



# ANNUAL REPORT

2009—2010

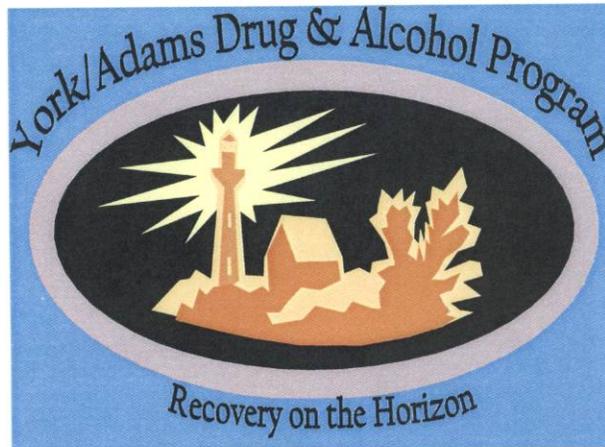
## CONTACT INFORMATION

**Jodi Skiles/Shawn Anne McNichol**  
**County D&A Administrator**

Phone: 717-840-4207

Fax: 717-840-4135

# YORK/ADAMS DRUG AND ALCOHOL PROGRAM



## *MISSION STATEMENT*

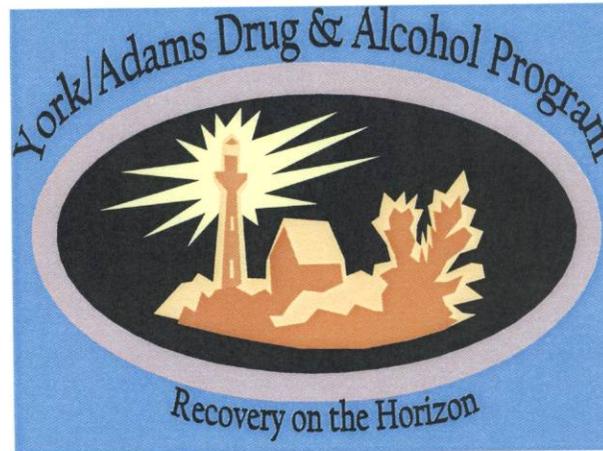
**The York/Adams County Drug & Alcohol Program mission is to serve, with respect, individuals in our community with substance abuse problems in order to enhance their quality of life and provide an opportunity to reach their fullest potential in the York/Adams County, PA.**

# Annual Report 2009 – 2010

## TABLE OF CONTENTS

Note from the Administrator .....	1
Background .....	2
Description of In-House Services .....	3
Organizational Chart .....	4
Commissioners & Staff .....	5
Advisory Board.....	6
Prevention and Intervention.....	7-10
Case Management System.....	11
Case Management Flow Chart .....	12
Major Accomplishments.....	13-14
Demographics .....	15-21
Fiscal.....	22-25

## **A Message from the YADAP Administrator:**



**Shawn Anne McNichol MA, CACD, CCDPD**  
**May 3, 2010 - present**

I have come to learn that it is common knowledge that York/Adams Drug and Alcohol Program (YADAP) has received state and federal administrative, treatment, and prevention funding from the Bureau of Drug and Alcohol Programs (BDAP) through an annual grant agreement since 1973. What may not be such a well-known fact is that the grant agreement, while signed between BDAP and the York and Adams County Commissioners, appoints the YADAP Administrator (that would be me) the responsibility to effectively plan and coordinate drug & alcohol prevention; intervention; and treatment related services for the York and Adams counties. It is with that assigned goal in mind, and with the support of the YADAP staff and the MH/MR/D&A/Health Choices Administrator, that I fully intend to oversee the successful implementation, coordination, and integration of the prevention, intervention and treatment-related services available to the York/Adams residents and communities. It is my belief that “we do together what we cannot do alone” and, therefore, together, as individuals, families, communities, agencies, organizations, towns, municipalities, townships, et al, we can thwart the negative impact that substance related disorders has had within our homes and communities. The plan is to keep doing the next right thing until we recognize progress and then to just keep doing the next right thing. There is always hope, if we keep the faith. Remember: we do together what we cannot do alone. I am, therefore, looking forward to working with all of you for the common good of the York and Adams counties.

## Background

### Type of SCA

The York/Adams Drug & Alcohol Program (YADAP) was established in 1973 to serve as the Single County Authority (SCA) for the York and Adams counties. As the designated SCA for the York and Adams counties, YADAP is responsible for planning, administering, funding, and evaluating the local drug and alcohol prevention services, intervention services, and treatment related services within the aforementioned joinder counties.

To ensure that the planning and administrative oversight of the Bureau of Drug and Alcohol Programs (BDAP) state and federally funded grant agreement is fully executed, York and Adams adhere to the SCA Planning Council Option model. Under this model, BDAP contracts with the Adams County and York County Board of Commissioners to approve contracts, purchase services, and disburse funds for the drug and alcohol services. The YADAP Administrator is appointed to fulfill the responsibilities of the BDAP grant agreement with the County Commissioners and is supervised by the York County Mental Health/Mental Retardation/Drug and Alcohol/ Health Choices Administrator. Structurally, YADAP is a branch of the York county government and the YADAP Administrator and YADAP staff are employees of the county.



## DESCRIPTION OF IN-HOUSE SERVICES

**Administration** – This activity is for the provision of planning, organizing, funding, and control of the SCA's D&A program. This activity includes general managerial functions that are supportive to, but not an intrinsic part of, the provision of direct services. Services include plan development and program implementation, budgeting, financial and data management, project and service monitoring, and evaluation. Personnel costs, including salaries and associated fringe benefits, are considered administrative if those costs are not incurred in the direct provision of prevention; intervention; treatment; and treatment-related services, to include case management services.

