



2011 York County and Surrounding Areas Resource Guide

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Disclaimer: Although all efforts have been made to assure the accuracy of this document the author is not responsible for nor can the information provided be guaranteed. It is the user's responsibility to research and confirm the resources and programs listed in this guide.

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ABUSE/NEGLECT

A B U S E / N E G L E C T	Organization	Contact Information	Services/Eligibility
	Access	634 S. George Street York, PA 17401 DV: 717-846-5400 800-262-8444 Sexual Abuse: 717-854-3131 800-422-3204. Legal Advocacy: 717-846-5400 Support Groups: 717-854-3131 Hanover: 717-637-2235 Web Site: http://www.ywcayork.org/	<u>24-Hour Confidential Hotline:</u> Physically violent or an emotionally abuse situation <hr/> <u>Emergency Safe Shelter:</u> Available any time of the day or night for victims of domestic violence and their children. <hr/> <u>Support Groups:</u> Available for victims of domestic violence. <hr/> <u>Transitional Housing in York and Hanover:</u> Survivors of abuse can live for one or two years in affordable housing as they work towards their goals. <hr/> <u>Hospital Response/Medical Advocacy:</u> Volunteers or staff meets with victims at the hospital any time of the day or night to offer support and services. Staff also collaborates with the health care community to ensure quality services to victims. <hr/> <u>Legal Advocacy:</u> Staff offer options for victims (and their significant others) of domestic violence, sexual violence, or other violent crimes. Staff will assist with securing a Protection from Abuse Order and will accompany victims to court. <hr/> <u>Individual and Group Counseling:</u> Counseling available to victims of all ages to assist in healing from violence.
	Children’s Aide Society: Lehman Center	400 West Market Street, York, PA 17401-3804 717- 845-5771 Fax: 717-852-7605	<u>Crisis nursery:</u> • Emergency care to prevent child abuse • Child-centered counseling, and family support programs.
	Lutheran Social Services of South Central Pennsylvania: Advance (Avoiding Domestic Violence, Affirming Non-Controlling Efforts)	750 Kelly Drive, York, PA 17404 717-852-9706 Fax: 717-854-7266 Email advance@lutheranscp.org	<u>Domestic Abuse Intervention program :</u> • Abusers (men and women) that seek to end their abuse by learning non-violent, non-controlling skills. • Opportunities, information and skills training. • Anger management training. • Fees paid by clients are based on a sliding scale.
Childline	Hillcrest Building #53	Report child abuse and neglect issues.	

A B U S E / N E G L E C T	Childline	2 nd Floor PO Box 2675 Harrisburg, PA 17105 800-932-0313	
	S.P.C.A. of York County	3159 N. Susquehanna Trail York, PA 17406 717-764-6109	Report animal abuse and neglect issues.
	York County Protection from Abuse Center	York County Judicial Center 45 North George Street 1 st Floor York, PA 17401 717-771-9662 http://www.york-county.org/departments/courts/PFA/s-9.htm Hours: Monday-Friday 8:30 AM-4:30 PM	The court may order the abuser to: <ul style="list-style-type: none"> ● Stop abusing you and/or your children. ● Stay away from where you, where you live, work and/or attend school. ● Refrain from harassing you and /or stalking you. ● Turn over any weapons to the sheriff. ● Pay you for financial losses resulting from the abuse. (These losses could include medical, dental, relocation, attorney fees, as well as loss of earnings).
	York County Children & Youth Services	100 W. Market Street York, PA 17401 717-846-8496 Fax: 717-771-9884	Report child abuse and neglect issues. Case management services and community referral assistance.
	York County Office of the Aging	100 W. Market Street, Suite 102 York, PA 17401 Protective Service Intake: 717-771-9610 800- 632-9073 Fax: 717-771-9044 E-mail: aging@york-county.org	Report elderly abuse and neglect issues. Case management services and community referral assistance.
YWCA	23 W. Chestnut Street PO Box 824 Hanover, PA 17331 717-637-2125 Fax: 717-637-9516 Hotline: 717-632-0007 <hr style="width: 20%; margin-left: 0;"/> 320 E. Market Street York, PA 17403 717-845-2631 Fax: 717-846-9181	<ul style="list-style-type: none"> ● 24 hour Confidential Hotline ● Temporary or Emergency Safe Shelter ● Legal Advocacy, including assistance with filing a Protection From Abuse Order ● Referral and Support ● Child Therapy ● W.E.A.V.E. (Women's Empowerment Against Violent Environments), an Adult Support Group with Free Child Care during group ● Community Education for all groups, includes Educational Speakers and/or age-appropriate Outreach Materials ● Accompaniment and/or Transportation to 	

	YWCA		appointments/hearings, including civil and criminal hearings <ul style="list-style-type: none"> • Options Counseling and Crisis Response • Servicios en español
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CASE MANAGEMENT/DEBT MANAGEMENT

C A S E M A N A G E M E N T / D E B T M A N A G E M E N T	AIDS Community Alliance of South Central Pennsylvania	717-334-8344 Hours: Monday-Friday 9 AM-5 PM	Provides care and supportive services and innovative prevention and education services to anyone affected by or who has contracted HIV.
	American Red Cross	529 Carlisle Street Hanover, PA 717-637-3768 Fax: 637-3294	V.A. representative assists veterans at the Family Center from 9:00 AM-12:00 PM the 1 st & 3 rd Friday of each month. <hr/> A representative from York County Assistance Office assists families & individuals to access service every Thursday from 8:30 AM-3:00 PM. <hr/> <u>Family Center:</u> Wed-Friday, 8:30 AM-4:30 PM
	The Arc of York County	497 Hill Street York, PA 17403 Phone: 717- 846-6589 Fax: 717-852-8842 General Email: mail@thearcofyorkcounty.org	<u>Advocacy Services:</u> <ul style="list-style-type: none"> • Advocate for disabled members of the community. • Educate the community about intellectual disabilities. • Work to improve the quality and accessibility of the full range of services and supports. • Provide information & support to parents so that they may better advocate for their children with intellectual disabilities educational needs.
	Children's Aide Society: Lehman Center	400 West Market Street, York, PA 17401-3804 717- 845-5771	Not-for-profit agency providing crisis nursery care, child-centered counseling, family support programs and case management.
	Community Progress Council, Inc.	Main Office 605 S. George St. Suite 100 York, PA 17401 717-845-7176 or 800-892-5441 Fax: 717-846-9892 http://www.yorkcpc.org/ Hours: Monday-Friday 8:30 AM-5 PM	<u>Case Management:</u> <ul style="list-style-type: none"> • Consumer Centered • Engaging • Assessing • Planning • Accessing Resources • Coordinating • Monitoring • Debt management/budgeting
	Consumer Credit Counseling Services	970-D S. George Street York, PA 1-888-511-2227	Debt management

C A S E M A N A G E M E N T / D E B T M A N A G E M E N T	Consumer Credit Counseling Services	Hours: Mon-Thurs 8:00 AM-8:00 PM Friday 8:00-5:00 PM Sat 8:00 AM-2:00 PM	
	Family First Health - Social Services	116 South George Street, 3rd Floor York, PA 17401 717- 846-6776 Hours: Monday-Friday 8:00 AM-5:00 PM	<u>Caring Together:</u> <ul style="list-style-type: none"> • Social services for people who are HIV positive. • Services are provided regardless of the client's ability to pay. • Case managers screen clients for eligibility for a variety of assistance programs. • Single point of contact. • Call Nurse Care Managers at 846-4774. Nurses will assess the client's needs, schedule a medical appointment and contact other team members who will provide other services as needed.
	Jewish Family Services of York	2000 Holly wood Dr. York, PA 717-843-0918	<u>Case management & activities:</u> Services provided to Jewish individual or couples or inter-faith couple
	Lutheran Social Services of South Central Pennsylvania	Christ Lutheran Church 44 Chambersburg Street Gettysburg, PA 17325 717-334-5212 (Adams County) <hr/> St. Paul's Lutheran Church 127 York Street Hanover, PA 17331 717-633-6870 (Hanover, PA) <hr/> Christ Lutheran Church 29 South George Street York, PA 17401 717-848-1012 (York) <hr/> Christ Lutheran Church 101 South Main Street Shrewsbury, PA 17361 717-235-7459 (Southern York County)	<u>Case Management:</u> <ul style="list-style-type: none"> • Supportive Listening • Creative Problem Solving • Referrals to community services and resources • Assistance: advocacy, financial planning, listening, direct assistance and encouragement, prayer and support. • No Fees
	New Hope Ministries	6 N. Second Street Dillsburg, PA 717-432-3053 <hr/> 1836 Industrial Court Dover, PA 717-292-3441	<u>Debt management:</u> <ul style="list-style-type: none"> • Budgeting Skills

C A S E M A N A G E M E N T / D E B T M A N A G E M E N T	New Hope Ministries	Hours: Mon-Fri 9:00 AM-4:00 PM	
	Penn-Mar Organization: Southern Community Services	Southern Community Services 44 S. Main Street Shrewsbury, PA 17361 717- 227-0048. <hr/> Penn-Mar North 10671 Susquehanna Trail Glen Rock, PA 17327 717- 235-8068 Fax 717-235-9878	<u>Case Management:</u> <ul style="list-style-type: none"> • Provides direct social and welfare services to those in need. All services require an appointment. • PCAP for Met-Ed & Columbia Gas. • LIHEAP cash (November through March) • <u>1\$Energy</u> • Assistance: Rent, energy (financial & energy assistance has income eligibility requirements), car fuel • Child Care • Medical • Food • Baby Supplies • Case Management • Goal setting • Short term counseling • Workshops • Back to School Supplies: sign up begins in July
	Red Land Community Action Program	308 Market Street Lewisberry, PA 717-938-4621 Hours: Mon-Thurs 8:30 AM-5:00 PM Fri 8:30 AM-12:00 PM	<u>Debt management:</u>
	Service Access Management (SAM)	1305B East Market Street, York PA 717-848-8744 Hours: Monday-Friday 8:00 AM-4:30 PM	<u>Case management:</u> <ul style="list-style-type: none"> • Children with mental health issues. • Must have a diagnosis from a medical doctor, psychologist or a psychiatrist.
	Spanish American Center	225 East Princess Street York, PA 17403 717- 846-9434 Hours: Monday-Thursday 8 AM-5 PM Friday 8 AM-3 PM	<u>Case management:</u> <ul style="list-style-type: none"> • Hispanic Community of York.
	York Adams County Mental Health & Mental Retardation (MHMR)	100 W. Market Street York, PA 17401 717-771-9618 Hours: Monday-Friday 8 AM-4:30 PM	<u>Case management:</u> <ul style="list-style-type: none"> • Adults & children with mental health issues. • Must have a diagnosis from a medical doctor, psychologist or a psychiatrist.
York County	P.O. Box 1865	<u>Case management services:</u> York County residents	

C A S E M A N A G E M E N T / D E B T M A N A G E M E N T	Council of Churches: Ordinary People Extraordinary Need (OPEN)	York, PA 17405 717-854-9504 Fax: 717-843-5295 Hours: (Call for appt) Monday-Thursday 8:00 AM- 4:30 PM Friday 8:00 AM-1:30 PM	affected or infected with HIV/AIDS. No fees for services. <ul style="list-style-type: none"> • Pastoral Care-Spiritual group therapy Support Groups • Infected and affected Transportation Warehouse-supplies assistance with household items
	York County Office of the Aging	100 West Market Street, Suite 102 York, PA 17401 717- 771-9610 800- 632-9073 Spanish 717-771-9572. Protective Service Intake: 717-771-9610 Fax: 717- 771-9044 E-mail: aging@york-county.org	Case management services and community referral assistance for people 60 and older: <ul style="list-style-type: none"> • In-home services • Home delivered meals • Caregiver support • Adult Day Care Information • Ombudsman • Transportation • Legal Services • Intergenerational programs: Rent A Kid-low cost help with chores. • Recreation & leisure activities • Long term care information • Report elderly abuse and neglect issues.
	York County Veterans Affairs Office (VA)	100 W. Market Street Suite 101 York, PA 17401 717-771-9218 800-441-2025 ext. 9218 Fax: 717-771-4617 American Red Cross 529 Carlisle Street Hanover, PA 17331 717-637-3769 Hours: Representative is available 1 st & 3 rd Friday of each month. York VA Outpatient Clinic 2251 Eastern Blvd. York, PA 17402 717-840-2730 Hours: Representative is available 3 rd Thursday of each month.	<u>Case management:</u> <ul style="list-style-type: none"> • Veterans Advocate • VA Medical Benefits • State and Federal Benefits • Compensation Claims • Service connected and Non-Service connected Compensation Claims • Emergency Assistance Benefit • Death Indemnity Pension • Transportation Services to Lebanon VA • Assisted Care Aid and Attendance • Dependent Education Application Services • Organize and Conduct Ceremonies • Facilitate matching Veterans with other County Services

C A S E M A N A G E M E N T /		Red Lion Area Senior Center 20 Gotham Drive #A Red Lion, PA 17356 717-244-7229 717-6934 717-244-5505 Hours: Representative is available 3 rd Wednesday of each month.	
	York's Helping Hand for the Homeless	412 W. King Street York, PA 17401 717-846-9275	Services for the homeless, primarily York City but will assist anyone in York County. <u>Case Management and Emergency Shelter:</u> <ul style="list-style-type: none"> • Counseling • Shelter referrals/motel.

