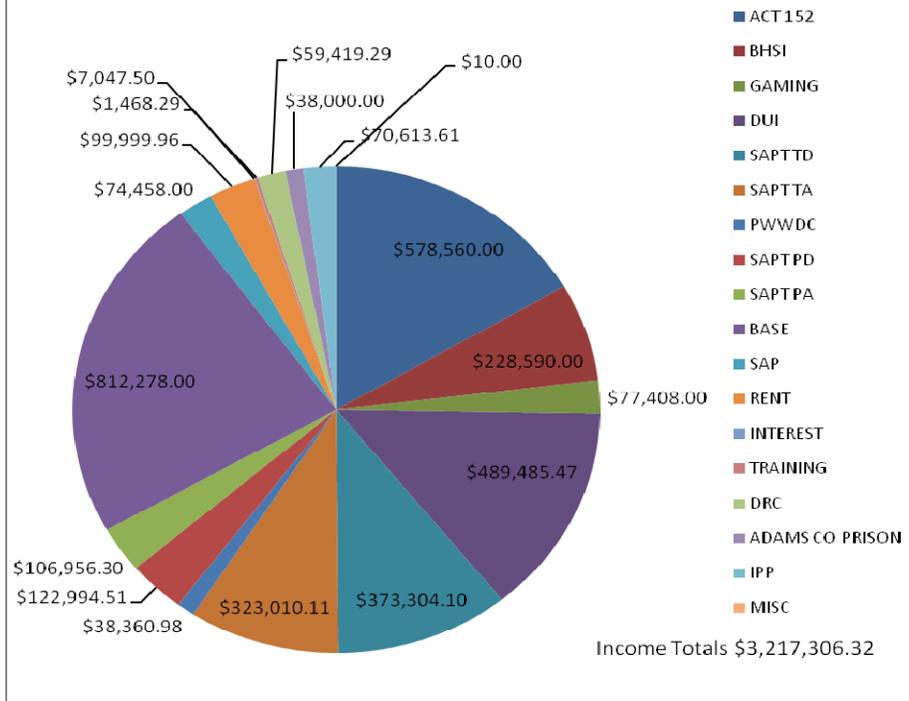
The Commission must ensure that all individuals contacting YADAC or its subcontracted providers, either by telephone or in person, are screened for emergent care needs, including detox. Therefore, an Emergent Care Screening Policy was created to determine if emergent care is needed and to motivate and refer individuals for a level of care assessment or other services.

Regularly Attended Meetings by YADAC

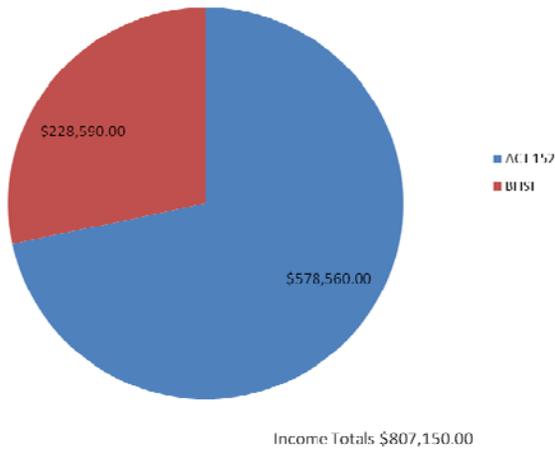
- Pennsylvania Association of County Drug and Alcohol Administrators (PACDAA)
- Child Abuse Prevention Outreach Committee (CAPOC)
- York County Recovery Committee
- York County Children, Youth & Family (CYF) Multi-Disciplinary Team Reviews
- Adams County Children, Youth, and Family (CYF) Case Reviews
- F Troop (Regional SCA Meeting)
- Systems of Care (SOC) Meetings
- Drug and Alcohol Intensive Case Managers Organization (DAICO)
- Child and Adolescent Service System Program (CASSP) Meetings
- York/Adams County Provider Working Group Meetings (Host)
- Student Assistance Program Regional Meetings

- PACDAA Treatment Sub-Committee
- York/Adams Health Choices CRISIS Provider Meeting
- York County Treatment Court Advisory Board
- York County Intermediate Punishment Advisory Board
- York/Adams Prevention Provider Meetings (Host)
- Northeastern School District Safe and Drug Free Committee