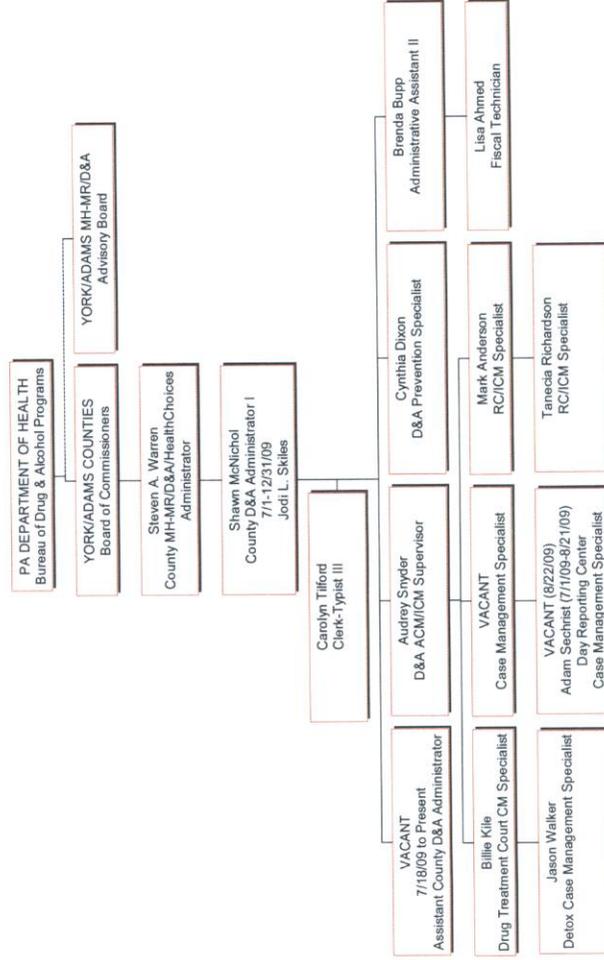
**PREVENTION LEVEL** – This level involves a proactive process that empowers individuals and systems to deal constructively with potentially difficult life situations, to keep healthy people healthy and to bolster the strength of those at risk. It requires that a measurable, risk-based series of collaborative and culturally relevant strategies be employed to preclude or reduce those uses of drugs and alcohol that have a negative impact on the individual, the family, and the larger society. Negative impact includes the physical, mental, or social consequences that result in the reduction of optimum functioning at home, in school, at work, or in the community. Positive behaviors are defined as those which include increased self-understanding, improved interpersonal and human relations skills, enhanced ability to relate to social institutions, and effective coping behaviors to deal with stress. Prevention activities are targeted at the total populations, with an emphasis on delivering appropriate services prior to the manifestation of inappropriate behaviors. Prevention activities can be delivered through schools, media, family or community agencies and groups.

**INTERVENTION LEVEL** – This level involves the provision of services aimed at assisting the client in coping with a specific crisis or other situation in his or her life whereby his or her customary modes of adaptation have proven inadequate. This level is aimed at assisting in decision-making and supporting the client until he or she can cope with the situation independently. Referral is provided if the need for a structured treatment regimen or other service is indicated.

**TREATMENT LEVEL** – This level involves the activities aimed at the systematic application of social, psychological or medical service methods to assist individuals to deal with patterns of D&A use or abuse.

**TREATMENT-RELATED LEVEL** – This level involves those activities that support the treatment level activities in which no direct treatment is provided. These activities involve the coordination of services and the provision of support services that will assist the client in meeting other deficiencies inherent in their life, and ultimately aid them in securing recovery and a self-sufficient life style.

# 2009/2010 YORK/ADAMS DRUG & ALCOHOL PROGRAM Table of Organization



# COMMISSIONERS AND STAFF

## COUNTY COMMISSIONERS

### Adams County

George A. Weikert, Chairman  
R. Glenn Snyder, Vice Chairman  
Lisa A. Moreno, Commissioner

### York County

M. Steve Chronister, President  
Christopher B. Reilly, Vice President  
Doug Hoke, Commissioner

## STAFF MEMBERS

Steve Warren – County M/H-M/R/D&A/HEALTHCHOICES ADMINISTRATOR

Jodi L. Skiles/ Shawn Anne McNichol  
Administrator

Adam Sechrist  
DRC Case Management Specialist

Ellen Carter  
Assistant Administrator

Cynthia Dixon  
Prevention Program Specialist

Brenda Bupp  
Administrative Assistant II (Fiscal)

Audrey Snyder  
Case Management Supervisor

Billie Kile  
Treatment Court Case Mgmt. Specialist

Tanecia Richardson  
RC/ICM Case Management Specialist

Mark Anderson  
RC/ICM Case Management Specialist

Jason Walker  
Detox Case Management Specialist

Carolyn Tilford  
Clerk Typist III

Lisa Ahmed  
Fiscal Technician

## ADVISORY BOARD

# The York/Adams Drug and Alcohol Program Single County Authority (SCA)

### Advisory Board Members:

#### Adams Co.

Mr. Donald Fennimore- President  
Mr. Wayne D. Lunger  
Ms. Judith M. Butterfield

Mr. Ronald G. Ebbert – Vice President  
Ms. Sherri DePasqua

#### York Co.

Dr. Karen Kennedy (Secretary)  
Atty. Paul G. Lutz  
Ms. Marlene Corcoran

Ms. Kendra Kakos, MSW  
Dr. David Turkewitz  
Commissioner Christopher Reilly

#### Ex-Officio Member

Ms. Mary McGrath – Ex-Officio Member  
(Representing York/Adams Drug and Alcohol Providers Association)

The York/Adams Drug and Alcohol Program Advisory Board is composed of twelve (12) volunteer members appointed by the York and Adams County Commissioners to represent varying individuals within the community. York County is represented by six (6) members and Adams County is represented by five (5) members. There is one (1) vacancy.

The Advisory Board, which meets nine (9) times annually, is responsible to provide support and recommendations to the York and Adams County Commissioners and Program staff with regard to the comprehensive planning, implementation, and evaluation of drug and alcohol services. Board membership includes representation from criminal justice, education, health care, and human services. In addition, one member is a recipient of drug and alcohol services and at least two members represent minority populations.

If you would like further information about becoming a member of the York/Adams Drug and Alcohol Program Advisory Board, please call the Drug and Alcohol Administrator at (717) 840-4207.



## **PREVENTION/INTERVENTION SERVICES**

Fiscal Year 2009-2010 Accomplishments

### PREVENTION

The four prevention agencies provided services to 8,409 residents in York County and Adams County. These services were provided in the six federal strategies: Information Dissemination, Education, Alternative Activities, Problem Identification and Referral, Community-Based Process and Environmental.

- Information Dissemination 940 services
- Education 413 services
- Alternative Activities 24
- Problem Identification and Referral 515 services
- Community-Based Process 269 services
- Environmental 21 services

The total of these services were 2,182 with 1,769 single services and 413 recurring services.

Prevention Specialist provided information and resources obtained from the Department of Health Bureau of Drug and Alcohol Program Clearinghouse, National Institute of Drug Addiction, SAMHSA to parents, area middle/high school students, teachers, college-aged students, police department, coalitions, and social service agencies.

Other sources of funding were sought by Memorial Hospital Education Department and Family-Child Resources, Inc. Memorial Hospital's prevention program received funding from York City Police Community program while Family-Child Resources, Inc. received funding from community groups.

## INTERVENTION

There were 258 students referred for drug and alcohol assessment from the 22 school districts in York and Adams Counties. These students were referred to various treatment levels if found to need treatment. Referrals were made to other services if students were not found to have drug and alcohol issues.

### Student Assistance Program Drug and Alcohol Treatment Services

Outpatient		Intensive Outpatient		Partial Hospitalization
127		5		0
Inpatient	Other	Hospital Rehab		None
3	225	1		37

## OUTREACH SERVICES

Outreach services were provided by the AIDS Community Alliance. The outreach worker met with individuals in various community neighborhoods and social service agencies.