CHILD CARE/ELDERLY SUPERVISION SERVICES

C H I L D C A R E /	Name of Organization	Contact Information	Services/Eligibility
E L D E R L Y	The Arc of York County	497 Hill Street York, PA 17403 Phone: 717- 846-6589 Fax: 717-852-8842 General Email: mail@thearcofyorkcounty.org	Families that require after-school care for their teenaged children with intellectual disabilities benefit from having a safe, fun place for their kids to enjoy fellowship each afternoon.
	Child Care Consultants, Inc. of York County	13 West Market Street York, PA 17401 717- 854-2273 or 800- 864-4925 Fax: 717- 843-4158 Email: info@childcareconsultants.org Hours: Mon-Fri 8:30 AM-5:00 PM	<u>Non-profit child care resource and referrals:</u> <ul style="list-style-type: none"> • Assist in finding and evaluating child care options • Financial assistance for child care. • Caregivers must financially qualify and work at least 25 hours a week to qualify.
	Children's Aide Society: Lehman Center	400 West Market Street, York, PA 17401-3804 717- 845-5771	<u>Nursery:</u> <ul style="list-style-type: none"> • Children birth-6 years of age.

C H I L D C A R E / E L D E R L Y	Children's Aide Society: Lehman Center	800-635-6619	<ul style="list-style-type: none"> • 0-72 hours of respite child care. Please call to schedule. • Crisis/Emergency nursery • Support groups • Case management
	Crispus Attucks Early Learning Center	605 S. Duke Street York PA 717-848-3610 Fax: 717-843-3914 Hours: Monday-Friday 6:30 AM-5:30 PM	<u>Child Care:</u> <ul style="list-style-type: none"> • Children from 3 mos-12 yoa. • Will work with Child Care Consultants or private pay.
	Easter Seals Central Pennsylvania	2550 Kingston Road, Suite 219 York, PA 17402 Phone: 717-741-3891 Fax: 717-741-5359	<u>Child Development Center/Preschool:</u> <ul style="list-style-type: none"> • Children ages 6 months to 5 years of all abilities.
	YMCA	<p>Dover Branch: 1705 Palomino Road Dover, PA 717-292-5622</p> <p>Hours: Monday-Friday 6:30 AM-6 PM</p> <hr/> <p>Eastern Branch: 4075 E. Market St Suite 2 York, PA 17406 717- 755-7144</p> <hr/> <p>Southern Branch: 100 Constitution Ave PO Box 263 Shrewsbury, PA 17361 717-235-0446 Fax: 717-227-9005</p> <hr/> <p>York Branch: 90 N. Newberry Street</p>	<p><u>Child Care:</u></p> <ul style="list-style-type: none"> • All day care for 2 -5 yoa. • Before & after school care (Kid's Club) for K-5th grades. • Kid's Club available at Dover Elem, Leib, Weigelstown, North Salem, Roundtown and Hayshire Elementary Schools. <hr/> <p><u>Child Care:</u></p> <ul style="list-style-type: none"> • Before- and after-school care to school-aged children. • Child care hours begin on September 3rd from school dismissal through 6:00pm, Monday through Friday. <hr/> <p><u>Child Care:</u></p> <ul style="list-style-type: none"> • K-13 yoa, before & after school care during school. Full time care when school is not in session • Summer camp opportunities. • Kid's Club is available at the following schools: Southern (Friendship, Southern and Shrewsbury Elementary Schools), South Eastern (Fawn Grove and Stewartstown Elementary Schools), Dallastown (Loganville Springfield Elementary School). • Kindergarten Care is also available the Southern Branch location. <hr/> <p><u>Child Care:</u></p> <ul style="list-style-type: none"> • 6 weeks-12 yoa,

C H I L D C A R E / E L D E R L Y S U P E R V I S I O N	<p>YMCA</p> <p>York, PA 717-854-7884 Hours: Monday-Friday 6 AM- PM</p> <hr/> <p>Hanover Branch: 500 George Street Hanover, PA 17331 717-632-8211</p> <p>Hours: Monday-Friday 6:15 AM-6 PM</p>	<ul style="list-style-type: none"> • Full time care, before and after school care. <hr/> <p><u>Child Care:</u></p> <ul style="list-style-type: none"> • Full daycare for 13 months—5 yoa, • Before & after school care onsite in local schools.
	<p>YWCA</p> <p>YWCA & Early Learning 23 W. Chestnut Street PO Box 824 Hanover, PA 17331 717-637-2125 Fax:717-637-9516 Hotline: 717-632-0007</p> <hr/> <p>YWCA & Early Learning 320 E. Market Street York, PA 17403 717-845-2631 Fax: 717-846-9181</p> <p>Hours: Mon-Friday 6:30AM-5:30 PM</p> <hr/> <p>Early Learning Center 4304 N. George St. Ext. Manchester, PA 717-266-1073</p> <p>Hours: Mon-Friday 6:30AM-6:00 PM</p> <hr/> <p>Early Learning Center 2179 S. Queen Street York, PA 717-747-9254</p> <p>Hours: Mon-Friday 6:30AM-5:30 PM</p>	<p><u>Child Care:</u></p> <ul style="list-style-type: none"> • 6 weeks old to 5 years. • Scholarships approved based on financial need and available funds. <hr/> <p><u>Pre-K Counts Classrooms:</u></p> <ul style="list-style-type: none"> • York location • Ages 3-5 • Part-time and full-time classes available • Meals and snacks provided <hr/> <p><u>School-Age Child Care:</u></p> <ul style="list-style-type: none"> • S. Queen St location serves Dallastown Schools (Dallastown Elementary, Dallastown Intermediate, York Township Elementary, and Leader Heights Elementary). • Manchester location serves Northeastern Schools (Conewago Elementary (on-site for K-3rd grade), Orendorf Elementary, Shallow Brook Elementary, and Spring Forge Elementary). • York location serves (Davis Elementary, Devers Elementary, Goode Elementary, Jackson Elementary, and McKinley Elementary). • Breakfast & snacks provided. • Fees: Registration is \$50; Before & After-School program is \$100/week. <hr/> <p><u>Quantum Opportunities Program:</u></p> <ul style="list-style-type: none"> • York location. • After-school program for male and female students in grades 9 – 12. • Development in three areas: Education, Community Service, and Life-Skill • Students earn money for continuing education while participating in programs.

C H I L D C A R E / E L D E R L Y S U P E R V I S I O N	YWCA		<ul style="list-style-type: none"> ● Tutoring, homework help, and software programs to improve skills and computer labs for school projects. <hr/> <p><u>Temple Guard Drill Team:</u></p> <ul style="list-style-type: none"> ● York location. ● Mentoring program based on discipline and focus. ● Youths in grades K-12 ● Military-style boot-camp marching and dance. ● Drill team members perform twice a month across the mid-state. <hr/> <p><u>Camp Cann-Edi:</u></p> <ul style="list-style-type: none"> ● Over night camp. ● Summer camp near Conewago Creek for children ages 7-14. <hr/> <p><u>Explorer Camp:</u></p> <ul style="list-style-type: none"> ● Day camp for children ages 5, 6 & 7 years old. ● York & Manchester locations.
	York County Office of the Aging	<p>Call for a list of Adult Day Care Centers: 100 West Market Street Suite 102 York, PA 17401 717- 771-9610 800- 632-9073 Spanish 717-771-9572. Protective Service Intake: 717-771-9610 Fax: (717) 771-9044</p> <p>E-mail: aging@york-county.org</p>	<p><u>Adult Care:</u></p> <ul style="list-style-type: none"> ● Complete assessment of the individual’s medical, physical, and emotional needs to authorize service. ● 60 years of age or older who require more support than can be provided at a Senior Community Center. ● Respite for caregivers enabling them to work outside of the home or just take a break. ● Unable to care for their own personal needs or require 24 hour supervision due to a mental or physical disabilities ● Ambulatory or able to use a wheelchair or walker for mobility with assistance. ● Basic personal care, reality orientation, and self-help training. ● Supervised socialization, recreation, meals & transportation. ● Uncontrolled behavior problems cannot be managed in Adult Day Care. ● Be able to withstand transportation for at least one half-hour or have caregivers be able to transport the participant one or both ways within the hours of operation. ● Sliding scale fee based on income for York County residents.

COMMUNITY CENTERS

C O M M U N I T Y C E N T E R S	Name of Organization	Contact Information	Services/Eligibility
	Community Progress Council-Hanover	219 York St. Hanover, PA 17331 717-632-9191	<u>Emergency Services:</u> <ul style="list-style-type: none"> • Food, clothing, heat & other basic needs. • Urban and rural residents who are low- to moderate-income.
	Community Progress Council-Red Lion	213 Lancaster St. Red Lion, PA 17356 717-417-3354	<u>Emergency Services:</u> <ul style="list-style-type: none"> • Food, clothing, heat & other basic needs. • Urban and rural residents who are low- to moderate-income.
	Community Progress Council-York	226 E. College Ave. York, PA 17404 717-846-4600 http://www.yorkcpc.org/ Hours: Monday-Friday 8:30 AM-5 PM	<u>Emergency Services:</u> <ul style="list-style-type: none"> • Food, clothing, heat & other basic needs • Urban and rural residents who are low- to moderate-income.
	Lighthouse Youth Center Ministry	55 West Philadelphia Street York, PA 17403 Phone: 717- 843-5799 Fax: 717- 852-9508	<u>After School Club:</u> <ul style="list-style-type: none"> • Children, grades 1-5 • School days (5 days a week) from 3:00-5:00 PM. • Safe environment to do their homework • Tutoring 4 days a week. • Recreational activities • Pick-ups from designated York City elementary schools and transportation home to designated stops • \$10.00 registration fee and some activities will require a minimal cost. <hr/> <p><u>Teen Evening Program:</u> The teen program runs Monday-Friday from 6:00-9:00p.m. and offers young people, grades 6-12, a haven to have fun, Bible studies, tutoring, Girls cooking classes, Boys/Girls basketball teams and much more. No cost to register, however, some activities will require a minimal cost. Transportation home provided to designated stops.</p> <hr/> <p><u>Lighthouse Youth Center Camps:</u></p> <ul style="list-style-type: none"> • Summer Day Camp: Every day from 9:00 a.m. to 3:00 p.m., for six weeks, approximately 200 kids meet at the Lighthouse Youth Center to take day trips to parks, museums, swimming areas and much more. <p>There is a one-time registration fee of \$5.00 and an admission fee of \$10.00 per week per child.</p>

C O M M U N I T Y C E N T E R S	Lighthouse Youth Center Ministry		<p>Transportation is provided from/to designated stops throughout the city.</p> <ul style="list-style-type: none"> • Residential Day Camp: Up to 60 children per week (for two weeks) are enrolled during the summer at Camp Andrews. Here, they are able to be "kids" by participating in activities such as swimming, boating, archery and Bible studies. Many lives are changed at Camp Andrews. There is a \$7.50 registration fee per child.
	Mason-Dixon Community Services	5 Pendyrus St. Delta, PA 17314 717-456-5559	Serve urban and rural residents who are low- to moderate-income. Emergency services are provided including food, clothing, heat and other basic needs.
	Red Land Community Action Program	308 Main St. Lewisberry, PA 17339 717-938-4621	Serve urban and rural residents who are low- to moderate-income. Emergency services are provided including food, clothing, heat and other basic needs.
	Salvation Army	50 E. King Street York, PA 17401 717-848-2364 <hr/> 257 E. South Street York, PA 17403 717-846-0167 <hr/> 1080 Haines Rd York, PA 17402 717-840-1300	<ul style="list-style-type: none"> • Adult Community Recreation & Education Programs • Emergency Assistance: financial, food, utilities & heating • Older Adult Services - Visitation Services • Worship Center: Music & arts, women, men's and children services. • Youth Services - Boys' & Girls' Club, Latchkey Programs

COUNSELING/MENTAL HEALTH SERVICES

C O U N S E L I N G / M E N T A L	Name of Organization	Contact Information	Services/Eligibility
	Adams Hanover Counseling Services	33 Frederick Street Hanover, PA 17331 717-632-4900 Fax: 717-637-2611	<p><u>Progressions Partial Hospitalization Program:</u> A mental health program designed to assist adults (18 yoa or older) that have a primary diagnosis of a major mental disorder and who need more intensive treatment than can be provided through individual outpatient counseling or are transitioning back into the community from an inpatient psychiatric hospital or are at risk for admissions to a psychiatric inpatient facility. Services are available 5 days a week for up to 6 hours a day between the hours of 8:30 AM to 3:30 PM. Participants must not be an imminent risk to self or others, must be willing to comply with the program's policies and structure.</p> <ul style="list-style-type: none"> • Group therapy • Creative Art therapy • Drug & alcohol relapse & prevention • Health/mental health education