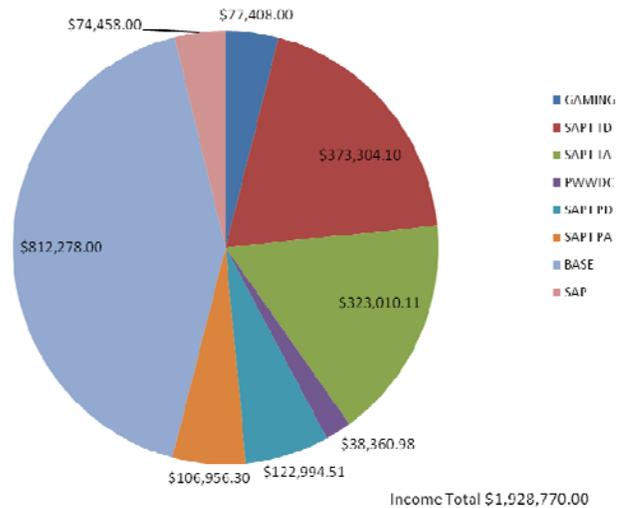
2014/2015 Income by Category



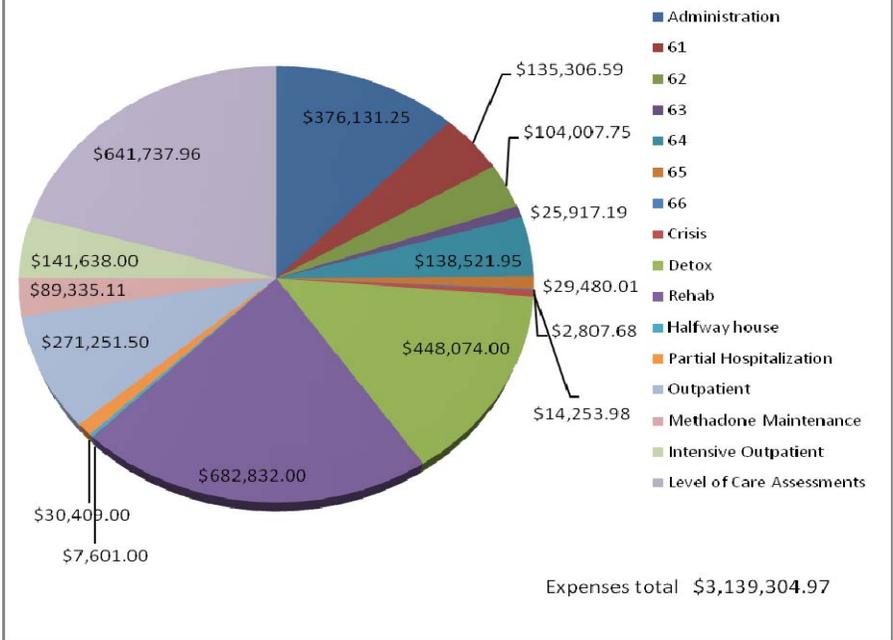
2014/2015 OMHSAS Funds



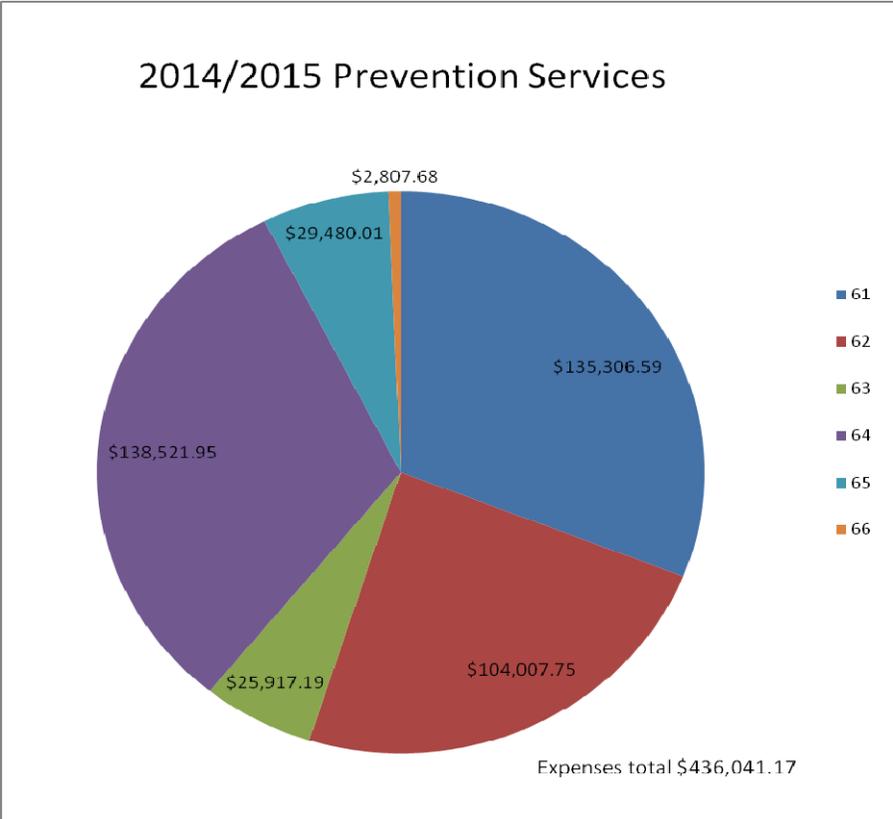
2014/2015 DDAP Funds



2014/2015 Total Expenses by Category



2014/2015 Prevention Services



PREVENTION

Summary

Prevention is a mandated service that incorporates six federal strategies to increase knowledge and understanding about drugs, alcohol, tobacco, bullying, violence family management issues and their effects on youth, family and community members. Prevention activities are targeted at the total population with emphasis on reducing the possibility of alcohol, tobacco and substance abuse before it occurs.

YADAC sub-contracts for prevention services through prevention provider agencies located in the two county areas. A Prevention Program Specialist on staff at the YADAC office provides coordination of the contracted prevention services. The YADAC Prevention Program Specialist meets with the providers from both counties every other month to review service plans and discuss areas of improved community relations. The contracted provider's prevention specialists provide services to schools, social service agencies and other community organizations in need of education and alternative prevention "Best Practices" strategies using a reporting system titled Performance Based Prevention System (PBPS) software program that evaluates the effects prevention is having on the communities served.

The YADAC Prevention Program Specialist ensures the contracted prevention providers utilize measureable, evidence-based collaborative, and culturally relevant strategies to preclude or reduce the negative impact substance-use has for those individuals living with and/or in some way associating with those persons/entities that are directly involved with and/or associated with substance-use and/or distribution in order to retain and enhance the possibility of achieving optimum functioning at home, in school, at work, and in the community at large by increasing self-understanding, improved interpersonal and human relations skills, enhanced ability to relate to social institutions, and effective coping behaviors to deal with the naturally occurring physical, mental, and social consequences caused by the presence of substances.

Major Accomplishments

Public Service Announcements (PSAs) have been aired on the PEAK AM local radio station which offers 30 second paid spots each quarter to announce events in York and Adams Counties. "They Hear You...Talk to Your Teen" PSA from the SAMAHA media packet was promoted on this radio station as well as WSBA talk radio.

A National Night-Out Event was held locally. This event is designed to prevent crimes in the local communities by residents hosting block parties where lights are kept on during the evening hours. Additionally, hosting alternative activities which provide food and games gives prevention providers an opportunity to meet residents in the local community neighborhoods.

YADAC sponsored The Council for Boys and Young Men training in addition to the Girl's Circle training to prevention providers, thus allowing these providers to expand services to include these evidence-based programs, which promote resiliency and life skills.

Prevention providers provide a number of other programs to educate students and families in our communities on the dangers of substance abuse, violence, bullying, and development of self-esteem with emphasis on reducing the possibility of alcohol, tobacco and substance abuse before it occurs.

A Prevention Lunch and Learn Series, which offer trainings over lunchtime and a meal to all participants, was hosted by the Children’s Home of York.