# SCA Service Location Summary Demographics Report

SCA: YORK/ADAMS

Service Location Type: All

Dates: 7/1/2009 - 6/30/2010

## YORK/ADAMS Summary

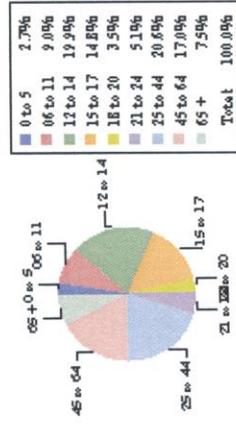
Total # of Services: 2094

# of Single Services: 1769

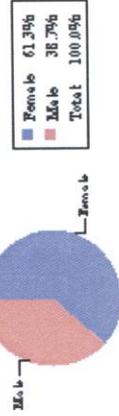
Total # of Service Locations: 216

# of Service Locations: 212

### Age Demographics



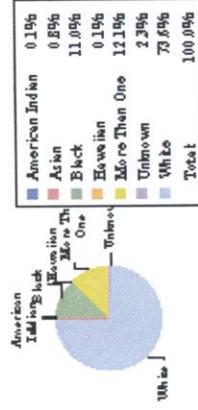
### Gender Demographics



Age Group	Count
0 to 5	226
6 to 11	754
12 to 14	1670
15 to 17	1246
18 to 20	295
21 to 24	425
25 to 44	1730
45 to 64	1430
65 +	635
<b>Total</b>	<b>8411</b>

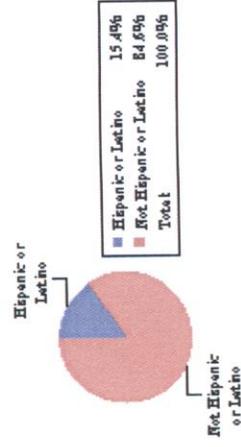
Gender	Count
Female	5154
Male	3257
<b>Total</b>	<b>8411</b>

### Race Demographics



Race	Count
White	6186
Black	924
American Indian	9
Asian	69
Hawaiian	10
Other	1018
Unknown	193
<b>Total</b>	<b>8409</b>

### Ethnicity Demographics



Ethnicity	Count
Hispanic or Latino	1294
Not Hispanic or Latino	7117
<b>Total</b>	<b>8411</b>

# SCA Service Location Summary Demographics Report

SCA: YORK/ADAMS

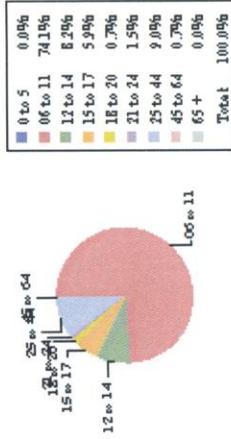
Service Location Type: All

Dates: 7/1/2009 - 6/30/2010

# of Recurring Services: 325

# of Service Locations: 9

## Age Demographics



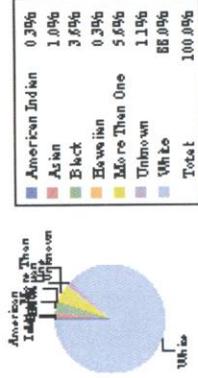
## Gender Demographics



Age Group	Count
0 to 5	0
6 to 11	451
12 to 14	50
15 to 17	36
18 to 20	4
21 to 24	9
25 to 44	55
45 to 64	4
65 +	0
<b>Total</b>	<b>609</b>

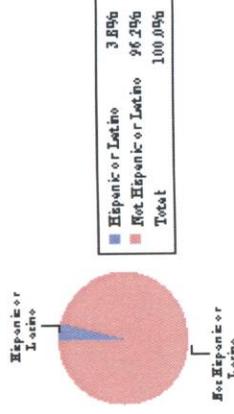
Gender	Count
Female	335
Male	274
<b>Total</b>	<b>609</b>

## Race Demographics



Race	Count
White	536
Black	22
American Indian	2
Asian	6
Hawaiian	2
Other	34
Unknown	7
<b>Total</b>	<b>609</b>

## Ethnicity Demographics



Ethnicity	Count
Hispanic or Latino	23
Not Hispanic or Latino	586
<b>Total</b>	<b>609</b>

## SCA Case Management System



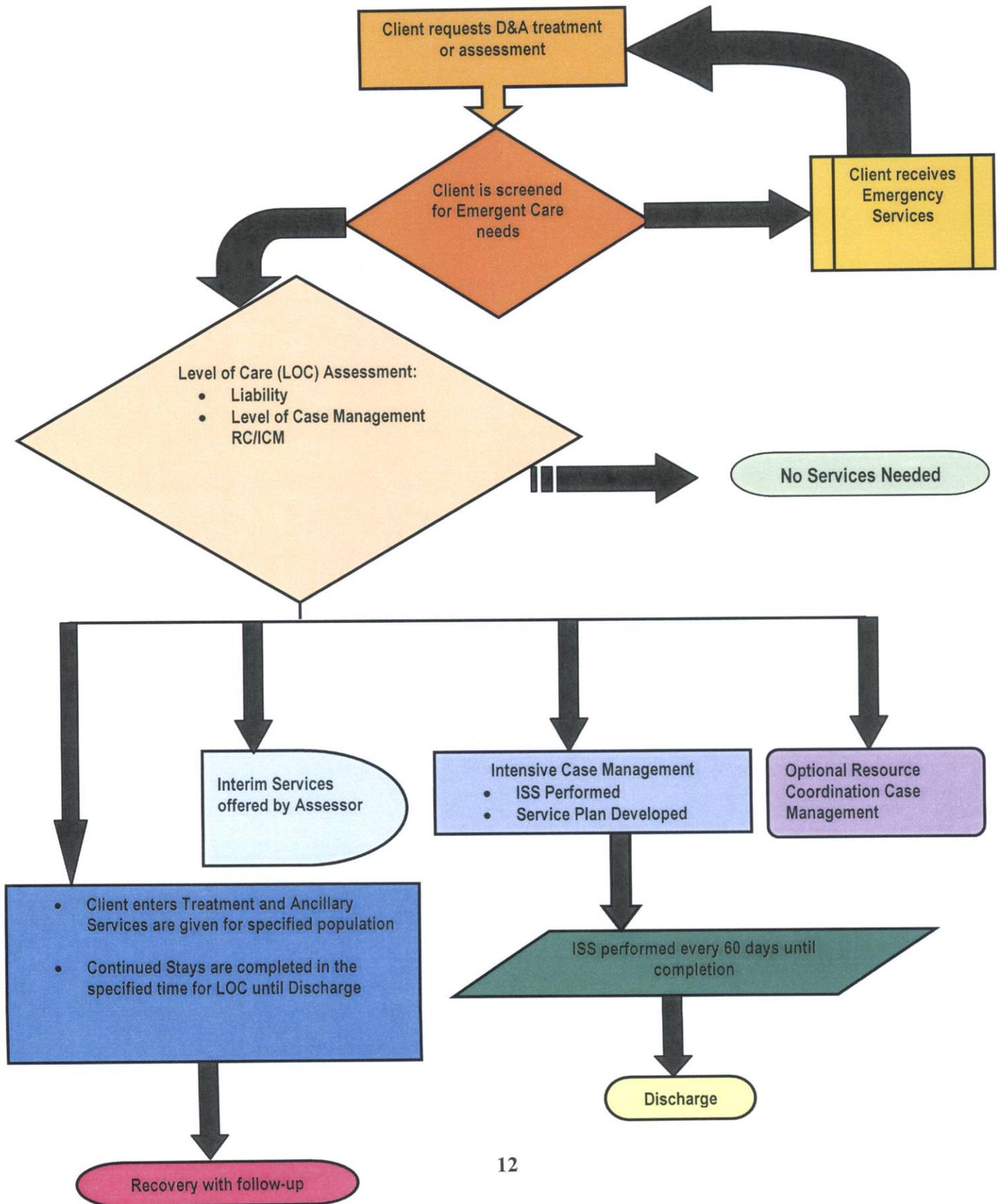
Clients seeking drug and alcohol services can access assessments and treatment in several different ways. All clients are to first be screened for emergent care needs. Screening for emergent care can be completed by the SCA, a subcontracted provider, or by Crisis Intervention. If the client has emergency needs, those needs are addressed first. If the client is in need of detoxification while at the SCA or Provider office, the screener must call the White Deer Run Call Center 1-866-769-6822 for a screening for admission if indicated. If other emergent care needs are present, the client is to be referred to an appropriate agency for assistance. Once the emergency needs have been addressed, the client can arrange an appointment for a level of case management assessment. This includes assessments for liability, level of care, and case management needs. The assessment process can be completed by the SCA or by a sub-contracted outpatient provider.