<p style="text-align: center;">C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S</p>	<p>Adams Hanover Counseling Services</p>	<hr/> <p>All appointments are scheduled through the Intake Dept. 717-646-2956</p> <p><u>Office locations:</u> 625 W. Elm Avenue, Hanover, PA 17331, 717-632-4900</p> <p>44 S. Franklin Street Gettysburg, PA 17325 717- 334-9111</p> <p>73 E. Forrest Avenue Suite 312, Box 12 Shrewsbury, PA 17361 717-235-0199</p> <p>5 Pendyrus Street Delta, PA 17314 717-456-5578</p> <p>1195 Roosevelt Avenue York, PA 17404 717-843-0800</p> <p>5351C Jaycee Avenue Suite 1 Harrisburg, PA 17112 717- 657-2080</p> <hr/> <p>717-637-7633 717- 334-0468 1-866-325-0339 Hot Line: 800-273-8255</p>	<ul style="list-style-type: none"> • Personal medicine • Symptom management/reduction • Family/collateral meetings • Dialectical Behavior Therapy skill groups • Medication management <p>Insurances accepted: Geisinger Health Plan, PA Employee Benefits Trust Fund, Quest Behavioral Health, United Behavioral Health, Amerihealth Mercy HMO, Gateway Health Plan, Unison Med PLUS Plan, & York MH/MR County Liabilities.</p> <hr/> <p><u>Outpatient Services:</u> Out patient psychotherapy, psychological testing and evaluation, psychiatric evaluation, and medication therapy to assist in the identification of problem areas, developing self-awareness and then using this knowledge to resolve problems, and to improve general life skills. Services are available to any age group and can help individual, groups, families and couples.</p> <ul style="list-style-type: none"> •Marital and family difficulties •Childhood disorders •School and employment adjustments •Drug or alcohol abuse •Low self-esteem •Feelings of guilt, unhappiness, or depression •Thoughts of suicide •Feeling nervous, uptight, or anxious •Continual worry or fear •Feelings of frustration, anger, and aggression •Disturbing personal behavior or thoughts •Child abuse •Mental illnesses like depression, anxiety and schizophrenia <p>Workshop Topics:</p> <ul style="list-style-type: none"> •Stress Management •Substance Abuse •Support Groups •Parenting <hr/> <p><u>Crisis Intervention:</u> 24 hours per day, 7 days a week emergency program providing immediate mental health and substance abuse services to any individual who is experiencing a “crisis” situation. “Crisis” is the urgent perception that the difficulty has reached such intolerable proportions that it</p>
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<p style="text-align: center;">C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S</p>	<p>Adams Hanover Counseling Services</p>	<hr/> <p>625 W. Elm Avenue, Hanover, PA 17331 717- 632-4900</p> <p>44 S. Franklin Street, Gettysburg, PA 17325, 717- 334-9111</p> <p>73 E. Forrest Avenue, Suite 312, Box 12, Shrewsbury, PA 17361 717-235-0199</p> <p>5 Pendyrus Street Delta, PA 17314 717- 456-5578</p> <p>1195 Roosevelt Avenue, York, PA 17404 717)-843-0800</p> <hr/> <p>33 Frederick Street Hanover, PA 17331 717-632-4900 Fax: 717-637-2611</p>	<p>exceeds the resources and coping abilities of the individual. The crisis has the potential to overwhelm one to the extent that it may result in serious pathology, including suicide and homicide. Often, because of the nature and intensity of the pain, the person is compelled to seek help.</p> <p>Assistance is delivered effectively through: •Brief Emergency Counseling and Assessment •Intervention, Information, Referral and Problem-Solving •Arrangement for psychiatric hospitalization or chemical detoxification as needed •Consultation and community education •Outreach to schools, hospitals, prison, police departments, etc.</p> <hr/> <p><u>Drug & Alcohol Treatment:</u> Program is designed to help individuals recognize that drug and/or alcohol dependency is a disease which affects their total functioning as well as their family and social systems. The overall goal is to help individuals accept, regain, and maintain personal control and responsibility for their own actions and choices. Individuals are given the chance to address problems without leaving their homes, jobs, families, and communities. Treatment focuses on identifying problems and increasing self-awareness while developing coping mechanisms to resolve difficulties and produce more effective lifestyles.</p> <hr/> <p><u>Assisted Living Program:</u> Four (3) bedroom homes located in York, Hanover, and Littlestown. Referrals are received from our CHIPP Program as well as various community resources. Upon entry to the program, individuals' medical and psychiatric needs will be assessed, addressed, and monitored, as well as on a continual basis.</p> <hr/> <p><u>Breaking Barriers Center (BBC):</u> A non-structured, social drop-in center where individuals can come together for peer support, social and recreational</p>
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<p>C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S</p>	<p>Adams Hanover Counseling Services</p>		<p>activities.</p> <hr/> <p><u>Community Hospital Integration Project Program (CHIPP):</u> Provides stable, community-based housing to adult individuals formerly living in a state hospital setting. The individual receives support and supervision while living in their own apartment. The program is located in three individual clusters in Hanover, York, and McSherrystown.</p> <hr/> <p><u>Community Residential Rehabilitation Program:</u> To assist adults with persistent mental illness to live in a safe, home-like environment in order to promote independence based on an individual’s own potential. This program provides a structured “group home” setting, while providing training in symptom management, interpersonal skills, and daily living skills. The program is a three-step, transitional program with two individual sites (New Dawn and Sunrise), with the Supported Housing Program being the final stage of “transition”.</p> <hr/> <p><u>Employee Assistance Program (EAP):</u> Enables local employers to provide access to cost-effective mental health and drug and alcohol services for their employees. EAP services are available in several convenient locations and include 24-hour Crisis Intervention Services.</p> <hr/> <p><u>Family-Based Mental Health Services:</u> Intensive in-home therapy and support service for families who have emotionally and behaviorally disturbed children. This service provides short-term, intensive, community based counseling to families with children or adolescents who are at risk of removal from the home due to severe emotional or behavioral problems or to assist families in transitioning children/adolescents back into the home after inpatient mental health placement.</p> <hr/> <p><u>Forensic Program:</u> On-site Stress/Anger Management groups, individual sessions for group members and on-going Women's Mental Health Group, focusing on the men and women incarcerated at Adams County Adult Correctional Facility in the Work Release Program. The program consists of outpatient individual therapy, psychiatric services and transitional counseling (counseling with family members) for those approaching release. It is</p>
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<p style="text-align: center;">C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S</p>	<p>Adams Hanover Counseling Services</p>		<p>anticipated that MISA groups and services for children of incarcerated parents will become available in the upcoming year.</p> <hr/> <p><u>Health Psychology Services for Mind-Body Health:</u> To help modify attitudes, emotions and behaviors that affect health. The program offers short-term individualized services to understand and remove barriers in order to make lasting lifestyle changes that affect physical health. Chronic Pain Evaluations and Management Sleep Behaviors Stress Reduction and Management Chronic Illness Management and Support Weight Management Bariatric Surgery Evaluations and Follow-up Smoking Cessation</p> <hr/> <p><u>Peer Support Services:</u> A Certified Peer Specialist (CPS) person provides peer support to others who are diagnosed with chronic mental health issues. A CPS is an individual diagnosed with a chronic mental illness, who has learned to manage or recover from that illness, and is trained to help others in the recovery process. The CPS works one-on-one to help individuals identify their goals and then supports and encourages progress in achieving them. The CPS may offer education on recovery, skills training, vocational support, help with developing a support system, and individual advocacy, depending on the consumer's desire and need.</p> <hr/> <p><u>School-Based Clinical Intervention Program:</u> An expansion of the Student Assistance Program. This program seeks to provide mental health and chemical abuse treatment services by utilizing a cross-trained professional, stationed on a full-time basis in the school.</p> <p><u>Mental Health Services:</u></p> <ul style="list-style-type: none"> •Individual Counseling •Family Counseling •Specialized Group Counseling •Crisis Intervention Services and Referrals •Multi-system Coordination and Referrals •Post-vention Services <p><u>Drug and Alcohol Treatment Services:</u></p> <ul style="list-style-type: none"> •Assessment •Individual Counseling
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C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S	Adams Hanover Counseling Services		<ul style="list-style-type: none"> •Family Counseling •Group Counseling •Evaluation and Referral <hr/> <p><u>Social Rehabilitation Center:</u> Provides day programming in a structured setting. There are educational, daily living skills, recreational, and social classes that take place on a daily basis. These classes are designed to incorporate life skills, vocational goals, and educational opportunities to enable consumers to live and contribute to their community of choice. Consumers may choose an individual service plan of treatment that fits their specific interests and needs.</p> <hr/> <p><u>Student Assistance Program (SAP):</u> Program to serve students who are having difficulty in school due to alcohol/drug use, depression or other mental health problems.</p> <hr/> <p><u>Wraparound Services:</u> Mental health treatment to emotionally challenged children/adolescents in the home, school, and community. The term “wraparound” employs a community-based treatment by actively utilizing the resources that “wraparound” the child (i.e., family, teacher, extended family, peers) :</p> <ul style="list-style-type: none"> •Crisis Services •Skill Development (behavior management, parenting, problem-solving) •Individual and Family Therapy •Support Services •Summer Camp Program •Coordination/Collaboration with other service systems •Referrals to other community services
	Advance	750 Kelly Drive York, PA 17404 717-852-9706	<u>Group Counseling:</u> Sessions for men & women committed to ending violence in relationships and learning to relate in a non-abusive & non-controlling way. Application of reduced fees is available.
	Bell Socialization Services	160 South George Street York, PA 17401-1408 Phone: 717 848.5767 Fax: 717 854.2433	<p><u>Skill Building:</u> Vocational training, basic living skills and creative expression to achieve the elements of success.</p> <hr/> <p><u>New Beginnings:</u> Assist the mental health clients and opportunity to build academic, social, recreation/leisure and daily living skills. Groups</p>

<p style="text-align: center;">C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S</p>	<p>Bell Socialization Services</p>		<p>include money management, health and hygiene, crafts, exercise and physical activity.</p> <hr/> <p><u>Liberty Bell Drop-In Center:</u> Provides an atmosphere for mental health consumers to socialize and enjoy recreation and leisure time with friends. No daytime activities are planned; however, table games, pool, ping-pong and movies are available.</p> <hr/> <p><u>Recreation Program:</u> Allows mental health consumers to get out of their house for some recreation. Offers activities three nights per week and on weekends.</p> <hr/> <p><u>Sendero:</u> Specifically for Latino mental health consumers whose primary language is Spanish. Skill building and recreational activities in Spanish but encourage the consumers to learn and utilize English in groups. Groups include money management, cooking, art, movie club and community awareness.</p> <hr/> <p><u>York Day Program/York Evenings/Dallastown Evening:</u> Structured activities are planned and offered five days and two evenings every week for consumers living with intellectual disabilities. These programs offer opportunities for participants to develop relationship skills while participating in group and community activities.</p> <hr/> <p><u>Options:</u> A social club for consumers living with intellectual disabilities. Members meet monthly to plan their own social calendar of events with minimal assistance from staff. Participating in a variety of activities, they begin to make educated choices regarding social activities.</p> <hr/> <p><u>Supported Recreation:</u> Working directly with residents of Margaret E. Moul Home, York, Bell provides one-on-one support in various community activities for persons with mental retardation and physical disabilities, two to three days each week.</p> <hr/> <p><u>Support-Empower-Living Fundamentals (SELF):</u> Consumers with intellectual disabilities either living on their own or with their family. Staff provides one-on-one service to meet the individual needs of each person. Goals may include learning basic hygiene, developing and improving writing skills, creating grocery lists, planning nutritious meals, and</p>
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C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S	Bell Socialization Services	Brethren Home in New Oxford Hours: 8AM to 3:30PM.	outings to discover their community. <u>Bell At The Village:</u> Offers a structured Day Program of diverse individualized activities designed to enhance the quality of socialization and daily living skills of intellectually disabled individuals from various living situations. Program supports individuals in increasing their independent living skills through a wide choice of physical, musical and social activities. Individuals are provided with the opportunity to experience community events through trips, movies and shopping on a regular basis. <hr/> <u>Adult Developmental Training:</u> Offers a structured day training program including needs-based activities recreation in a licensed environment for consumers with intellectual disabilities. <hr/> <u>Peer Support Services:</u> Certified Peer Specialists (CPS-people who have lived with mental illness in their own lives) serve as role models and advocates for other mental health consumers. CPS listen to an individual's current concerns and hopes for the future, help develop recovery goals and plans, offer support by ensuring they have the necessary skills to connect to natural supports and other social and vocational rehabilitation programs.
	Catholic Charities	253 E. Market Street York, PA 717-845-8686	<u>Counseling:</u> Individual, marital & relationship counseling. Wraparound services for children & adolescents who have existing mental health diagnosis. Covered by Medical Assistance.
	Cornerstone Counseling and Education Services	11 York Street Suite 201 Hanover, PA 17331 717-632-6555 Hours: Mon-Thurs 8:00 AM-7 PM Fri 8:30 AM-4:30 PM	<u>Counseling:</u> Drug & Alcohol
	Counseling Associates of York	800 S. Albemarle Street York, PA 717-848-8313	<u>Christian Counseling:</u> <ul style="list-style-type: none"> • Drug & alcohol, individual • Group & family counseling. • Sliding fee available
	Crisis Intervention	York County Hotline: 800- 673-2496 Hanover: 717-632-4900 York: 717- 851-5320	24 hour mental health crisis services by telephone, walk-in and mobile services.