The four YADAC contracted prevention providers provided 2857 services to residents and other community groups in York and Adams Counties using evidence-based programs, state-approved programs and state-approved strategies. These services were provided within the six federal strategies listed below:

- 61 Information Dissemination 704 services
- 62 Education 710 services
- 63 Alternative Activities 180 services
- 64 Problem Identification and Referral 1,043 services
- 65 Community-Based Process 184 services
- 66 Environmental 36 services

Some of the most effective evidenced based programs that prevention providers utilize are listed below:

Evidence-Based D&A Prevention Programs



Families That Care: Guiding Good Choices

To provide parents of children in grades four through eight (9 to 14 years old) the knowledge and skills needed to guide their children through early adolescence. To strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding in the family, and teach skills to parents and children that allow children to meet the expectations of their family to resist drug use successfully.

Family Child Resources, Children's Home of York



Strengthening Families Program: For Parents and Youth 10-14

Is a video-based intervention designed to reduce adolescent substance abuse and other problematic behaviors in youth 10 to 14 years old. The program is delivered within parent, youth, and family sessions using narrated videos that portray typical youth and parent situations.

Children's Home of York, Collaborating for Youth, Family Child Resources



Club Ophelia

10-session program where high school girls are trained to mentor the middle school girls about bullying, developing decision making skills, and addressing relational issues while developing and enhancing their leadership and communication skills.

Family Child Resources



Too Good For Drugs

10-session classroom based program, available K through 8th grade, designed to build five essential life skills: goal setting, decision making, social skills, identifying and managing emotions, and effective communication.

Family Child Resources, Children's Home of York, Collaborating for Youth



Girls Circle

A structured mentoring/support group for girls from 9-18 years, integrating relational theory, resiliency practices, and skills training to increase positive connection, personal and collective strengths, and competence in girls.

TrueNorth Wellness Services, Children's Home of York



The Council

The Council is a strengths-based group mentoring approach to promote boys' and young men's safe and healthy passage through pre-teen, adolescent years and young adult. This program promotes resiliency and skills training.

TrueNorth Wellness Services, Children's Home of York, Family Child Resources



Project Toward No Drug Abuse

An interactive classroom-based substance abuse prevention program, for grades 9 through 12, focuses on three factors that predict substance abuse, violence related behaviors, and other problem behaviors among youth: motivation, skills, and decision-making.

TrueNorth Wellness Services

INTERVENTION

Summary

Intervention involves the provision of services aimed at assisting the client in coping with a specific crisis or other situation in his or her life whereby his or her customary modes of adaptation have proven inadequate. Intervention also assists in decision-making and supporting the client until he or she can cope with the situation independently. Referral is provided if the need for a structured treatment regimen or other service is indicated.

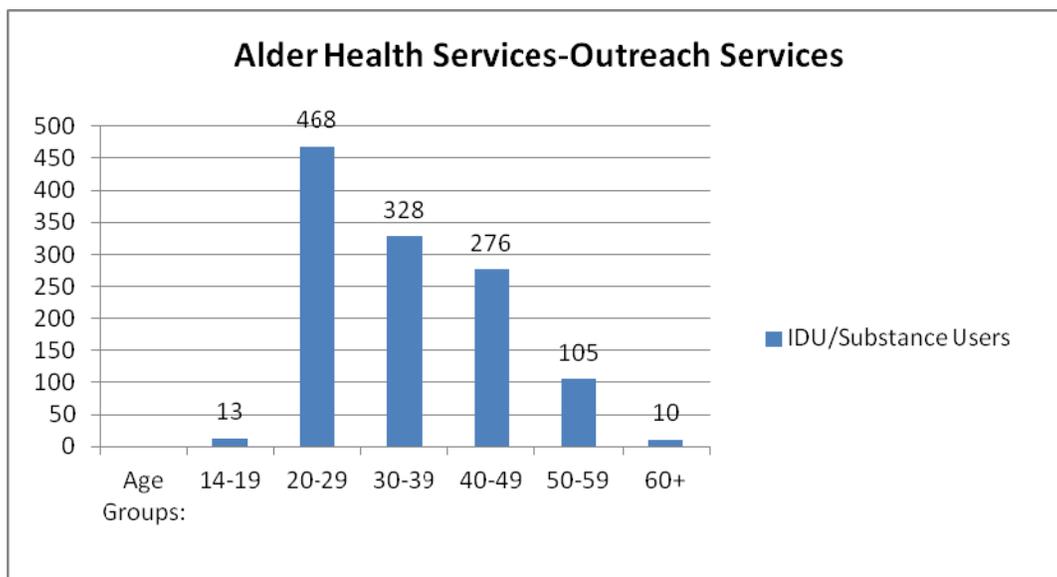
Major Accomplishments

Outreach

Alder Health Services, provided services to 1,200 individuals in York County and Adams County with the largest age group being 20-29, second largest 30-39 and third largest 40-49. During FY 14-15, Alder Health Services expanded Intravenous Drug Use outreach services to include Adams County and the Hanover area .

Age Groups:	14-19	20-29	30-39	40-49	50-59	60+
	13<	468>	328>	276>	105<	10<

(Denotes: decrease in number (<) serviced and increase in number (>) serviced)