After the assessment is completed and the appropriate level of care is determined, the provider instructs the client to apply for Medical Assistance and sends a treatment referral to the SCA to access funding for treatment services. Upon receipt of a treatment referral at the SCA, the Case Management Supervisor assigns the referral to a Case Manager. The Case Manager reviews the referral for appropriateness for the requested level of care and ensures that all necessary paperwork is in place. The Case Manager also coordinates with the local County Assistance Office to facilitate the application for Medical Assistance. Once the client has complied with the necessary requirements and documentation for Medical Assistance, the SCA notifies the referral source and the requested treatment provider that the client is approved for funding and a date for admission to treatment is scheduled.

While the client is in treatment, the SCA Case Manager monitors treatment progress and appropriateness within the specified timeframes according to the level of care. Prior to discharge, the SCA Case Manager and the treatment provider work together to arrange aftercare services for the client.



# 2009 – 2010 CASE MANAGEMENT FLOW CHART



# **ADMINISTRATION, TREATMENT AND CASE MANAGEMENT**

## **MAJOR ACCOMPLISHMENTS**

The York/Adams Drug and Alcohol Program accomplished the following tasks during the fiscal year 2009-2010.

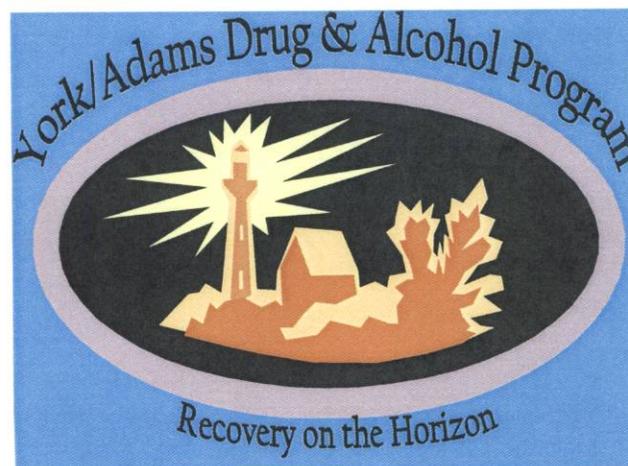
- Re-created the D&A website making it relevant to both clients and providers. This website is linked to the other County Human Service Division websites.
- Audrey & Lisa were invited to sit on TDS team by BDAP to help create the new TDS.
- Continued ICM and Case Management staffing of the State Re-entry Court Program, DUI Court, Mental Health Court, Drug Treatment Court, the Day Reporting Center, the Restrictive Intermediate Punishment Program.
- Semi-annual meetings with Adult Probation staff to identify collaborative strengths and barriers.
- Participation in CASSP
- Case managers continued to do on-site assessments at the York County Prison.
- Case management participation in DAICO
- Traveled to Harrisburg to advocate for D&A treatment and money during the budget impasse
- Contingent scholarships and HealthChoices reinvestment money utilized during budget impasse at the beginning of the fiscal year to ensure clients received appropriate treatment
- Operated without an administrator, assistant administrator or DRC case manager for the majority of the fiscal year.

## COMMITTEE INVOLVEMENTS

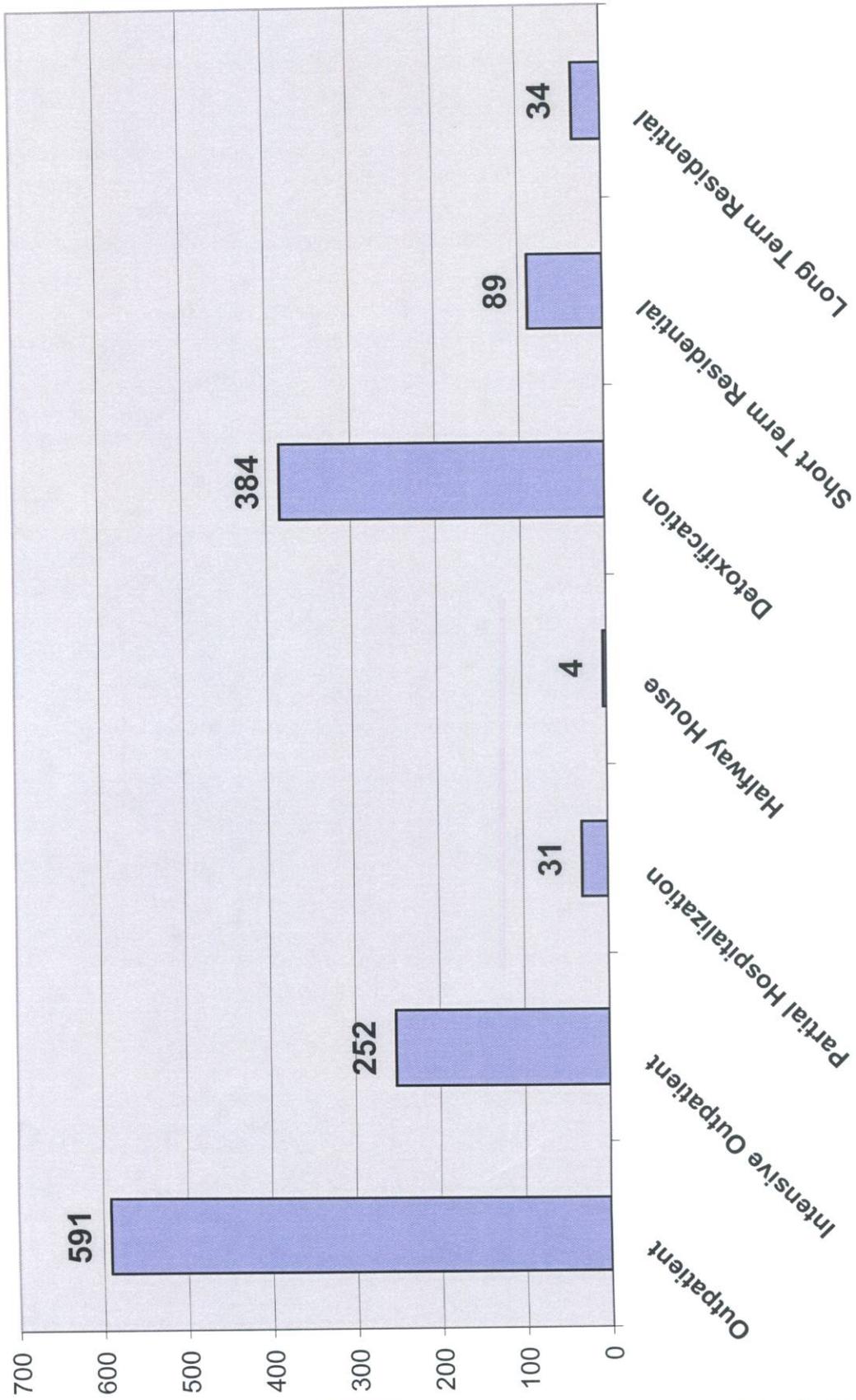
- South Central HIV/AIDS Consortium
- CJAB D&A sub-committee for Adams County
- Eastern Pennsylvania Case Management (EPAC)
- Drug and Alcohol Intensive Case Managers Organization (DAICO)
- County Mental Health Response Team (DCORT)
- Substance Abuse Working Group
- ACCESS – York Board Member
- York County Task Force on Domestic Violence
- Law Enforcement Sub-Committee of ACCESS Board
- Adams County Community Re-entry Coalition
- Collaborating for Youth – Outreach Committee Meeting
- Healthy Adams County Monthly Provider Meeting
- Collaborating for Youth County Board
- Hanover Task Force on Drug Abuse
- Integrated Children Service Plan in York and Adams Counties