C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S	Crisis Intervention	Dauphin County 100 Chestnut Street, Harrisburg, PA. 232-7511 888-596-4447 Fax 717-255-2960	
	Crossroads Counseling & Educational Services	Central Intake 800-315-0951	Counseling and evaluations for mental health, drug & alcohol.
	Equiteam Support Services	1200 Pleasant Ave Dallastown, PA 717-309-2873	<u>Equine Assisted Psychotherapy (EAP)</u> : Horses are used as a tool for emotional growth and learning. EAP is a collaborative effort between a mental health therapist and a horse professional working with the clients and horses to address treatment goals. EAP is experiential in nature. This means that participants learn about themselves and others by participating in activities with the horses, and then processing (or discussing) feelings, behaviors, and patterns. The therapy is used to address such issues as anxiety, Asperger's Disorder, ADHD, behavioral issues, communication problems, depression, grief, poor social skills, etc. 50 minute session is \$120.00. Some scholarship funding is available.
	Family Behavioral Health Program	160 Roosevelt Ave. Suite 300 York, PA 717-846-3909	<u>Mental Health Services</u> : <ul style="list-style-type: none"> • Adults, adolescents, children and families. • Psychiatric & psychological evaluations. • Covered by Medical Assistance.
	Family-Child Resources	3995 East Market Street York, PA 17402 717-757-1227 Fax: 717-757-1353 Hours: Mon-Thurs 8:30 AM-8:30 PM Fri 8:30 AM-4:30 PM	<u>Counseling & Educational Services</u> : <ul style="list-style-type: none"> • Parent/Co-Parenting Education • Counseling • Drug and Alcohol Services • Early Intervention • Employee Assistance Programs (EAP) • Juvenile Justice Programs • Kids' Groups • In-Home Parenting of Infants
Leg Up Farm	4880 N. Sherman Street Mt. Wolf, PA 17347 717-266-9294 info@legupfarm.org	Therapeutic services designed for infants, children, adolescents, and young adults up to the age of 21 with permanent or temporary special needs. Children may be referred for services from physicians and other healthcare professionals; hospitals and clinics; teachers and educational systems; state, county and local agencies; or from	

<p style="text-align: center;">C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S</p>	<p>Leg Up Farm</p>		<p>family, friends, and relatives. Broad medical conditions that may be treated include, but are not limited to:</p> <ul style="list-style-type: none"> • Autism Spectral Disorders • ADD / ADHD • Cerebral Palsy • Down’s Syndrome • Speech, Gross Motor, & Fine Motor Delays • Learning Disabilities • Metabolic Disorders • Prematurity • Genetic Disorders • Traumatic Brain Injuries <p><u>Physical Therapy</u> : Analyze the neurological, musculoskeletal, cardiovascular, and pulmonary systems of our clients within a developmental framework. Therapy will focus on gross motor skill acquisition, joint range of motion, and muscle strength in a fun environment full of adventure! Assistive devices and mobility will also be assessed as part of the child’s ability to engage their physical environment.</p> <hr/> <p><u>Occupational Therapy</u> : A play philosophy to provide child-directed treatment to address a wide range of developmental needs to include sensory processing, fine motor function and handwriting skills, ocular-motor performance, visual-perceptual function, self help and feeding skills, and cognitive development. Occupational therapy will also assess a client’s needs for adaptive technology to fully integrate into their community setting.</p> <hr/> <p><u>Speech-Language Therapy</u>: Speech-language pathologists focus not only production of speech and language, but more importantly, pre-linguistic skills such as affect gesturing, reciprocity and engagement, and communication that serve as the foundation for human interaction. The speech and language center is designed to provide our clients with endless opportunities for communication, language, and speech production through play. Therapists can also address myofunctional and swallow difficulties, phonological/articulation deficits, auditory processing deficits and assistive technology needs for communication.</p> <hr/>
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C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S	Leg Up Farm		<p><u>Equine Assisted Activities</u> : A variety of equine assisted activities to meet the range of needs of all our clients. Hippotherapy and Equine Assisted Therapy consist of individual treatment with a therapist as part of their specific treatment plan. Therapeutic Riding classes will be offered in a group setting to allow our clients to advance their horsemanship skills as the child strives to achieve the goals of their therapeutic program.</p> <hr/> <p><u>Therapeutic Recreation</u> : An adaptive sports, leisure, and recreation programs under the direction of a certified TR specialist who can address the needs of the clients having difficulties accessing and participating in these types of activities.</p> <hr/> <p><u>Creative Arts Therapy</u>: Arts such as dance, music, art, and drama explore forms of expression to enhance the child’s well-being and achieve a better sense of self. Each of these programs will integrate the child’s individual therapeutic goals through fun, sensory-rich activities to allow each child to explore their creative side!</p> <hr/> <p><u>PAWS</u>: An educational opportunities to clients, their families, and members of the community. A program is specifically designed to enable children with reading difficulties to become confident and proficient readers through companionship of therapeutic animals.</p> <hr/> <p><u>Summer camps</u>: An opportunity for special needs children to attend a safe, fun, and challenging summer camp with their peers with highly trained staff to oversee the program.</p>
	Lehman Center	400 W. Market Street York, PA 717-845-5771 800-635-6619	Play & art therapy for children. Accepts Medical Assistance & full payment.
	Lutheran Social Services of South Central Pennsylvania: Counseling Services	<p>Hanover: St. Mark's Lutheran Church 129 Charles Street, Hanover, PA 17331 717-633-1227 or 866-998-2382 (Toll-free)</p> <hr/> <p>York: Luther Memorial Lutheran Church</p>	<p><u>Counseling</u>:</p> <ul style="list-style-type: none"> • Individuals, couples & family counseling • Issues such as stress management, couple and family problems, depression, anxiety & adjustment to life stressors. • Consultation with physicians, pastors, teachers and community organizations <hr/> <p><u>Community Services</u>:</p>

C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S	Lutheran Social Services of South Central Pennsylvania: Counseling Services	1907 Hollywood Drive, York, PA 17403 866-998-2382 (Toll-free)	<ul style="list-style-type: none"> • Marriage preparation workshops • Newly married couples workshops <p>May qualify for Medicare as well as some other health insurance and managed-care plans. Reduced rates for members of participating congregations.</p>
	Lutheran Social Services of South Central Pennsylvania: Stephen Ministry	717-845-9238	<p>Stephen Ministers are trained lay people who provide ongoing Christian care to people experiencing a wide range of life needs or crises, including:</p> <ul style="list-style-type: none"> • The hospitalized • The terminally ill and their families • Shut-in and homebound individuals • The grieving • Those undergoing life's transitions • The elderly • Families facing a job crisis • Those with disabilities • The lonely • Those in spiritual crisis
	National Alliance on Mentally Illness (NAMI)	<p>State: 2149 N. 2nd Street Harrisburg, PA 17110 717-238-1514 800-223-0500 Fax 717-238-4390</p> <p>York: 717-848-3784 Fax 717-848-3785</p> <p>http://namipa.nami.org/</p>	<p><u>Advocacy:</u> Sharing of information, education and advocacy for people with mental illness, their families, friends, mental health professionals, and the general public.</p>
	NHS Human Services	651 Albright Ave York, PA 717-846-4655	<p><u>Counseling services:</u></p> <ul style="list-style-type: none"> • Autism services • Individual, behavioral specialists • Drug & alcohol counseling. • Must have a mental health diagnosis to receive services. • Covered by Medical Assistance.
	Nuestra Clinica Behavioral Health Services	<p>545 Pershing Avenue , Lancaster, PA, 17602 717-397-6267 Fax: 717-295-7762</p> <p>Email: holistictreatmentcenter@gmail.com Website: www.sacapa.org</p>	<p>Mix of outpatient mental health and substance abuse services for Spanish speaking individuals. Medicaid, Medicare, military and other insurances. Payment assistance and sliding fee scale available.</p>

C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S	Nuestra Clinica Behavioral Health Services	Hours: Mon-Fri 08:30 AM-5:00 PM	
	Olivia's House	830 S. George Street York, PA 17403 717- 699-1133	<u>Counseling services:</u> <ul style="list-style-type: none"> • Children experiencing grief and loss. • Services are free.
	Pennsylvania Counseling	128 N. George Street York, PA 717-848-6116 <hr/> 26 Mt. Zion Road York, PA 717-840-0984	<u>Mental Health Treatment:</u> <ul style="list-style-type: none"> • No age limits. • Individual, group, marriage & family therapy. • Psychiatric evaluations, medication management & psychiatric. • Psychological evaluations • Specialized treatments: Eating disorders, co-dependency, trauma and abuse issues, addictions, anger management, cutting and self-injurious behavior, etc. • Bi-lingual (Spanish) therapy • Accepts Medical Assistance.
	Play Therapy Center	1427 E. Market Street York, PA 17403 717-848-4162	<u>Play therapy:</u> <ul style="list-style-type: none"> • Children's therapy • Family support.
	Pressley Ridge	141 E. Market Street York, PA 17401 717-845-6624 Fax: 717-845-6626	<u>Mental Health Services:</u> <ul style="list-style-type: none"> • Individual, couple and family therapy. • Art & play therapy. • Psychiatric evaluations as recommended by therapist-Wed & Thurs • Medical Assistance and other insurance plans accepted.
	Service Access Management (SAM)	1305B East Market Street, York PA 717-848-8744 Hours: Monday-Friday 8:00 AM-4:30 PM	<u>Case management services:</u> <ul style="list-style-type: none"> • Children with mental health issues. • Must have a diagnosis from a medical doctor, psychologist or a psychiatrist.
	Triad Treatment Specialists, Inc.	York 717- 718-8158 Fax: 717- 751-1755 <hr/> Harrisburg 717- 901-7380 Fax: 717- 901-7383	<u>Therapy:</u> Individual, Couples or Family Therapy <hr/> <u>Mental Health Evaluation:</u> Mental health evaluation will provide an account of background information and history and will include diagnostic impressions and recommendations. Does not take the place of a psychiatric evaluation by a medical doctor. <hr/> <u>Alternatives to Violence Treatment Program:</u> 16 week program is designed to assist individuals with domestic violence issues to address attitudes, emotional responses, interpersonal conflicts, cycle of violence, family conflicts and the development of

<p>C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S</p>	<p>Triad Treatment Specialists, Inc.</p>		<p>a plan of prevention to help ensure family and community safety.</p> <hr/> <p><u>Sexual Deviance Services:</u> Males ages 8 to 18 who have either been adjudicated delinquent for sexual charges, or who have admitted to sexually inappropriate or offensive behaviors, or who are referred for specialized services through Children and Youth Services. Females are considered on an individual basis.</p> <p>Parents, legal guardians (including foster parents), or other caregivers must be willing to participate in treatment, comply with treatment, assure attendance at all counseling sessions, provide close supervision, and adhere to staff recommendations to assure safety.</p> <ul style="list-style-type: none"> • Sexual Abuser Group Therapy: Groups for both juvenile and adult abusers, directed toward keeping communities safe and reducing further acts of victimization. Addresses issues of sexual deviance, including the cycle of abuse, precursors to abuse, relationship issues, communication skills, cognitive distortions/maladaptive thinking, victimization issues and family of origin work. <hr/> <ul style="list-style-type: none"> • Non-offending Parent Groups: Focuses on coping with emotional, psychological and physical effects of sexual abuse, identification of safety and prevention methods, meeting the needs of the victim, understanding the cycle of sexual abuse, confrontation of co-dependence, development of healthy relationships and identification of the process of reunification. <hr/> <ul style="list-style-type: none"> • Therapeutic Polygraph: Utilized to challenge denial, facilitate disclosure in secretive or resistant clientele and also in the prevention of the escalation of sexually abusive behavior. <hr/> <ul style="list-style-type: none"> • ABEL Assessment of Sexual Interest: Form of testing for both juveniles & adults utilized to obtain both objective and subjective measures of sexual interest. Often recommended in cases of family reunification, it provides an assessment of ongoing, significant sexual interest in children. Testing is extensive and may require multiple sessions.
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Triad Treatment Specialists, Inc.

- **Sexual Abuser/Deviance Evaluations:** The evaluation process includes an extensive clinical interview and use of various assessment and risk measures. A seven to ten page report includes an account of client background including relationship history, clinical observations, risk assessment and recommendations for treatment and level of supervision. The time required of a client for evaluation may be up to three hours. Evaluations are administered to both adult and juvenile offenders.

- **Non-offending Parent Evaluations:** Assessment process includes an extensive clinical interview focusing on background information, knowledge of abusive behavior, knowledge of and access to safety resources and interventions, and also understanding of victimization issues and behavioral management. The evaluation process will focus on guidelines for assessing risk. The time required for evaluation may be up to three hours.

Reports will include recommendations for reunification, treatment and ongoing agency involvement. Appropriate candidates for the evaluation are individuals who are in a care-giving role for a child who has been the victim of sexual abuse.

- **Psychosexual or Sexual Victimization Evaluations:** Psychosexual assessments are conducted when there is suspicion of child abuse or when a child’s sexualized behavior is deemed problematic. A clinician experienced in sexuality and child abuse will conduct the assessments. The assessment will include interviews with the child/youth, caretakers and any other individual who may have pertinent information concerning the presenting problem. The clinician may also utilize approved report measures to assist in the diagnostic phase of the assessment. Upon completion, a comprehensive report with accompanying recommendations will be submitted to the referring staff member.