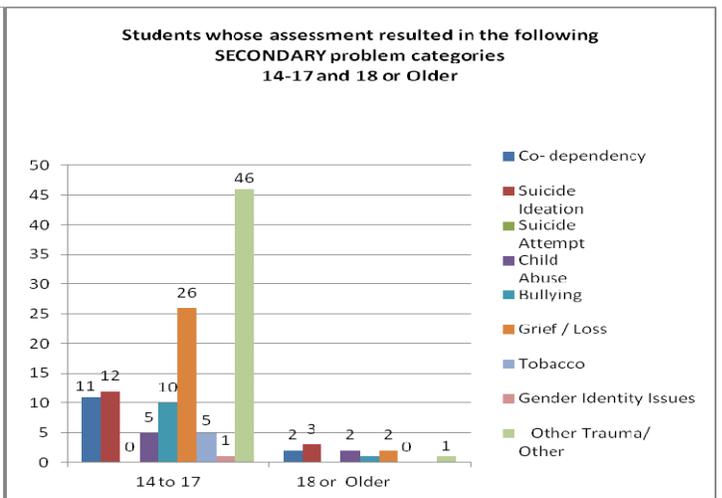
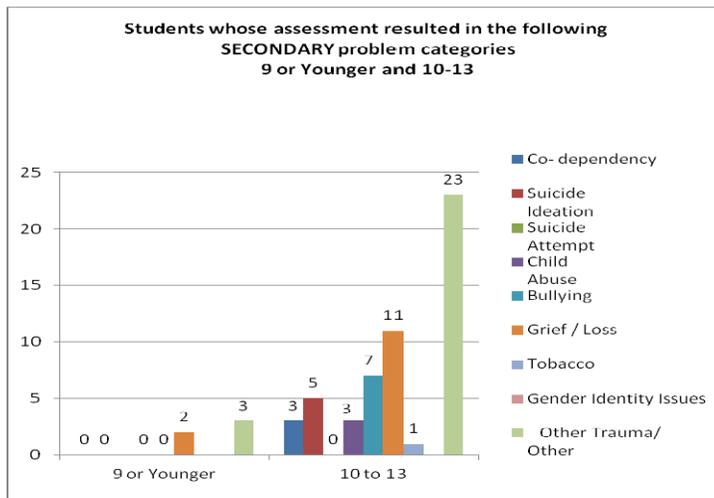
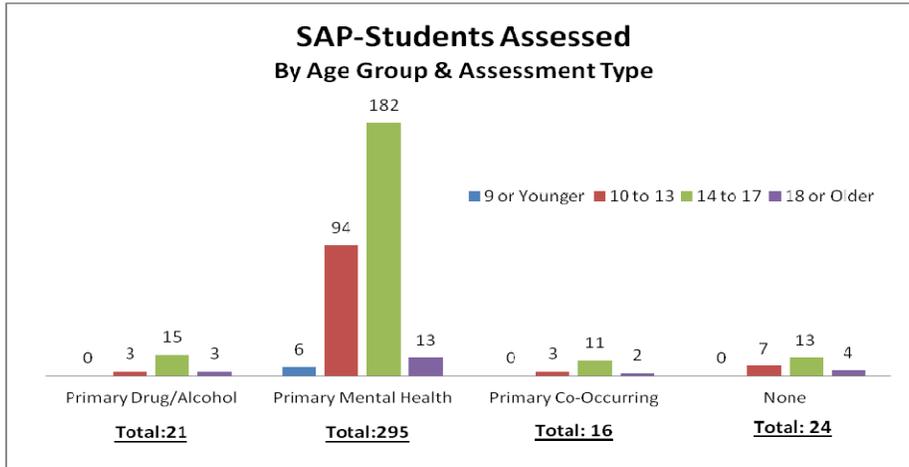


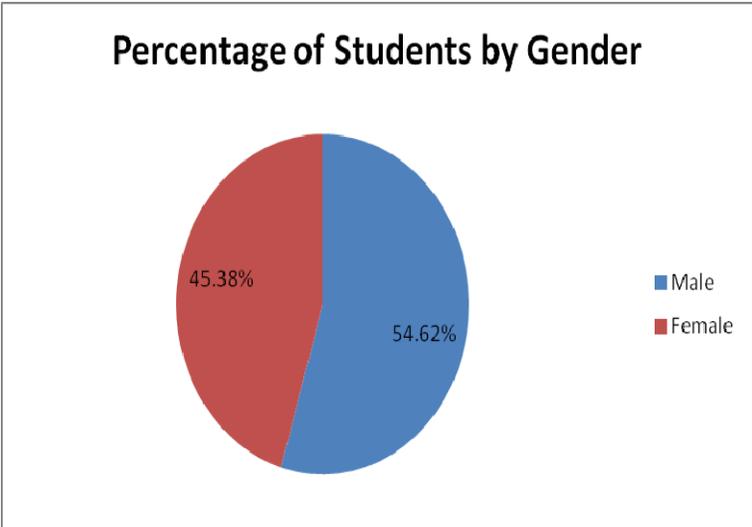
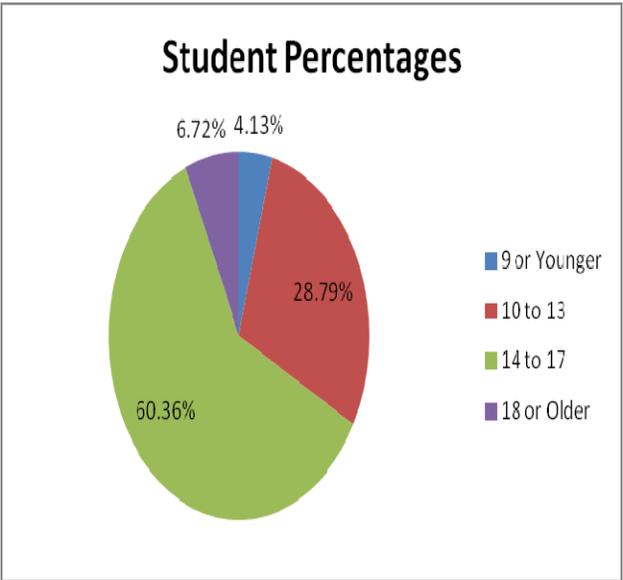
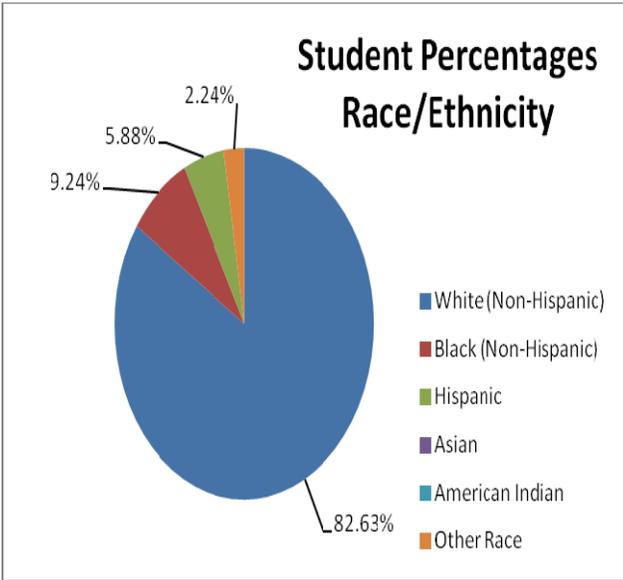
Student Assistance Program

YADAC contracts with providers to provide Student Assistance (SAP) drug and alcohol liaisons to assist core teams in each school district as a vehicle to maintain a program to provide appropriate counseling and support services for students who experience problems related to the use of drugs, alcohol and dangerous substances. The SAP core teams in the school districts of York and Adams Counties attended 951 meetings, provided 1137 services and referred 356 students to services which include mental health services entered in to the Performance Based Prevention System (PBPS) and SAP Online systems.