## PRESENTATIONS

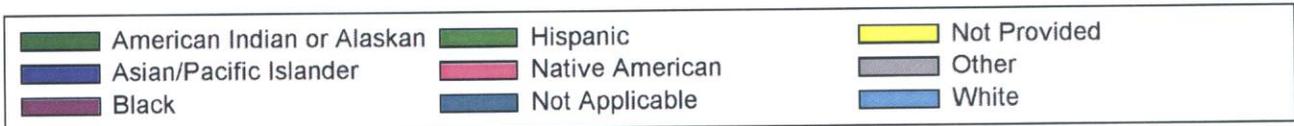
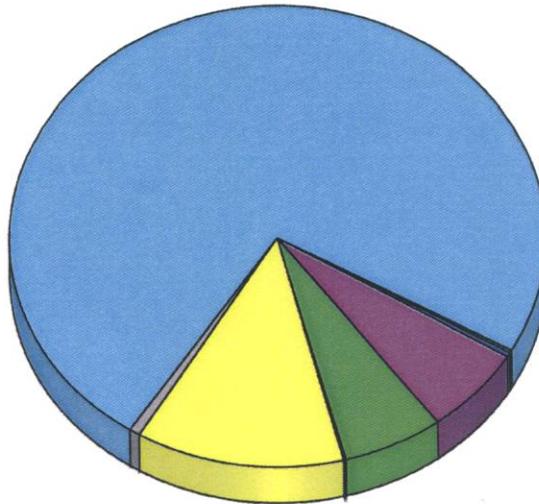
- Presentations to Probation and Parole Offices in both Counties
- Presentation on “Collaborative Case Management and the SCA” to York County Children and Youth
- Presentations to ACCESS domestic violence volunteer training class
- Presentation to Court Appointed Special Advocates (CASA)
- Presentation to Mental Health Case Managers



## Breakdown of Clients by Level of Care

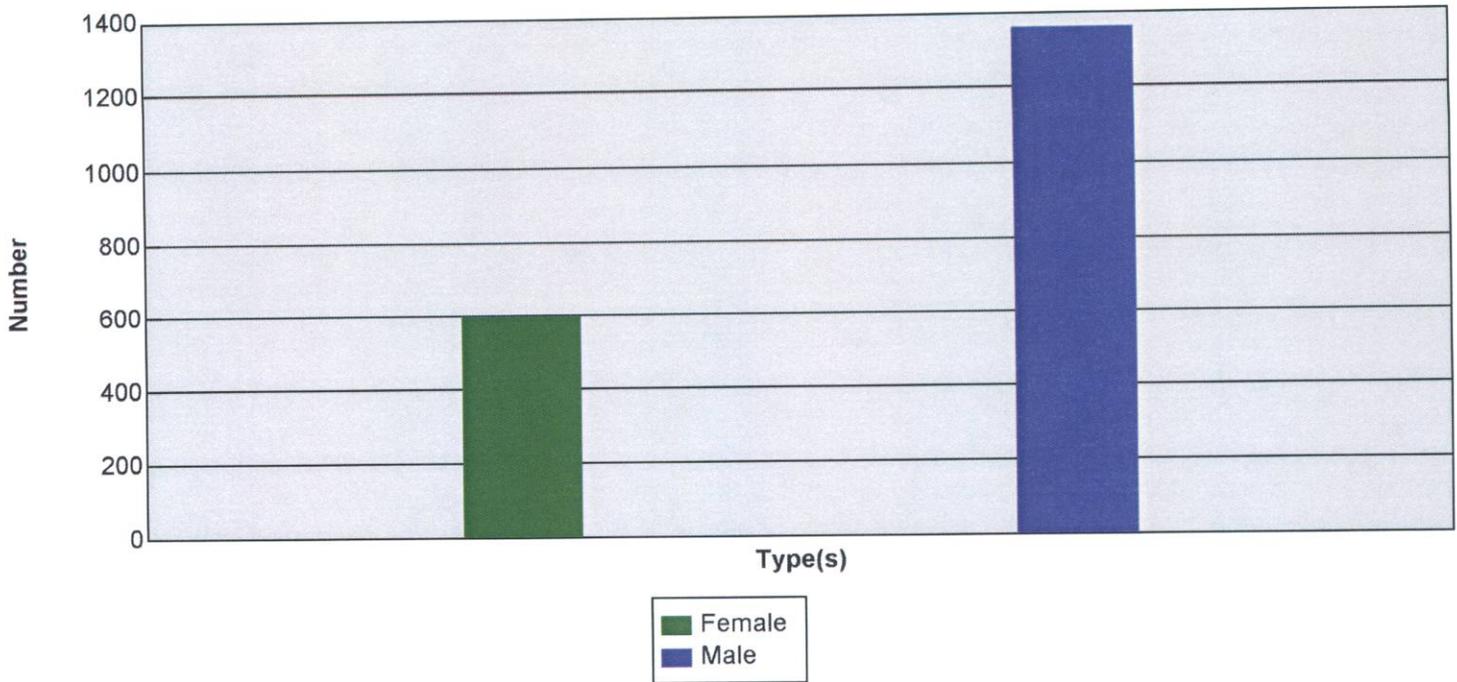


**York/Adams Drug & Alcohol Program**  
**Client Race Breakdown**  
 Clients with Admission Date Between 7/1/2009 thru 6/30/2010