- **Triad Intensive Program (TIP):** The Triad Intensive Program (TIP) includes four distinct components, including in-home family therapy,

<p style="text-align: center;">C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S</p>	<p>Triad Treatment Specialists, Inc.</p>		<p>group therapy, and individual therapy services primarily for youth who sexually act out and/or offend. Additional services include on-going risk assessment, court representation, comprehensive treatment planning, collaboration and consultation with referral sources and other professionals, quarterly treatment team meetings, progress reports (as needed), and referrals for additional services.</p> <hr/> <ul style="list-style-type: none"> • Court Appearance or Testimony: This service includes preparation, testimony, meetings/consultations with attorneys and/or caseworkers related to a court case, meetings with judges and time spent in the courtroom while awaiting testimony. A subpoena or court order will be required for testimony or a court appearance. <p>To assist us in providing an informed and comprehensive report regarding the client’s history and presenting problem, we require the following information prior to the intake or evaluation appointment when available: face sheet, PSI, criminal history record, prison records/documentation, criminal compliant/police affidavit, green sheet, educational history, mental health records (whenever possible) family service plan, investigation summary, case history, probationary/parole conditions and any record of prior treatment and/or testing.</p>
	<p>T.W. Ponessa & Associates</p>	<p>2845 Eastern Blvd. York, PA 17402 717- 840-6444 Fax: 717- 757-2555</p> <hr/> <p>2451 N. Third Street Harrisburg, PA 17110 717- 233-4027 Fax: 717- 233-4047</p>	<p><u>Drug & Alcohol Services:</u></p> <ul style="list-style-type: none"> • Early recovery issues • Co-occurring issues • Abstinence issues • Middle recovery issues • Later-stage recovery issues • Relapse prevention • Family co-addiction • Codependency • Adult children of alcoholics/addicts <p>Funding sources for services varies according to services provided:</p> <ul style="list-style-type: none"> • County Drug and Alcohol Commission • Medical Assistance: Any child with a mental health diagnosis may be eligible for MA. Contact your local Welfare office to inquire about your child’s eligibility • Community Behavioral Healthcare Network of

C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S	T.W. Ponessa & Associates		Pennsylvania (CBHNP) <ul style="list-style-type: none"> • Community Care Behavioral Health (CCBH) • Dauphin County Mental Health/Mental Retardation • Lebanon County Mental Health/Mental Retardation • York County Mental Health/Mental Retardation • Private insurance • Client self pay <hr/> <p><u>Behavioral Health Rehabilitation Services (BHRS):</u> Medically prescribed, in-home, intensive, and individualized mental health services prescribed by a psychiatrist, a psychologist or a medical doctor. Services are time-limited, goal directed interventions focused on children and adolescents who have been diagnosed with a serious emotional disturbance. Treatment teams work both one-on-one with the child as well as with their families, to assist them in developing the skills to manage problematic behaviors more effectively. Goals include assisting the child in becoming more functional in the child's natural settings, such as the home, school, or community environment.</p> <ul style="list-style-type: none"> • Conflict resolution techniques • Positive social skills • Managing emotions effectively • Develop & implement behavior modification plan • Providing structure and setting limits • Time management/organization strategies • Enhancing family relationships and support. • Expanding resources & supports • Transferring skills to caregivers <hr/> <p><u>Mental Health Outpatient Services:</u></p> <ul style="list-style-type: none"> • Intake assessments • Psychiatric evaluation and medication management • Individual, family and couples counseling • Play Therapy • Specialization in sexual abuse for child and adult survivors
	Victim Assistance Center (VAC)	P.O. Box 30 York, PA 17405 717-854-3131 Hotline: 800-422-3204	<p><u>Counseling & Assistance:</u></p> <ul style="list-style-type: none"> • Counseling for victims (adult & children) of sexual & physical violence, families who have lost a loved one through suicide or homicide.

C O U N S E L I N G / M E N T A L H E A L T H S E R V I C E S	Victim Assistance Center (VAC)	Hours: Monday-Friday 8:00 AM-4:00 PM	<ul style="list-style-type: none"> • Crisis Intervention • 24 hour hotline • Advocacy • Information & referrals.
	Wellspan Behavioral Health at the Meadowlands	3542 Concord Road York, PA 17402 717-851-6350	<u>Counseling:</u> <ul style="list-style-type: none"> • Child and adolescents • Counseling, psychiatry and psychological evaluations.
	Wellspan Behavioral Health at York Guidance Center	1575 Bannister Street Suite 4 York, PA 17403 717-845-6641	<u>Mental Health Treatment:</u> <ul style="list-style-type: none"> • Play & art therapy • Psychological testing • Accepts Medical Assistance.
	Wellspan Behavioral Health at Edgar Square	1101 S. Edgar Square York, PA 717-851-1500	<u>Mental Health Treatment:</u> <ul style="list-style-type: none"> • Adults. • Medication monitoring, • Drug & alcohol evaluations • Outpatient counseling. • Accepts Medical Assistance, private insurance & full payment.
	Wellspan Behavioral Health in Hanover	195 Stock Street Hanover, PA 717-632-8926	<u>Mental Health Treatment:</u>
	Wellspan Behavioral Health at York	1600 S. George Street York, PA 17403 717-848-3615	<u>Mental Health Treatment:</u> <ul style="list-style-type: none"> • Adults. • Accepts Medical Assistance.
	York Adams County Mental Health & Mental Retardation (MHMR)	100 W. Market Street York, PA 17401 717-771-9618 Hours: Monday-Friday 8 AM-4:30 PM	<u>Case management:</u> <ul style="list-style-type: none"> • Children & adults with mental health issues. • Must have a diagnosis from a medical doctor, psychologist or a psychiatrist. <hr/> <u>MH/MR Transportation:</u> <ul style="list-style-type: none"> • Clients of the York/Adams MH/MR traveling to employment at Shadowfax or the Hart Center. • \$3.00 each way.
	York's Helping Hand to the Homeless	412 W. King Street York, PA 17401 717-846-9275 Open 7 days a week and Holidays	<u>Behavior Health Drop-In-Center:</u> <ul style="list-style-type: none"> • Homeless, primarily York City but will assist anyone in York County. • Provides referrals, confidential case management. • Peer to peer support, counseling, & support groups. • Quiet room, social activities & children's station • Laundry facilities, mail box center • Computer training & mail box center • Access to a mobile medical van.
	York Hospital Crisis	1001 S. George Street York, PA 717-851-5920	<u>Emergency mental health assessment:</u> <ul style="list-style-type: none"> • People experiencing a mental health emergency

York Hospital Crisis		<ul style="list-style-type: none"> • 24-hour, 7 day a week crisis hotline. • Free
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EDUCATION

E D U C A T I O N	Adult Learning Center	St. John's Episcopal Church 140 N. Beaver Street York, PA 717-843-9489 Hours: Mon-Fri 8:30 AM-4:00 PM Mon-Wed 6:30 PM-8:30 PM	<ul style="list-style-type: none"> • Adult Basic Education, • G.E.D. • English as a Second language.
	Atkins House	307 East King Street York, Pennsylvania 17403 717-848-5454	<u>HIV/AIDS Education & Prevention:</u> <ul style="list-style-type: none"> • Individual risk assessments • Risk reduction counseling.
	Community Progress Council, Inc.: Pre-K Counts Program	School District of the City of York 200 North Albemarle Street York, Pa 17404 717-849-1353	<u>Pre-K Counts :</u> <ul style="list-style-type: none"> • Free (portion of the day that is funded through Pre-K Counts) for York City residents, 4 years old by 8/31 & not enrolled in Head Start. • Caregivers may be charged for additional portions of the day i.e. wrap-around child care, etc.) program designed for children who are: <p>Applications may be obtained at the child's home elementary school. Return the completed application the elementary school. You will be contacted to set up a registration visit. Necessary items to have with you for the registration visit include:</p> <ul style="list-style-type: none"> • Child's birth certificate • Proof of residency • Up to date immunization records • Current physical or appointment for physical • Family income information (for filling out the lunch information)
	Crispus Attucks	605 S. Duke Street York, PA 17401 717-718-3620 Fax 717-843-3914	<u>Early Learning Center:</u> <ul style="list-style-type: none"> • Children, ages 3 months – 12 years • Rooftop playground, dedicated art and music rooms, multi-purpose room, and two infant, two toddler, four preschool, and three after school classrooms. • Pre-K Counts classroom from 8:30 AM-11:30 AM. • Developmental assessments completed three times per year. • Accepts Child Care Consultants, TANF, and/or

E D U C A T I O N	Crispus Attucks		<p>private pay.</p> <hr/> <p><u>Striving To Achieve Remarkable Success (STAR):</u></p> <ul style="list-style-type: none"> • After-school and summer educational, recreational, and social responsibility opportunities for youth 5 to 18 years old. • Weekly Life Skills classes • 25 hours of community service per year. • Maintain honor roll or participate in tutoring. • Optional after-school & summer activities. <hr/> <p><u>Transitional Center Program:</u></p> <ul style="list-style-type: none"> • 12 week minimum reentry & rehabilitation program for non-violent offenders leaving state correctional facilities. • Have 30 days to set-up a restitution payment plan, complete drug and alcohol evaluations, and secure employment. <hr/> <p><u>Building Youth through Education:</u></p> <ul style="list-style-type: none"> • Designed to give youth the opportunity to earn their high school diploma. • Mental Toughness training. • Academic classes • Seniors participate in construction training every other week.
	Disability Rights Network (DRN) of Pennsylvania	<p>Harrisburg Office 1414 N. Cameron St., 2nd Floor Harrisburg, PA 17103 1-800-692-7443 [Voice] TDD: 877-375-7139 717-236-8110 TDD 717- 346-0293 Fax 717- 236-0192 Email: drnpa-hbg@drnpa.org</p>	<p>Advocacy for adults and children with disabilities to ensure their right to live in the community, receive necessary services, receive a full and inclusive education, to live free of discrimination, abuse and neglect, and to have control and self-determination.</p> <p>Intake Inquiries:</p> <ul style="list-style-type: none"> • Provide advice about disability rights, access to services, abuse and neglect, and other issues. • Matters that require further assistance will to be forwarded to an Advocate or an agency attorney.
	Education Law Center-PA	<p>1315 Walnut Street 4th Floor Philadelphia, PA 19107 215-238-6970</p> <p>www.elc-pa.org</p>	<p>Traditional legal work, training and information-sharing; advocating for new laws and policies in Harrisburg and Washington; and working with organizations and media to assure that all children receive a quality education.</p> <ul style="list-style-type: none"> • Making sure that all children have access to school and school programs. • Providing families (and those who work with them) reliable, understandable information about

E D U C A T I O N	Education Law Center-PA		<p>education laws and policies.</p> <ul style="list-style-type: none"> • Improving schools. • Legal advice to a limited number of callers. • Leave a message in voicemail. An Intake Coordinator (who is not a lawyer) will get back to you within two to four days.
	Head Start of York County	<p>226 E. College Avenue York, PA 17403 717-846-4600 Fax 717-854-8658 http://www.headstartofyorkcounty.org/</p>	<p><u>Education and Early Childhood Development:</u></p> <ul style="list-style-type: none"> • Early educational opportunities for children ages 3-5 yoa. • Locations: York City, Hanover, East Prospect, Fawn Grove, Glen Rock, Jefferson Borough, Mt. Wolf, Red Lion & Wellsville.
	Jewish Family Services of York	<p>2000 Hollywood Drive York, PA 17403 (717) 843-5011 Fax: 717- 846-3025</p> <p>www.jfsyork.org jfsyork@comcast.net</p>	<p>Parenting education & support.</p>
	Lincoln Intermediate Unit No.12 (LIU 12)	<p>York Learning Center 300 E. 7th Ave. York, PA 17404 717-718-5924 717-843-1128 Fax: 717-718-5943</p> <p>Email: slpitzi@iu12.org</p>	<p><u>Homeless Student Initiative Program:</u> As covered under the McKinney-Vento & Fostering Connection legislation the focus is on providing homeless students with access to and removing barriers to a free & appropriate public education. Each school district has a homeless liaison and that person should be a parent's first contact prior to contacting the LIU. However should problems arise please feel free to contact the LIU.</p> <p><u>Homeless defined:</u></p> <ul style="list-style-type: none"> • Living with relatives or friend due to a lack of housing (doubling up). • Living in a homeless or domestic violence shelter • Living in transitional housing • Living in a public or private place not considered as regular sleeping accommodations i.e. hotels, vehicles, parks, etc.) • Runaway children (under 18 yoa) who have been forced out of home by the parents/caregivers. <p><u>Provisions of the Act:</u></p> <ul style="list-style-type: none"> • Immediate enrollment with or without records normally requested by the schools. • Homeless children have the right to attend either their previous schools or the school where they are currently staying.