Students Assessed:

Age Group	Primary Drug/Alcohol	Primary Mental Health	Primary Co-Occurring	None
9 or Younger	0	6	0	0
10 to 13	3	94	3	7
14 to 17	15	182	11	13
18 or Older	3	13	2	4
	21	295	16	24





Please note: The data contained in this report is only reflective of YADAC funded clients unless otherwise noted.

TREATMENT

Summary

Treatment involves the activities aimed at the systematic application of social, psychological or medical service methods to assist individuals to deal with patterns of drug and alcohol use or abuse. YADAC only contracts with licensed treatment providers and is committed to providing a full continuum of licensed and evidence-based drug and alcohol treatment options. It is the policy of YADAC that pregnant women receive preferential treatment in all levels of care, regardless of funding source, throughout the drug and alcohol treatment continuum.

Outpatient Approaches:

Outpatient
Intensive Outpatient
Partial Hospitalization

Residential Approaches:

Non-Hospital Detoxification
Non-Hospital Inpatient
Halfway House

Medication Assisted Treatment:

Methadone

YADAC contracts with thirteen (13) detox providers, thirty-nine (39) inpatient providers, thirteen (13) halfway house providers, three (3) partial hospitalizations providers, six (6) intensive outpatient providers, thirteen (13) outpatient providers, and one (1) Methadone maintenance provider.

Major Accomplishments

YADAC has continued to analyze the opiate crisis in relation to availability of detox access. Detox access remains a critical concern in York/Adams and across the State, at large. In recognizing this barrier to treatment access, YADAC in collaboration with York/Adams HealthChoices have begun to meet with local detox provider, White Deer Run –York, to discuss need for expansion. Plans for expansion include increasing both Detox and Rehab beds to fully eradicate waiting list for York/Adams County residents.

One of the Commission's continued initiatives is to ensure that individuals seeking Methadone Maintenance treatment in York/Adams Counties have appropriate access to services in timely manner. A need for increased services was recognized when the local Methadone provider, Pyramid Healthcare, Inc. was forced to impose a waiting list due to a drastic increase of individuals seeking this service. YADAC developed a plan in coordination with Pyramid Healthcare, Inc. to increase capacity of the facility by 175 to fully eradicate waiting lists and raise total capacity of the facility to 350 slots. An initial 35 slot increase was obtained in November of 2014, and an additional 70 slot increase was obtained in March of 2015, bringing total facility capacity to 280. An additional 70 slot capacity increase will be sought in FY 15-16, at which time the total capacity goal of 350 shall be obtained.

At the request of Adams County Adult Probation, and Adams County Courts, YADAC coordinated with Pyramid Healthcare, Inc. to provide Assessment and Treatment Coordination to eligible Intermediate Punishment Program individuals.

YADAC has offered Naloxone/ACT 139 education to contracted providers to ensure incorporation of this life saving medication at the provider level.

In keeping current with drug trends, YADAC continually promotes education and discussion of emerging drug trends with providers, such as heroin disguised as oxycodone, synthetic marijuana-like drugs sold in convenience stores as potpourri, and “Wax” or concentrated marijuana/butane hash oil, among others.

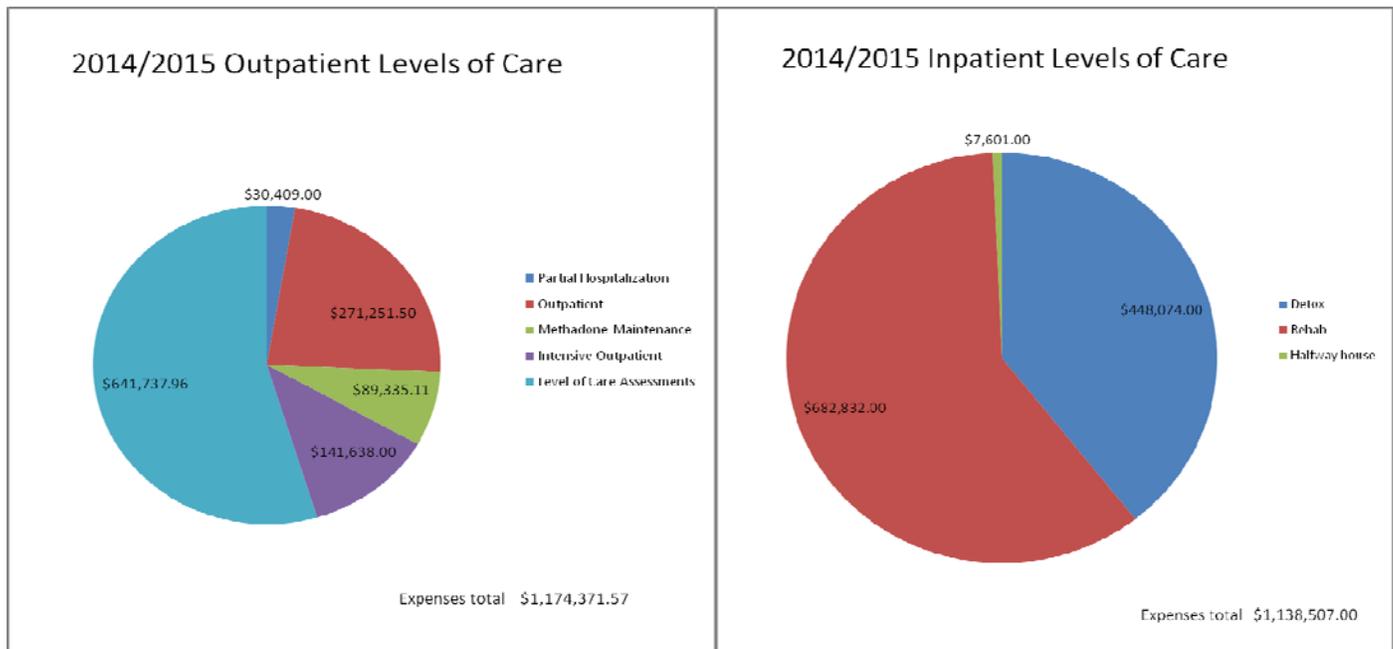
YADAC has recognized the increased demand for the medication assisted treatment, Vivitrol and as such, has encouraged providers to assist with coordinate of this medication through their own provider network or outside providers in addition to providing resource links for coordination of this service on the YADAC website.