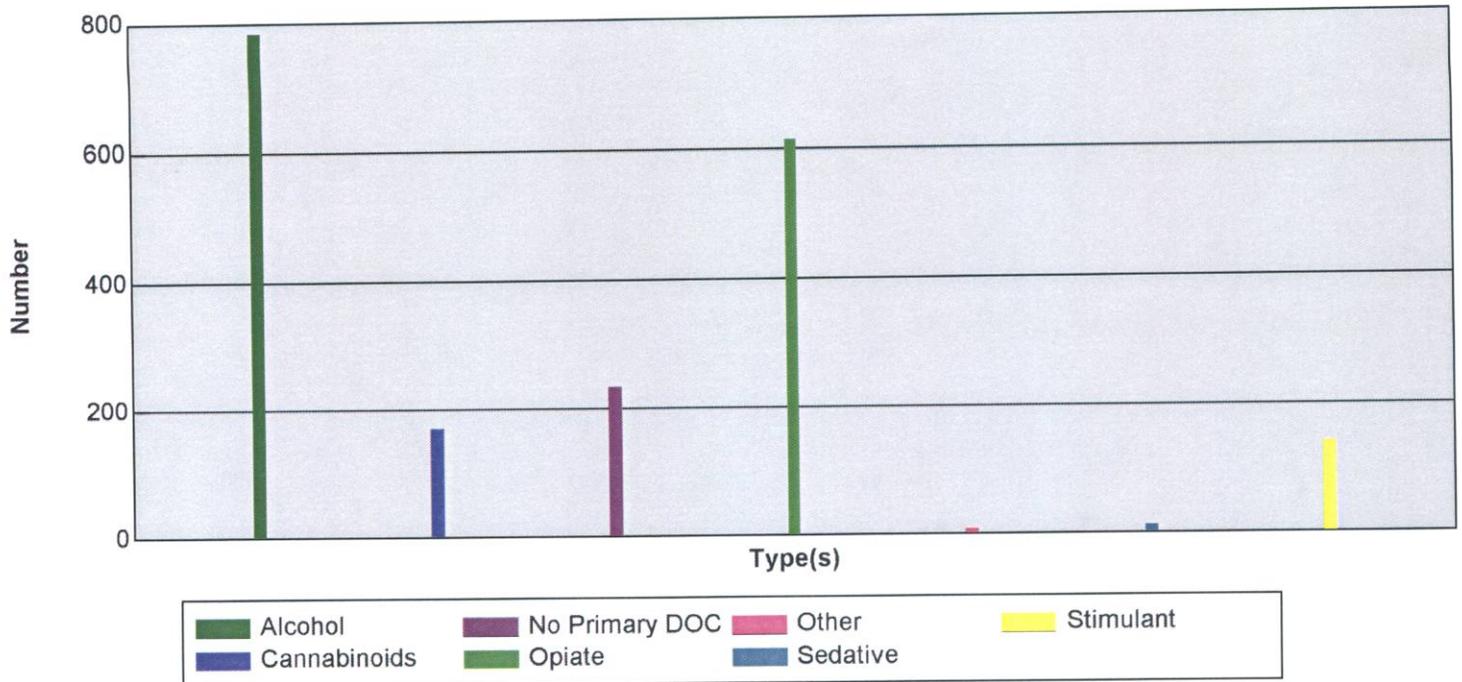
Client Race	# of Distinct Clients
American Indian or Alaskan	4
Asian/Pacific Islander	6
Black	121
Hispanic	119
Native American	2
Not Applicable	1
Not Provided	247
Other	13
White	1451
<b>York/Adams Drug &amp; Alcohol Program Totals:</b>	<b>1964</b>

**York/Adams Drug & Alcohol Program**  
**Client Gender Breakdown**  
 Clients with Admission Date Between 7/1/2009 thru 6/30/2010



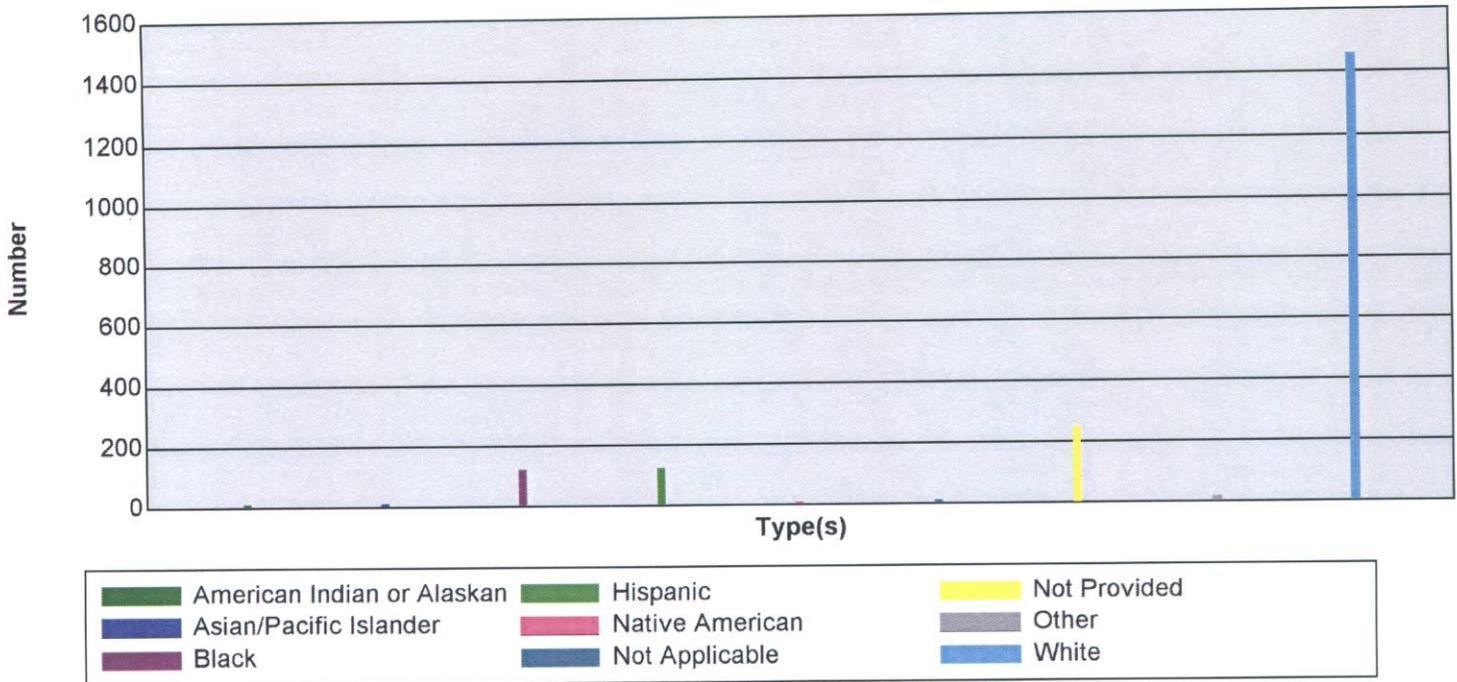
Client Gender	# of Distinct Clients
Female	600
Male	1364
<b>York/Adams Drug &amp; Alcohol Program Totals:</b>	<b>1964</b>