E D U C A T I O N	Lincoln Intermediate Unit No.12 (LIU 12)		<ul style="list-style-type: none"> • In the case where the school district is different from the one where the student is temporarily residing the school districts will both be responsible for transportation. • Homeless students are entitled to receive a daily, free school lunch.
	PA Counseling	128 N. George Street York, PA 17401 717- 848-6116 Fax: 717- 852-7580	<p><u>Check & Connect</u>: Truancy intervention program.</p> <ul style="list-style-type: none"> • Monitoring student’s school attendance • Monitoring student’s adjustment, behavior and educational progress • Interventions • Partnering with parents. <p>Only currently available for 7th-9th grade students in the Northeastern, Southwestern School Districts & West York School District at Smith Middle School.</p>
	Pennsylvania Department of Education: Bureau of ABLE	333 Market Street Harrisburg, 12th Fl, PA 17126-0333 Phone: 717-787-6747 mcain@state.pa.us www.education.state.pa.us	List of GED Test Centers
	William Penn Sr. High School	101 W. College Ave. York, PA 17403 717-845-1218	GED Test Site
	York County School of Technology: Adult & Continuing Education Center	2179 S. Queen Street York, PA 17402 717-741-0820 ext. 4315 Fax: 717-741-0694	<p><u>General Educational Development (GED)</u>: Prep classes for those who need to improve basic reading, writing and math skills prior to taking the GED. No cost to PA residents.</p> <p>York County School of Technology 2179 S. Queen St. York, PA 17402 Class times: Tuesday & Thursday Evenings 5:30 to 8:30 PM</p> <hr/> <p>Career Link 841 Vogelsong Rd. York, PA 17404 Class times: Monday and Wednesday Mornings from 8:00 to 11:00</p> <hr/> <p>YWCA 320 E. Market St. York, PA 17404 Class times: Monday, Wednesday and Friday morning from 8:30 to 11:30</p>

E D U C A T I O N	York County School of Technology: Adult & Continuing Education Center	<hr/> 2179 South Queen Street York, PA 17402 717- 741-0820 ext. 4302 Fax: 717- 747-0426 yorkncno@ycstech.org	GED Testing is offered every Tuesday evening and every other Saturday morning. <ul style="list-style-type: none"> • Anyone who is 18 years or older and no longer enrolled in high school may apply to take the test. • Testing is available to 16 and 17 year old applicants only if they meet special criteria set by the Pennsylvania Department of Education. • Special accommodations may be requested for applicants with physical, emotional or learning disabilities. • Register on-line for GED at www.ged123.org , print off the Proof of Registration form and submit in person to the Adult & Continuing Education Center along with your payment of \$70.00. Appointments will be scheduled when Proof of Registration and payment has been submitted. <hr/> <u>New Choices Career Development Program:</u> Career development for individuals who are a Single parent or single and pregnant, separated, divorced, or widowed, homemaker supporting a disabled spouse or an individual in transition. <ul style="list-style-type: none"> • Vocational Assessment • Career Counseling • Referral Services • Skills Identification • Career Planning • Job Readiness Instruction • Job Search Skills • Job Training Placement • Job Placement Assistance • Transportation and child care assistance may be available <p>Workshops are 9:00 a.m. until 2:30 p.m. Monday through Thursday and 8:30 a.m. until 11:30 a.m. Friday. Evening Workshops are 5:30 p.m. until 8:30 p.m. Monday and Wednesday.</p>
	York County Literacy Council	800 E. King Street York, PA 717-845-8719 Hours: Mon-Thurs 8:30 AM-5:00 PM Fri 8:30 AM-3:00 PM	Tutoring: <ul style="list-style-type: none"> • Adults in reading, writing, basic math and/or English conversation skills. • Free

ELDERLY/DISABLED

E L D E R L Y / D I S A B L E D	Name of Organization	Contact Information	Services/Eligibility
	The Arc of York County	497 Hill Street York, PA 17403 Phone: 717- 846-6589 Fax: 717-852-8842 General Email: mail@thearcofyorkcounty.org	<p><u>Pennwood Adult Vacation Experience (P.A.V.E):</u> Each June, adults with intellectual disabilities come to Camp Pennwood to begin a week-long social and recreational experience highlighted by day trips and opportunities to enjoy nature</p> <hr/> <p><u>Adult Recreations Club:</u> Offers adults with intellectual disabilities the opportunity to socialize, participate in activities and attend community events. The program operates each year from October through May.</p> <hr/> <p><u>Community Support Services:</u> Provides one on one community support to enable individuals to live as independently as possible and participate in community activities. Individuals in this service can be living with their families or in their own home.</p> <hr/> <p><u>York/Adams ISO for Agency Services:</u> Individuals and/or their representative works closely with staff to select /recruit qualified support service staff and community supports. Administer payments for approved one-time-only services, purchase equipment, or adaptations.</p>
	Center for Deaf and Hard of Hearing	750 Kelly Drive, York, PA 17404 717-845-7022 717- 845-9309 TTY/VP:717-848-6765 Hours: Monday-Friday 8:30 AM.-4:30 PM. (Except holidays and emergencies)	<ul style="list-style-type: none"> • Interpreting services • Sign Language classes • Deaf Awareness • Advocacy and Educational Services for the deaf and hard of hearing.
	Center for Independent Living Opportunities	150 Roosevelt Ave York, PA 17401 717-849-0991 800-956-0099 Fax: 717-849-0996	<p><u>Core Independent Living Services:</u> Peer Mentoring/Support, Independent Living Skills</p> <hr/> <p><u>Pennsylvania Accessible Housing Program:</u> Provides home modifications to individuals with very low income living in York County</p>
	Crispus Attucks	605 S. Duke Street York, PA 17401	<p><u>Community Center:</u></p> <ul style="list-style-type: none"> • Opportunity to gather & socialize for area

E L D E R L Y / D I S A B L E D	Crispus Attucks	717-848-3610 Fax 717-843-3914	residents age 60 and over. <ul style="list-style-type: none"> • An array of educational, health care, and enrichment activities. • Periodic health exams, classes, trips, and meals for those unable to leave their homes.
	Department of Aging	866-286-3636 <hr/> 800-783-7067 <hr/> 800-225-7223	<u>Case management & Information:</u> <ul style="list-style-type: none"> • Geriatric assessment centers • Dementia care units • Older adult daily living centers • Alzheimer’s Association chapters. <hr/> <u>Apprise:</u> Assistance to understand Medicare, Medicaid, Medigap, long-term care insurance, Medicare Advantage Plans and prescription benefits. <hr/> <u>PACE:</u> Prescription benefits for qualifying PA residents 65 yoa or older.
	Department of Aging, Department of Community & Economic Development, Department of Labor & Industry, & Department of Welfare	866-286-3636	Financial assistance to pay for modifications to make a home accessible for a person with a disability i.e. ramps, grab bars & stair gliders.
	Disability Rights Network (DRN) of Pennsylvania	Harrisburg Office 1414 N. Cameron St., 2nd Floor Harrisburg, PA 17103 1-800-692-7443 [Voice] TDD: 877-375-7139 717-236-8110 TDD 717- 346-0293 Fax 717- 236-0192 Email: drnpa-hbg@drnpa.org	Advocacy for adults and children with disabilities to ensure their right to live in the community, receive necessary services, receive a full and inclusive education, to live free of discrimination, abuse and neglect, and to have control and self-determination. Intake Inquiries: <ul style="list-style-type: none"> • Provide advice about disability rights, access to services, abuse and neglect, and other issues. • Matters that require further assistance will to be forwarded to an Advocate or an agency attorney.
	Easter Seals of Central Pennsylvania	2550 Kingston Road, Suite 219 York, PA 17402 Phone: 717-741-3891 Fax: 717-741-5359	Severing children and adults with disabilities and special needs to help each person overcome obstacles to independence so that each person may reach his or her personal goals. <u>Outpatient Therapy:</u> Physical, occupational, speech, aquatic and sensory integration for people with disabilities either through a birth condition, injury or illness, or because of functional limitations

E L D E R L Y / D I S A B L E D	Easter Seals of Central Pennsylvania		<p>experienced in aging to gain greater independence.</p> <hr/> <p><u>Recreation/Therapeutic Recreation:</u> Horseback Riding Program, Sports Programs and Camps, Aquatics, Water-skiing, Snow-skiing & Summer Camp Programs.</p> <hr/> <p><u>Assisting Farmers with Disabilities or Long-Term Health Conditions:</u> Program of education, outreach and technical assistance to farmers with disabilities to help them remain in farming.</p> <hr/> <p><u>Easter Seals Interpreting Services (ESIS):</u> Provides interpretation services for the Deaf community and offers American Sign Language classes to the community, businesses and organizations.</p>
	ForSight	1380 Spahn Ave. York, PA 17403 717-848-1690	Specialized services and opportunities to prevent, prepare for and to adjust to the loss of vision. Eyeglass assistance fund and other services.
	Jewish Family Services of York	2000 Hollywood Drive York, PA 17403 717- 843-5011 Fax: 717- 846-3025 For those that can not drive call 717-843-5011 www.jfsyork.org jfsyork@comcast.net	<p><u>Lunch Bunch:</u> Women from 60 & up meet to socialize & discuss current events.</p> <hr/> <p><u>Men's Think Tank:</u> Men 55 to 95 who enjoy stimulating discussion of contemporary issues? Meetings occur at local restaurants vary. Call for details</p> <hr/> <p><u>Staying Connected:</u> Interfaith outreach program that helps elders remain independent in their own homes. Volunteers from six faith communities provide transportation, errand-running and other services.</p>
	Lutheran Social Services of South Central Pennsylvania	1050 Pennsylvania Ave. York, PA 17404 888-404-3500 717-854-3971 http://www.lutheranscp.org/service-areas.htm	Cottages or apartments, assisted living and personal care, or skilled or rehabilitative care. Federally subsidized housing for income qualified elderly and handicapped and disabled persons in Chambersburg and Shrewsbury.
	Lutheran Social Services of South Central Pennsylvania	Admission Care Department 800-840-9081 http://www.lutheranhomecare.org/	<p><u>Home health monitoring:</u></p> <ul style="list-style-type: none"> • In-home support services & hospice. • May be covered by a health insurance plan or other resources such as our benevolent care fund.
	Lutheran Social Services of South Central Pennsylvania:	1050 Pennsylvania Ave. York, PA 17404 888-404-3500 717-854-3971	<ul style="list-style-type: none"> • Interpreting services • Sign Language classes • Deaf awareness • Advocacy and educational services for the deaf

E L D E R L Y / D I S A B L E D	Deaf/Hard of Hearing	http://www.lutheranscp.org/community-outreach-deaf-center.htm	and hard of hearing.
	Lutheran Social Services of South Central Pennsylvania: Senior Companion Program	750 Kelly Drive, York, PA 17404 717-843-2677 888-404-3500 Ext. 439.	<ul style="list-style-type: none"> • Friendship • Experiencing caring and compassion • Freedom from isolation • Being active and involved in life • Help with light everyday activities • Companion for medical appointments
	Lutheran Social Services of South Central Pennsylvania: Touch-a -Life	<p>Hanover: 717-646-2460</p> <hr/> <p>Shrewsbury Area: 717-227-8517</p> <hr/> <p>York Area: 750 Kelly Drive York, PA 17404 717-854-4313 Fax 717-843-3886</p> <p>Hours: Monday-Friday 8:00 AM -4:00 PM</p>	<p>Help people of any age who are temporarily in need of assistance. Requests are directed to volunteers who give their time to help. A staff person will determine a person's needs that can be met by volunteer services.</p> <ul style="list-style-type: none"> • Companionship/Respite/Friendly Visitor • Letterwriting/Reading • Telephone Visiting • Errands • Transportation services • Meal preparation • Household chores • Outdoor chores • Minor Repairs
	Multiple Sclerosis Association of America (MSAA)	<p>Northeastern Office: 706 Haddonfield Road Cherry Hill, NJ 08002 800- 532-7667, ext. 133 856- 488-4500 Fax: 856- 488-8257 E-mail: northeast@msassociation.org</p> <p>National Office: 800- 532-7667 ext. 154 Web site: http://www.msaa.com</p>	<ul style="list-style-type: none"> • Cooling Program • Equipment Distribution — Personal Use Items • Equipment Distribution — Mobility Items • Equipment Distribution — Portable Home Ramps • MRI Institute • MRI Diagnostic Fund • Networking Program*
Salvation Army	<p>50 E. King Street York, PA 17401 717-848-2364</p> <hr/> <p>257 E. South Street York, PA 17403 717-846-0167</p> <hr/> <p>1080 Haines Rd</p>	<p>Adult Community Recreation & Education Programs:</p> <ul style="list-style-type: none"> • Emergency Assistance: financial, food, utilities & heating • Older Adult Services - Visitation Services • Worship Center: Music & arts, women, men's and children services. • Youth Services - Boys' & Girls' Club, Latchkey Programs 	

E L D E R L Y / D I S A B L E D	Salvation Army	York, PA 17402 717-840-1300	
	Staying Connected, A Faith in Action Program	2000 Hollywood Drive York, PA 17403 717-843-5011 Fax 717-846-3025 Hours: Monday-Thursday 9:00 AM-4:00 PM	Serves the Springettsbury, Spring Garden & York Township areas of York County. <ul style="list-style-type: none"> • Chores • Friendly visitors • Transportation • Shopping
	York/Adams Early Intervention	100 W. Market Street Suite 301 York, PA 17401 Phone: (717) 771-9618 Fax: (717) 771-9826 Referral: 717-771-9618	<u>Infant and Toddler Program:</u> A service for children <ul style="list-style-type: none"> • Birth to age 3 • Living in York or Adams County • With or at risk for developmental delays • No cost to families
	York County Office of the Aging	100 West Market Street, Suite 102 York, PA 17401 717- 771-9610 Spanish: 800- 632-9073 Protective Services : 717-771-9572 Intake: 717-771-9610 Fax: 717- 771-9044 E-mail: aging@york-county.org <hr/> 717-771-9103	Case management services and community referral assistance for 60 and older: <ul style="list-style-type: none"> • In-home services • Home delivered meals • Intergenerational programs. • Caregiver support • Adult Day Care Information • Ombudsman • Transportation • Legal Services • Recreation & leisure activities • Long term care information • Report elderly abuse and neglect issues. <hr/> <u>Rent A Kid:</u> <ul style="list-style-type: none"> • Matches seniors (60 yoa or older) with a teenager to do low cost chores and help with around the house. • Recommended payment is \$5.00 per hour.