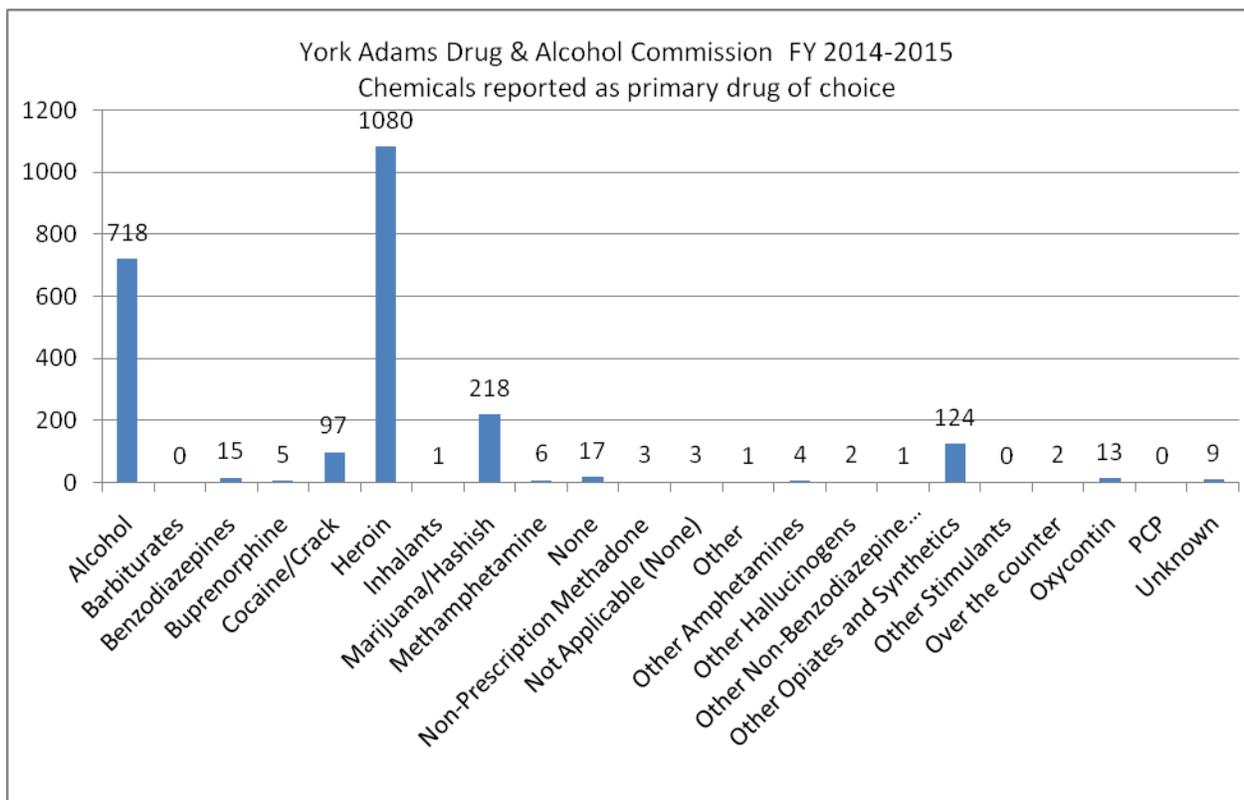
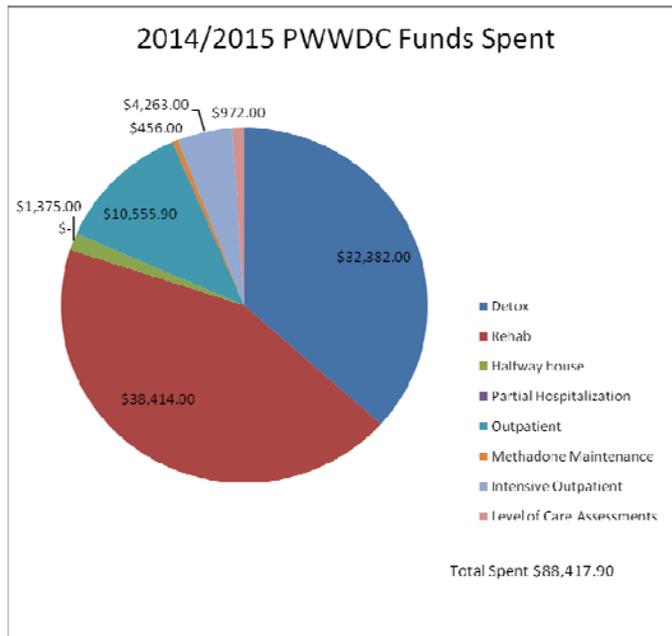
The 3rd edition Pennsylvania Client Placement Criteria (PCPC) was released and YADAC promoted the clinical integrity of the PCPC and resulting level of care recommendation with providers.