**York/Adams Drug & Alcohol Program**  
**Client Primary Drug Type of Choice Breakdown**  
 Clients with Admission Date Between 7/1/2009 thru 6/30/2010



Client's Primary Drug Type of Choice	# of Distinct Clients
Alcohol	784
Cannabinoids	170
No Primary DOC	234
Opiate	613
Other	9
Sedative	13
Stimulant	141
<b>York/Adams Drug &amp; Alcohol Program Totals:</b>	<b>1964</b>

**York/Adams Drug & Alcohol Program**  
**Client Race Breakdown**  
 Clients with Admission Date Between 7/1/2009 thru 6/30/2010

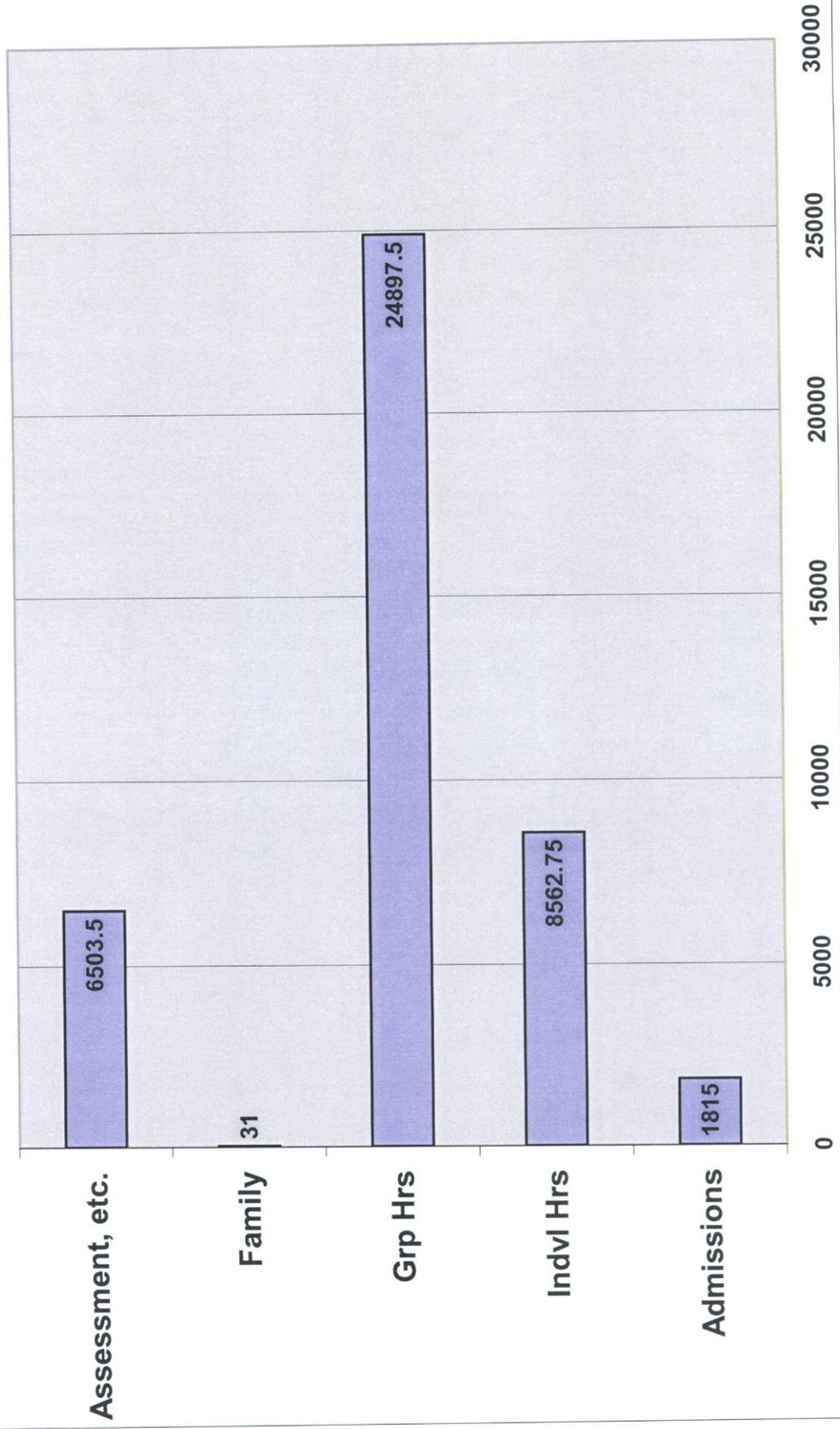


Client Race	# of Distinct Clients
American Indian or Alaskan	4
Asian/Pacific Islander	6
Black	121
Hispanic	119
Native American	2
Not Applicable	1
Not Provided	247
Other	13
White	1451
<b>York/Adams Drug &amp; Alcohol Program Totals:</b>	<b>1964</b>

York/Adams Drug & Alcohol Program  
**Client Referred By Breakdown**  
Clients with Admission Date Between 7/1/2009 thru 6/30/2010

<b>Client Referred By</b>	<b># of Distinct Clients</b>
All Other	58
County	304
Family/Friend	22
Hospital	47
Insurance/Managed Care	3
Legal	739
Not Provided	236
Other Treatment Provider	140
Outpatient Site	28
OVR	1
Phone Book	3
Previous Patient	7
Psychologist/Psychiatrist	4
SCA	138
Self Referral	205
Staff Member	23
Website	6
<b>York/Adams Drug &amp; Alcohol Program Totals:</b>	<b>1964</b>