EMPLOYMENT

E M P L O Y M E N T	Name of Organization	Contact Information	Services/Eligibility
	A.H.E.D.D.	2550 Kingston Road Suite 225 York, PA 717-846-6589	For adults with disabilities looking to enter or improve their status in the workforce <ul style="list-style-type: none"> • For youth with disabilities in transition from school to career opportunities • For SSA beneficiaries looking for financial counseling or guidance about the impact of earnings on their SSI and/or SSDI benefits • For advocates who want to access AHEDD's services on behalf of an individual whom they are

E M P L O Y M E N T	A.H.E.D.D.		<p>responsible</p> <ul style="list-style-type: none"> • For employers who may need recruitment service or other technical assistance
	The Arc of York County	<p>497 Hill Street York, PA 17403 Phone: 717- 846-6589 Fax: 717-852-8842</p> <p>General Email: mail@thearcofyorkcounty.org</p>	<p><u>Penn Employment Services:</u></p> <ul style="list-style-type: none"> • Helps qualified and motivated individuals with disabilities find jobs. • Employment Training Specialists provide on-the-job training while helping make necessary accommodations for each individual. • Partnership with local school districts to teach job skills and employment-related social skills to help students transition from school to work.
	Bell Socialization Services	<p>160 South George Street York, PA 17401-1408 Phone: 717-848-5767 Fax: 717 -854-2433</p>	<p><u>Transitional Employment Program (TEP):</u></p> <ul style="list-style-type: none"> • Group and individual counseling sessions to help mental health consumers prepare for employment. • Learn food service, janitorial, office or lawn care skills. • Workers' support group is available in this program. <hr/> <p><u>Supported Employment Program (SEP):</u></p> <ul style="list-style-type: none"> • Job coaching services to mental health consumers. <hr/> <p><u>Skill Building:</u></p> <ul style="list-style-type: none"> • Vocational training, basic living skills and creative expression for mental health consumers.
	Career Link	<p>Adams County 150 V-Twin Drive Gettysburg, PA 17325 717-334-3869 Fax 717-334-0521</p> <hr/> <p>Cumberland County 1 Alexandra Court Carlisle, PA 17013 717-243-4431 Fax 717-243-7767</p> <hr/> <p>Dauphin County Penn Center 349 Wiconisco Street Harrisburg, PA 17110 717-783-3270 Fax 717-772-0640</p> <hr/> <p>Lancaster County 1016 N. Charlotte Street Lancaster, PA 17603</p>	<p><u>Job Search Assistance:</u></p> <ul style="list-style-type: none"> • Help finding a job or looking for a better job. • Job training and vocational rehabilitation services

E M P L O Y M E N T	Career Link	717-299-7631 Fax 717-391-3569	
		<hr/> York County 841 Vogelsong Road York, PA 17404-0868 717-767-7600 Fax 717-767-7625 Hours: Mon-Fri 8:00 AM-4:30 PM	
	Community Progress Council, Inc.: Senior Community Service Employment Program (SCSEP)	226 East College Avenue York, PA 17403 717-846-4600 ext. 272 Hours: Monday-Friday 8:30 AM-5 PM Contact to determine eligibility as not all income is counted.	<u>Work-training program:</u> <ul style="list-style-type: none"> • Low-income seniors age 55 and older. • Participants must meet age, income and residency requirements and be unemployed. • Job training for 20 hours per week and are paid a stipend at the current minimum wage rate. • Computer training, job search assistance; interview training and help with resume preparation.
Crispus Attucks	605 S. Duke Street York, PA 17401 717-848-3610 Fax 717-843-3914	<ul style="list-style-type: none"> • <u>General Employment Services:</u> Employment assistances though training, education, counseling and job placement. Program orientation and registration is offered monthly on Mondays at 9:30 a.m. Case management and supportive services are provided along with company referrals for interviews and job placement. We are a Career Link Access Point case management. • Services are free to people who are 18 years of age or older, eligible to work in the Unites States and are York residents. <hr/> <u>Youth Employment Services:</u> <ul style="list-style-type: none"> • In-school or out of school youth (17-22 yoa) in York County. • Opportunity to complete their high school education, develop employability skills and skills specific training. <hr/> <u>Education Leading to Employment & Career Training (ELECT):</u> <ul style="list-style-type: none"> • York County pregnant and parenting teens (up to age 22). • Empowerment & support to complete their high school education/GED. • Health & nutrition education 	

<p style="text-align: center;">E M P L O Y M E N T</p>	<p>Crispus Attucks</p>	<ul style="list-style-type: none"> • Individual and group support • Job preparation and career exploration • Secondary pregnancy prevention • Domestic violence information • Parenting education and life skills. • Intensive case management <p>Services are provided at: William Penn, Hannah Penn, Edgar Fahs Smith, West York, Southwestern, Spring Grove, Manito and CA Youthbuild Charter School.</p> <hr/> <p><u>Elect Fatherhood Initiative (E.F.I.):</u></p> <ul style="list-style-type: none"> • York County teen fathers (up to age 22). • Willing to or in the process of establishing paternity. • Empowerment & support to complete their high school education/GED. • Health & nutrition education • Individual and group support • Job preparation and career exploration • Secondary pregnancy prevention • Domestic violence information • Parenting education and life skills. • Intensive case management. <hr/> <p><u>Community Connections:</u></p> <ul style="list-style-type: none"> • Inner-city, underserved and under-represented populations. • Workforce development training in such areas as: manufacturing, healthcare, retail, banking, hospitality, construction and general trades. • Classroom training 1 night per week over an eight-week period for 2 hours per night. Pre-testing and assessment will be done. • Participants may not miss any of the sessions. <hr/> <p><u>People Learning and Understanding Self-Sufficiency program (PLUSS):</u></p> <ul style="list-style-type: none"> • Low-income, economically and socially challenged students. • Specific skills category related to employer needs in York County. • H.I.T. (High School Internship Program) exposing students to skills in clerical, food service, nursing, childcare, mortuary, and working with seniors.
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E M P L O Y M E N T	Crispus Attucks		<ul style="list-style-type: none"> • Preparation for the workplace or continued education . <p>Services are provided to: students attending the Crispus Attucks Youthbuild Charter School.</p> <hr/> <p><u>Health Care PLUSS:</u></p> <ul style="list-style-type: none"> • Participants 17 years and older. • 40 hour training in being a support system for terminally ill patients and their families. After successfully complete the training they are placed in nursing or private homes to work with clients.
	Experience Works, Inc.	800-854-1578	Program focusing on meeting the training and employment t needs of low-income seniors.
	New Choices/New Options Career Development Center	2179 S. Queen Street York, PA 717-741-0820 ext. 4300 Hours: Mon-Fri 8:00 AM-3:30 PM	Employment services for single parents, displaced homemakers and persons interested in non-traditional careers. Sixty hour workshops held day & evening throughout York County. Limited tuition assistance available.
	Pennsylvania Office of Vocational Rehabilitation (OVR)	2550 Kingston Road York, PA 717-771-4407	<p>You will be eligible for free, preapproved services if:</p> <ul style="list-style-type: none"> • You have a disability, that is, a physical, mental, or emotional impairment which results in a substantial impediment to employment, and you can benefit in terms of an employment outcome from services provided, and • Vocational rehabilitation services are required for you to prepare for, enter, engage in, or retain gainful employment. <p><u>Diagnostic Services</u> - Medical, psychological, and audiological exams and test used to better understand your disability and your needs for specific types of services.</p> <hr/> <p><u>Vocational Evaluation</u> - Aptitude, interest, general ability, academic exams, work tolerance, and "hands-on" job experience used to understand your vocational potential.</p> <hr/> <p><u>Counseling</u> - Counseling helps you to better understand your potential, rely on your abilities, set realistic vocational goals, change them when necessary, develop successful work habits, and begin a satisfying career.</p> <hr/> <p><u>Restoration Services</u> - Medical services and equipment such as physical and occupational therapy, wheelchairs, automobile hand controls, and</p>

E M P L O Y M E N T	Pennsylvania Office of Vocational Rehabilitation (OVR)		<p>other type of rehabilitation technology provided to enable you to pursue your career and achieve independence.</p> <hr/> <p><u>Training</u> - Education to prepare you for a job including but not limited to basic academic, vocation/technical, college, on-the-job, independent living skills, and personal and work adjustment training. It may be necessary for you to leave home to get the training you want and need.</p> <hr/> <p><u>Placement</u> - Counseling, job-seeking programs, job club, and job development used to increase your ability to get a job. You will receive ideas, practice, and advice on finding job leads, filling out applications, getting interviews for a job, and on how to interview. Your counselor may also give you job leads or explain to employers about tax credits for hiring you.</p> <hr/> <p>Support services may also be available and may include room, board, and transportation costs during the evaluation or during the completion of a rehabilitation program., occupational tools, licenses, or equipment, home, vehicle & work site modifications, personal care assistant to provide to enable participation in a vocational rehabilitation program, independent living training and Text Telephone (TTY), signaling devices, hearing aids, or interpreter services.</p>
	Southcentral Employment Corporation	<p>841 Vogelsong Road York, PA 717-767-5709</p> <p>Hours: Mon-Fri 8:00 AM-4:30 PM</p>	Employment services for local employers and job seeker. Career counseling, job search, resume preparation, skill building workshops & job trainings. Funds available through the Workforce Investment Act.
	United Way Drop-In Center for the Unemployed	<p>800 E. King Street York, PA 717-843-6688 800-673-2529 leave message for Drop-In Center</p> <p>Hours: Wed 9:00 AM-4:00 PM</p>	Referral services for job seekers.
	Veteran's Helping Hand	<p>46 S. Pershing Ave York, PA 17401 717-846-6035</p>	Employment for York County homeless veterans at the Veteran's Thrift Store.
	Works for Me Works for Me	877-268-9894	Employment assistance:

E M P L O Y M E N T	Works for Me		<ul style="list-style-type: none"> • PA residents who have a disabled, receive social security and/or Medicaid benefits & want to work. • Assist in finding a job. • Obtain job training. • Assist in keeping health benefits while working. • Find other supports.
	York's Helping Hand for the Homeless	412 W. King Street York, PA 17401 717-846-9275 717-846-6035 pick up	<p><u>Job Center:</u></p> <ul style="list-style-type: none"> • York City & county homeless. • Access to day jobs and job listings on the state and local levels. • Listings are on a computer. <hr/> <p><u>Training Center:</u></p> <ul style="list-style-type: none"> • York County Homeless • Short-term, income producing classes to prepare for jobs, such as: Moving/packing, professional painting, clerical/computer skills, janitorial/domestic engineering and security/loss prevention positions. • Classes are preceded by Life Skills Training.

FINANCIAL ASSISTANCE/INCOME

F I N A N C I A L A S S I S T A N C E	Name of Organization	Contact Information	Services/Eligibility
	Adult Basic Health Insurance Helpline	800-462-2742	Low cost health insurance coverage targeted to low income and uninsured PA adults between the ages of 19 and 64 that do not qualify for Medical Assistance.
	Lutheran Social Services of South Central Pennsylvania: Financial Stability Programs	1050 Pennsylvania Ave. York, PA 17404 717-854-3971 888-404-3500	Helping low income individuals and families improve their financial well-being by increasing their income, building their savings and eventually gaining and sustaining assets. The programs also serve as a clearinghouse for finance-related information and work to facilities financial education and access to mainstream financial products.

F I N A N C I A L A S S I S T A N C E / I N C O M E	Pennsylvania Department of Revenue/ Pennsylvania Lottery	888-222-9190	<table border="1"> <tr><th colspan="2">Property Tax/Rent Rebate Program</th></tr> <tr><th colspan="2">Homeowners</th></tr> <tr><th>Income</th><th>Max. Rebate</th></tr> <tr><td>\$0 to \$8,000</td><td>\$650</td></tr> <tr><td>\$8001 to \$15,000</td><td>\$500</td></tr> <tr><td>\$15,001 to \$18,000</td><td>\$300</td></tr> <tr><td>\$18,001 to \$35,000</td><td>\$250</td></tr> <tr><th colspan="2">Renters</th></tr> <tr><td>\$0 to \$8,000</td><td>\$650</td></tr> <tr><td>\$8,001 to 15,000</td><td>\$500</td></tr> </table> <p><u>Property Tax/Rent Rebate Program:</u> Property tax relief to claimants or spouses 65 years or older; widows or widowers 50 years of age or older; and the permanently disabled 18 years of age or older who meet the income eligibility level.</p>	Property Tax/Rent Rebate Program		Homeowners		Income	Max. Rebate	\$0 to \$8,000	\$650	\$8001 to \$15,000	\$500	\$15,001 to \$18,000	\$300	\$18,001 to \$35,000	\$250	Renters		\$0 to \$8,000	\$650	\$8,001 to 15,000	\$500
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Salvation Army	<p>50 E. King Street York, PA 17401 717-848-2364</p> <hr/> <p>257 E. South Street York, PA 17403 717-846-0167</p> <hr/> <p>1080 Haines Rd York, PA 17402 717-840-1300</p>	<p>Adult Community Recreation & Education Programs</p> <hr/> <p>Emergency Assistance: financial, food, utilities & heating</p> <hr/> <p>Older Adult Services - Visitation Services</p> <hr/> <p>Worship Center: Music & arts, women, men's and children services.</p> <hr/> <p>Youth Services - Boys' & Girls' Club, Latchkey Programs</p>																					
United States Social Security Administration	<p>950 Borom Road York, PA 17404 800-772-1213</p> <p>Hours: Monday-Friday 9:00 AM-4:00 PM</p> <p>Website to screen for benefits: http://www.benefits.gov/sa</p> <p>SS Fraud Hotline: 800-269-0271</p>	<p><u>Social Security (SS):</u> Pays retirement benefits to qualified citizens, age 62 & older.</p> <hr/> <p><u>Supplemental Security Income (SSI):</u> Pays benefits to disabled adults and children who have limited income and resources. SSI benefits are also payable to people 65 and older without disabilities who meet the financial limits.</p> <hr/> <p><u>Social Security Survivor Benefits:</u> Widow or widower can receive benefits</p> <ul style="list-style-type: none"> • reduced benefits as early as age 60 or full benefits at full retirement age or older. • Benefits as early as age 50 if she or he is disabled. • Your widow or widower who has not remarried can receive survivors benefits at any age if she or he takes care of your child who is under age 16 or is disabled and receives benefits on your record. <p>Note: If your widow or widower remarries after</p>																					