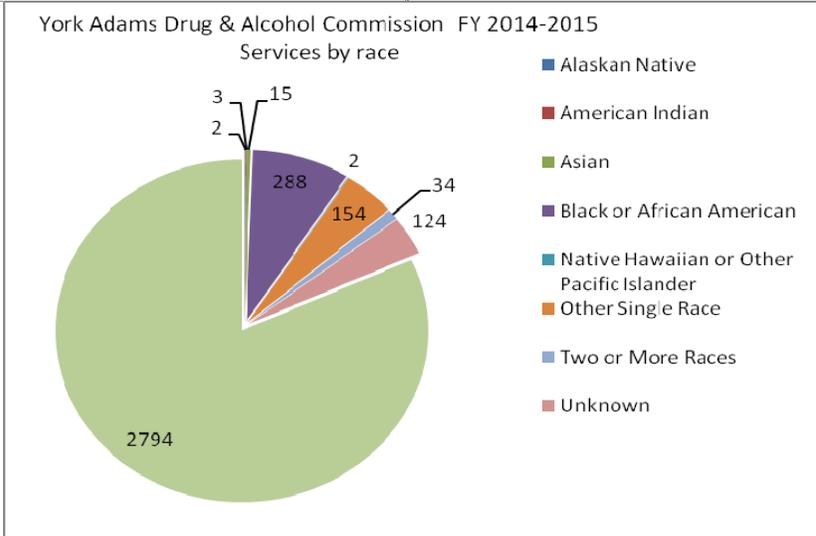
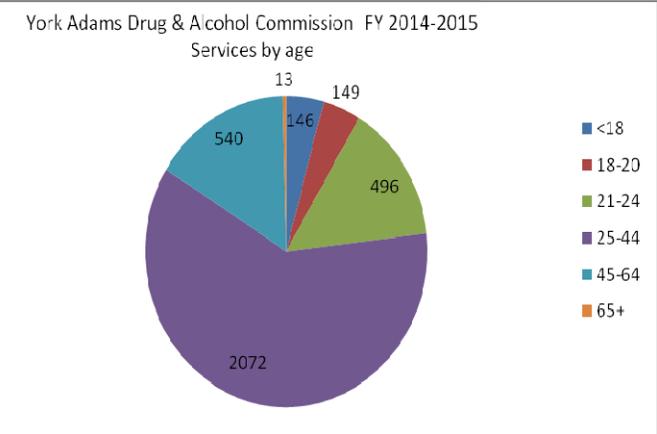
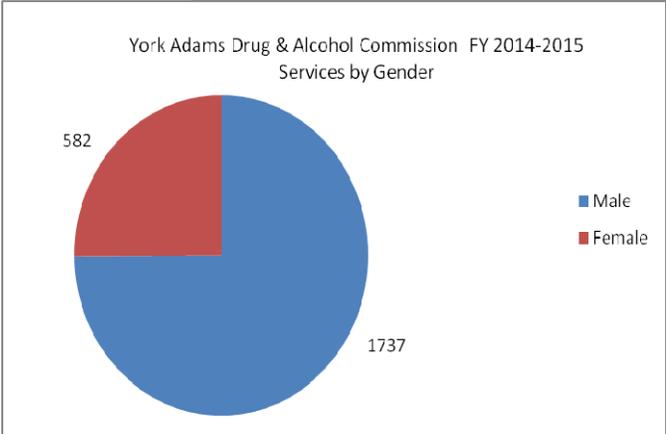
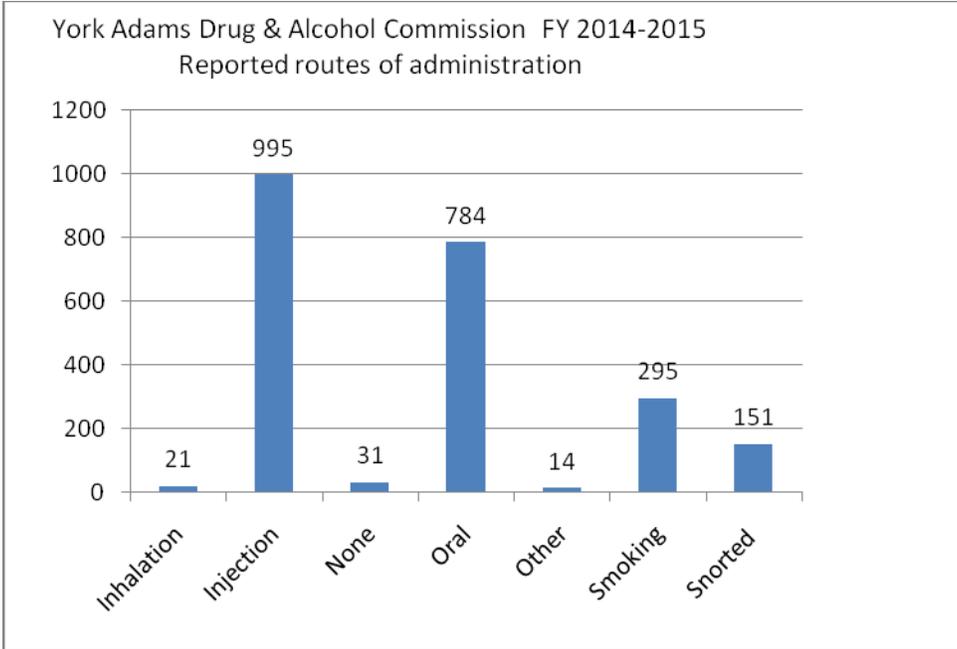
In light of the opiate epidemic and resulting overdose deaths, YADAC has lifted all restrictions and limitations for detox services.

YADAC offered guidance to providers to ensure YADAC is the payer of last resort, including insurance complications and York/Adams Health Choices Unit funding approval.

Pennsylvania Counseling, Inc. has implemented an integrated treatment service in both York and Adams County that identifies issues related to mental health and substance use disorders, their interplay, and a holistic comprehensive approach to recovery, thus ensuring integrated services are provided.







Please note: The data contained in this report is only reflective of YADAC funded clients unless otherwise noted.

CASE MANAGEMENT

Summary

Case management includes the three primary functions of: screening, assessment and case coordination. Screening is the first function of case management and consists of evaluating the individual's need for a referral to emergent care such as detoxification, prenatal, perinatal, and psychiatric services. It can also be used to motivate and refer, if necessary, for a level of care assessment or other services, such as Alcoholics Anonymous (AA) or Narcotics Anonymous (NA). A screening may be conducted by telephone or in person.

The second function of case management is assessment. This includes a Level of Care Assessment (LOCA) and placement determination. During the assessment, all aspects of the individual's involvement in the drug and alcohol service delivery system are coordinated. The LOCA and placement determination utilize the Pennsylvania Client Placement Criteria (PCPC). A Tuberculosis screening and referral to appropriate services is also completed at this time in conjunction with assessment of the individual's non-treatment needs.

The third function of case management is case coordination. Through case coordination, the individual's non-treatment needs are addressed. Non-treatment needs are needs that the individual may have in the following areas: education/vocation, employment, physical health, emotional/mental health, family/social, living arrangements/housing, legal status, basic needs (food, clothing, transportation) and life skills. Resources are made available to the individual at the time the needs are identified. Case coordination facilitates the identification of services offered and utilized by the individual.