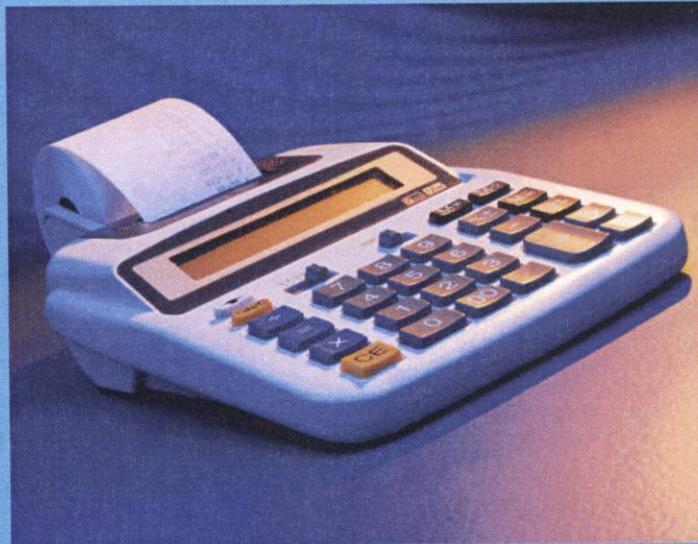
# Total Outpatient Hours



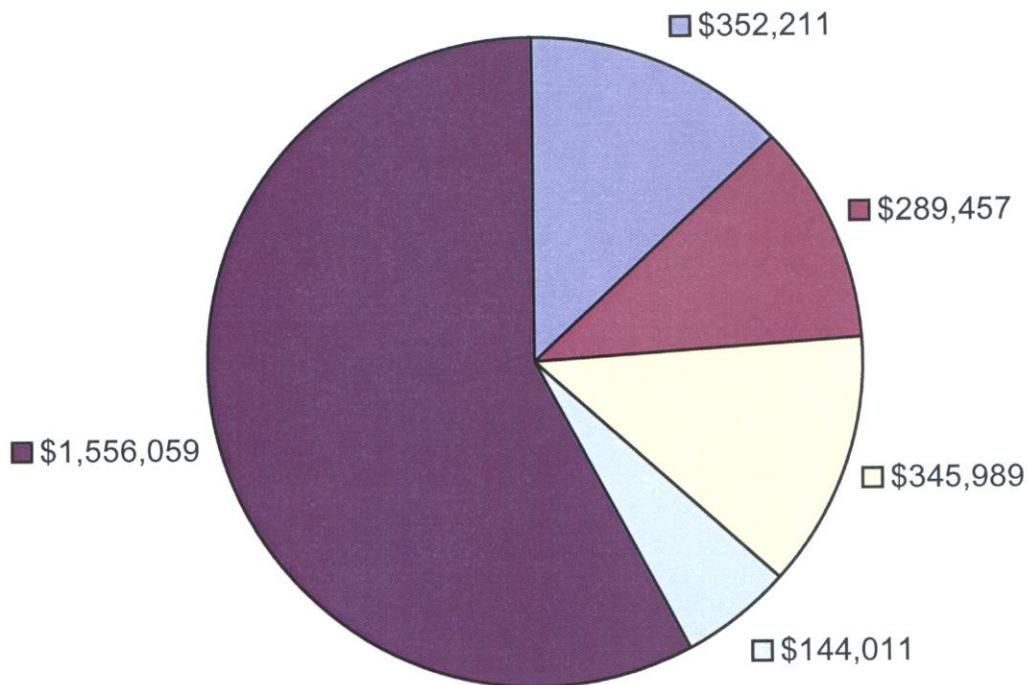
# Fiscal Section

The York/Adams Drug and Alcohol Program, also known by its State name of Single County Authority (SCA), is the County Government agency responsible for the development of drug and alcohol services in York/Adams County and the distribution of funding to support those services.

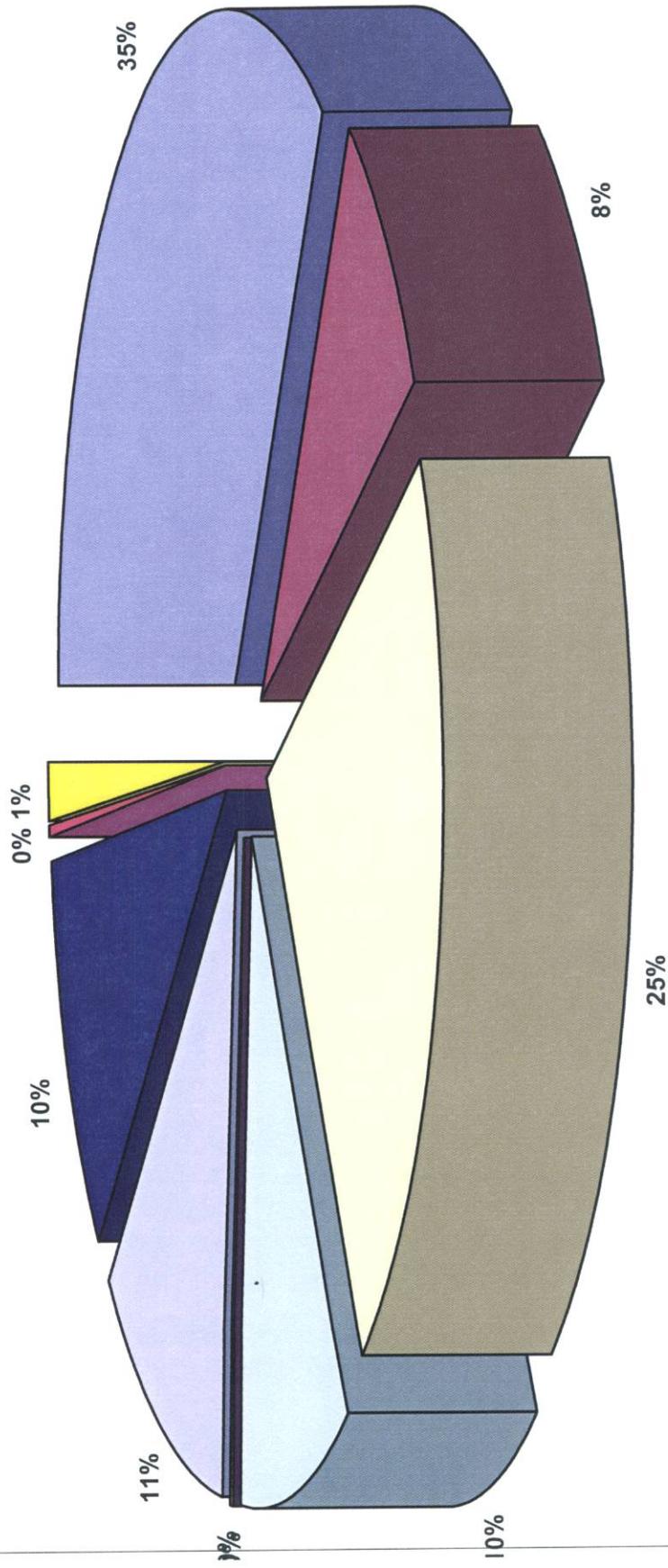
The SCA acquires State, Federal, and County funding for drug and alcohol treatment, intervention, and prevention services. The SCA receives this funding and distributes it to the York/Adams community of providers.



## INCURRED COST BY CATEGORY 2009/2010



# Total Program Income Revenue



- State Base
- Rental Income
- Training Income
- Probation Sal. For Cs. Mgmt.
- Prevention Block Grant
- Memorial Funds
- Act 152
- Treatment Block Grant
- Checking Account Interest
- BHSI
- Adams Co. Prison Grant

# Funds Utilized To Pay For Treatment