The case management core functions of screening, level of care assessment, and case coordination are integrated into the contracted service agreements at the provider level. Additionally, YADAC employs six drug and alcohol case management specialists (DACMS) and one case management supervisor. All DACMS have the skill-set and proficiency to execute the tasks associated with the core functions of case management.

Major Accomplishments

YADAC staff continued an active role with the York County Adult Probation programs. These include the York County treatment courts (Drug Treatment Court; DUI Treatment Court; Mental Health Treatment Court) and the Day Reporting Center. In addition, YADAC continued an active role with the State Parole Re-entry Program. Case management services provided to these specialty programs continue to meet the needs of the drug and alcohol population within the community and court systems.

In order to further encourage support of individuals involved in treatment courts and specialty programs such as the Day Reporting Center, YADAC Case Management Specialists began to implement "goal groups" in which Case Managers meet with multiple individuals involved in these programs in a group setting to review case coordination service plans. Doing so allows the individual the opportunity to obtain feedback and support from other individuals in the group, thus supporting their recovery.

York County Adult Probation donated three tablets for the Case Management Specialists designated to the treatment court programs to utilize while attending court related meetings. This technology has improved Case Manager productivity to the courts.

YADAC began to utilize Interpretalk, an interpreter service for non-English speaking individuals, thus allowing YADAC to more appropriately address the needs of the Spanish speaking population, among others.

In recognizing the unique needs of individuals who present to detox treatment multiple times, Case Management staff monitors these individuals. Staff reach out to the treatment provider servicing the individual and encourage motivation of the individual to recommended aftercare by engaging the provider and/or individual in conversation regarding the importance of continuum of care, removal of barriers specific to their recovery, additional resources and options to encourage recommended treatment follow through in addition to securing commitment of treatment follow through by means of a written agreement with the individual.

Access York presented to staff to offer information and resources to victims/witnesses of a violent crime.

Case Management staff began to utilize the RASE Project recovery specialist both with treatment courts and individuals who contact the Commission seeking assistance. The recovery specialist serves as a recovery coach/mentor to help individuals with their recovery efforts.

Case Management staff continues to attend 12 step meetings as part of their annual training plans in order to gain firsthand knowledge of the inner-workings of these support groups as viable recovery support services.

Case Management staff continues to identify and educate those individuals (family, friends, professionals, etc.) involved with individuals affected by the disease of addiction on available supports and 12 step support meetings.

RECOVERY SUPPORT

Summary

Recovery support services are the non-clinical services that assist individuals in their attempt to recover from substance-use related problems. These services compliment the focus of treatment, outreach, engagement and other strategies and interventions to assist people in recovery in gaining the skills and resources needed to initiate, maintain, and sustain long-term recovery. It can include spiritual and faith-based support as well as 12 step support programs. Additionally, recovery support includes incorporation of the Recovery Oriented Systems of Care (ROSC) approach. ROSC is a value-driven approach to structuring behavioral health systems and a network of services and supports. It is supportive of a chronic disease model of treatment and supports the guiding principles of recovery.

Major Accomplishments

YADAC coordinated a number of recovery month events during the month of September, in order to promote the 25th anniversary of National Recovery Month. A proclamation kicking off the month was held in Cherry Lane in downtown York, with Mayor Bracey and the York County Commissioners offering a joint proclamation. Two recovering individuals shared their inspirational stories of faith and hope, thus promoting the 2014 National Recovery month message, ***Join the Voices for Recovery: Speak Up, Reach Out***. The event concluded with an announcement of recovery events in the community during the month of September. Additionally, York/Adams Drug & Alcohol Commission staff made themselves available after the event to speak with individuals regarding access to treatment and community support.

YADAC further promoted National Recovery Month by coordinating with White Rose Community Television to televise a panel of individuals in recovery, moderated by YADAC which consisted of questions and answers from the panel regarding recovery in order to promote recovery and dispel stigma related to substance abuse.

The Recovery Event Committee, of which YADAC is a participant, organized the 5th annual Recovery event at the Sovereign Bank Stadium during a York Revolution ballgame during the month of September. The event was a success with tickets sold out. A recovery circle was held on the ball field which engaged the community to come together to support substance abuse recovery. Providers were available to help coordinate access to treatment during the event. The event raised funds which the Recovery Event Committee will utilize to assist individuals in recovery with transportation and clothing.

A Recovery Awareness Event, which brought awareness of recovery supports in the community, was held by Guiding Hearts and Minds.

The York County Recovery Committee in collaboration with YADAC hosted its first Community Form, "Rx Drugs to Heroin: What You Need to Know" at the York Learning Center. The event promoted community awareness of Opiates/Overdose in addition to Naloxone through a resources, education and panel of experts.

Hope for Today held their 1st annual 5K cross country run at Kennard-Dale School in Fawn Grove. The event raised awareness of substance abuse while raising just under \$10,000 to benefit the recovering community. The run along with the health fair provided information on services available to those seeking assistance for loved ones in addiction. To get involved in next year's event, please contact hopefortoday5k@gmail.com.

Not One More, an agency whose mission is to raise awareness and prevent drug abuse in the community through education and community partnership, York Chapter hosted a "Meet and Greet" social event for families of those with substance abuse problems. The event allowed individuals the opportunity to network with others in the community living with the devastating effects of addiction allowing for support and resource collaboration. To become involved in Not One More, please contact: notonemoreyorkpa@gmail.com

TRAINING

YADAC continued to address the training needs of prevention and treatment providers in the central region of Pennsylvania during FY 14-15. The 2014 – 2015 fiscal year trainings hosted by YADAC, are listed below.

- Advance Group Therapy
- All Behavior is Purposeful
- Certified Recovery Specialist Training Series (8 sessions)
- Dependence and the Elderly
- Drugs Alcohol and Teen Suicide
- Ethics for the Addiction Professional
- Motivational Interviewing (1 & 2 day training)
- PCPC 3rd Edition (2)
- Prescription Drug Abuse
- Problem Gambling for Beginners: The Hidden Addiction
- The Addiction Process
- Twelve Step Programs: How to Best Help Clients/Patients Access & Utilize TSP's (Parts 1 & 2)
- The Council for Boys and Young Men (Sponsored)
- Girl's Circle (Sponsored)