F I N A N C I A L A S S I S T A N C E / I N C O M E	United States Social Security Administration		<p>age 60 (age 50 if disabled), he or she will still be eligible for benefits on your record.</p> <hr/> <p>Divorced Spouses:</p> <ul style="list-style-type: none"> • Surviving divorced spouse may qualify for benefits the same as a widow or widower provided that the marriage lasted 10 years or more. • Former spouses who are caring for your natural or legally adopted child who is under the age of 16 or disabled do not have to meet the length of marriage rule. However, their benefits may affect the amount of benefits your other survivors will receive. • Benefits to a surviving divorced spouse who meets the marriage requirements will not affect the benefit amounts other survivors receive. <hr/> <p>Children:</p> <ul style="list-style-type: none"> • Unmarried children who are under 18 (up to age 19 if attending elementary or secondary school full time) can be eligible to receive Social Security benefits when a parent dies. • Children of any age can get benefits if he or she was disabled before age 22 and remains disabled. • Natural children, stepchildren, grandchildren, step-grandchildren or adopted children may receive benefits under certain circumstances. 																						
	York County Assistance Office	130 N. Duke Street PO Box 15041 York, PA 17405 717-771-1100 800-991-0929 Fax 717-771-1261 Hours: Monday-Friday 8:00 AM-5:00 PM Assistance information & applications can also be accessed via the Internet at: www.compass.state.pa.us Welfare Tip Hotline: 800-932-0582	Apply cash, food, medical assistance, Children's Health Insurance Program (CHIP), housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services. LIHEAP's 2010-11 Income Limits: <table border="1"> <thead> <tr> <th>Household Size</th> <th>Max. Income</th> </tr> </thead> <tbody> <tr><td>1</td><td>\$17,328</td></tr> <tr><td>2</td><td>\$23,312</td></tr> <tr><td>3</td><td>\$29,296</td></tr> <tr><td>4</td><td>\$35,280</td></tr> <tr><td>5</td><td>\$41,264</td></tr> <tr><td>6</td><td>\$47,248</td></tr> <tr><td>7</td><td>\$53,232</td></tr> <tr><td>8</td><td>\$59,216</td></tr> <tr><td>9</td><td>\$65,200</td></tr> <tr><td>10</td><td>\$71,184</td></tr> </tbody> </table> <p>(For each additional person, add \$5,984)</p>	Household Size	Max. Income	1	\$17,328	2	\$23,312	3	\$29,296	4	\$35,280	5	\$41,264	6	\$47,248	7	\$53,232	8	\$59,216	9	\$65,200	10	\$71,184
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York County Domestic	York County Judicial Center	<ul style="list-style-type: none"> • File for child support. • DNA testing to establish parentage for child 																							

Relations	45 N. George Street York, PA 717-771-9605	support cases. • Locating absent parents.
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FOOD, CLOTHING, PERSONAL ITEMS & HOUSEHOLD NEEDS

F O O D / C L O T H I N G	Name of Organization	Contact Information	Services/Eligibility
	American Red Cross	529 Carlisle Street Hanover, PA 717-637-3768 Fax: 637-3294 Hours: Wed 3:00 PM-6:00 PM Tues & Thurs 9:00 AM-1200 PM	Food panty for anyone in need in the Heifelburg Twp, Hanover, McSherrystown, Abbottstown & Glenville areas. Must bring ID for all family members.
	Angel Food Ministries	http://www.angelfoodministries.com/ Fourth United Methodist Church 1067 E. Market St. York, PA 17403 717-854-6984 1-877-366-3646 Catholic Harvest Food Pantry 628 E. Market Street York, PA 17403-1605 717-846-8571 catholicharvestfoodpantry@verizon.net York County Food Bank 254 W. Princess Street York, PA 17401 www.yorkfoodbank.org/members.htm	<u>Food:</u> Low cost boxes of food.
	Community Progress Council, Inc.	130 West Market Street York, PA 17401 Phone: 717- 843-7942 Fax: 717- 843-9560	<u>Women, Infants and Children (WIC):</u> Nutrition education, breastfeeding information, referrals to community services & vouchers for healthy food for all pregnant and postpartum women, infants, and children up to age five. During the first visit to the WIC office please bring the following items:

Community Progress Council, Inc.

Website:
www.yorkcpc.org
 E-mail:
bwilson3@yorkcpc.org

- Proof of identity for each applicant (ex. Driver's license, birth certificate or baby's hospital record that shows proof of birth date). WIC does not require proof of US citizenship.
- Proof of income for everyone who works in the household (ex. Paycheck stubs, income tax return, or Medicaid or Food Stamp ID card)
- Proof of Pennsylvania residency (ex. Driver's license, utility bill, or recent mail)
- Bring immunization record for all children up to two years of age
- Bring children under age 5

- If applicable, proof of pregnancy from your doctor stating your due date. Expected number of babies is counted in the family size.

2010 WIC Income Guidelines:		
Family Size	Monthly Income (approx)	Annual
1	\$1669	\$20,036
2	\$2,246	\$26,955
3	\$2822	\$33874
4	\$3,399	\$40,793
5	\$3,976	\$47,712
6	\$4,552	\$54,631
7	\$5,129	\$61,550
8	\$5,705	\$68,469
For each additional person add	\$576	\$6,919

Council of Churches

136 Carlisle Street
 Hanover, PA 17331
 717-633-6353
 Fax: 717-633-1992

Free Clothing: Tuesday 9am - noon: Clients certified thru Community Progress Council

Rummage Sale: Open to the general public. Thursday 9am – noon & 1st Saturday of the month 9am – noon.

Department of Agriculture

800-468-2433

Commodity Supplemental Food Program (CSFP): Provides a box of food each month to eligible women, children, infants & seniors who are nutritionally at risk.

Farmers Market Nutrition Program (FMNP): Provides qualified senior citizens, women, infants and children with checks to purchase fresh fruits and vegetables at approved sites.

F O O D / C L O T H I N G	Emmanuel's Closet	Heston Veterinary Medical Center 780 Lombard Road Red Lion, PA 717-244-0655 Hours: Saturday 9:00 AM-12:00 PM	<u>Clothing</u> : Free. Must live in the Red Lion or Dallastown School Districts.
	Family Clothes Tree	4350 Bull Road Dover, PA 17315 717-292-5764 Hours: Tues-/Friday 9:00 AM-3:00 PM Saturday 9:00 AM-2:30 PM	<u>Clothing</u> : Five sets of weather appropriate clothing free. Any age or sex, must be a Dover resident and have a referral from New Hope Ministries.
	Food Pantry Clearinghouse	717-846-8899	The referral & scheduling of emergency groceries at a local food pantry.
	Grace Lutheran Church	150 Jefferson Ave York, PA 17401 717-848-2610 Hours: Tuesdays & Saturdays 9:00 AM-12:00 PM	<u>Clothes</u> : Clothing items are free. No referral needed.
	Harmony Grove Community Church	6390 Harmony Grove Dover, PA 17315 717-292-3659 Hours: 1 st & 3 rd Saturday of each month 9:00 AM-3:00 PM	<u>Clothing</u> : One bag of clothing free per visit. All ages & sex, no income restrictions and no referral needed.
	New Hope Ministries	Dillsburg Center 6 North Second Street Dillsburg, PA 17019 717-432-3053 Fax: 717-432-9789 Email: dillsburg@nhm-pa.net <hr/> Dover Center 1836 Industrial Court Dover, PA 17315 717-292-3441 Fax: 717-292-9154 Email: dover@nhm-pa.net <hr/>	<u>Crisis Assistance</u> : <ul style="list-style-type: none"> • Basic needs assistance (food, rent/mortgage assistance to prevent homelessness). • Utility assistance to prevent termination of service. • Transportation and medical assistance. • Case management & referral services.

F O O D / C L O T H I N G	New Hope Ministries Mechanicsburg West Shore Center 15 State Road Mechanicsburg, PA 17050 717-766-7333 Fax: 717-766-7575 Email: mechanicsburg@nhm-pa.net		
	Penn-Mar Organization: Southern Community Services	Southern Community Services 44 S. Main Street Shrewsbury, PA 17361 717- 227-0048. <hr/> Penn-Mar North 10671 Susquehanna Trail Glen Rock, PA 17327 717- 235-8068 Fax 717-235-9878	<p><u>Free Monthly Food Distribution:</u> The 4th Wednesday of every month except November and December groceries are available to qualifying individuals and families. Food is distributed from Penn-Mar's Glen Rock facility at 10671 Susquehanna Trail.</p> <hr/> <p><u>Thanksgiving Food Baskets:</u> Through the support of local community members and businesses, food is available for the Thanksgiving Holiday. To sign-up for services, call the SCS office beginning in October.</p> <hr/> <p><u>Holiday Share:</u> Food and gifts are available during the December Holiday season. To sign-up for services, call the SCS office beginning in October.</p> <hr/> <p><u>Case Management:</u> Provides direct social and welfare services to those in need. All services require an appointment.</p>
	Re-Source	235 N. Beaver Street York PA 717-852-7574 <hr/> 405 Carlisle Avenue, York PA 717-718-3182	<p><u>Thrift Store:</u></p> <ul style="list-style-type: none"> • Building and home improvement materials <hr/> <p><u>Thrift Store:</u></p> <ul style="list-style-type: none"> • Indoor Yard Sale and furniture warehouse
	St. James Lutheran Church	2335 Cramer Road Brogue, PA 17309 717-927-9497 Hours: 1 st Saturday of each month, 8:30 AM-10:00 AM <hr/> Hours: 2 nd Saturday in December, 08:30 AM-12:00 PM.	<p><u>Community Clothing Closet:</u></p> <ul style="list-style-type: none"> • Free clothing (sizes infant to extra large). • No restrictions, no referral needed. • No identifying information requested, only general area of residency and household size. <hr/> <p><u>Toy Give Away:</u> Free toys to those in need. No restrictions, no referral needed.. No identifying information requested, only sex and age of child receiving the toys.</p>

F O O D / C L O T H I N G	St. John the Baptist Catholic Church	315 N. Constitution Ave New Freedom, PA 17349 Out reach building is located across from the church. 717-235-2156 Food: 717-235-6370 Fax: 717-235-8595	<u>Clothing:</u> <ul style="list-style-type: none"> • Free, 1 bag per person per visit. • No restrictions, no questions asked. <hr/> <u>Food Pantry:</u> <ul style="list-style-type: none"> • Residence of southern York County (Glen Rock, Stewartstown, New Freedom, Jacobus, Shrewsbury, Seven Valley & nearby areas). • Approx. a months worth of food delivered to the home. • Free-No restrictions, no questions asked for the 1st three deliveries. • Fourth delivery requires meeting with a social worker.
	St. Mary's Thrift Shop	305 S. George St York, PA 17403 Phone 717-812-9999 Hours: Monday-Friday 9:00am to 3:00pm Saturday 9:00am to 1:00pm	<u>Thrift Shop:</u> <ul style="list-style-type: none"> • For purchase-New, nearly new and gently used clothing, accessories, household items, jewelry, etc. • Free-Clothing items with a referral from a local social service agency.
	Salvation Army	50 E. King Street York, PA 17401 717-848-2364 <hr/> 257 E. South Street York, PA 17403 717-846-0167 <hr/> 1080 Haines Rd York, PA 17402 717-840-1300	<u>Thrift Shop:</u> <ul style="list-style-type: none"> • For purchase-New, nearly new and gently used clothing, accessories, household items, jewelry, etc. • Free-Clothing & household goods with referral from a local social service agency. <hr/> <u>Other Services:</u> <ul style="list-style-type: none"> • Emergency Assistance: financial, food, utilities & heating. • Older Adult Services - Visitation Services • Worship Center: Music & arts, women, men's and children services. • Youth Services - Boys' & Girls' Club, Latchkey Programs • Adult Community Recreation & Education programs.
	Veteran's Helping Hand	46 S. Pershing Ave York, PA 17401 717-846-6035 Hours: Monday-Friday 10 AM to 5 PM, Saturdays 10 AM to 2 PM	<u>Thrift Store:</u> <ul style="list-style-type: none"> • New & in good condition household items, furniture and appliances.
	Wolgamuth Church of the	276 Old York Road Dillsburg, PA 17019	A food program to assist the average family to save on their grocery bill. Orders taken once a month.

F O O D / C L O T H I N G	Brethren	717-432-2749 gffawcob@verizon.net	Accepts cash, money orders or food stamps.
	Women, Infant & Children (WIC)	130 W. Market Street York, PA 17403 717-843-7942	<ul style="list-style-type: none"> • Formula & supplemental foods. • Pregnant women, nursing mothers, infant and children to 5 years of age. • Breast-feeding coordinator on staff. • Nutritional education.
	York Compassion Center	219 S. George Street York, PA 17401 717-846-0990 Hours: Thursdays 10:00 AM	Clothing
	York County Assistance Office	130 N. Duke Street York, PA 717-771-1100 800-991-0929 Web site: www.compass.state.pa.us Hours: Monday-Friday 8:00 AM-5:00 PM	Apply for cash, food, medical assistance, housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services.
	York's Helping Hand for the Homeless	412 W. King Street York, PA 17401 717-846-9275 Pick ups: 717-846-6035	<p>Services the homeless, primarily in York City but will assist anyone in York County.</p> <hr/> <p><u>York's Homeless Drop-In-Center:</u> Drop-in-Center where the homeless to use toilet facilities, take a shower, snack ,beverages and weekend meals, establish a mailing address, use laundry facilities, obtain free medical attention and transportation if needed to the Hospital. They obtain clothing, shoes, personal hygiene products, homeless survival kits, sleeping bags blankets, etc.</p> <hr/> <p><u>Mail Center:</u> where the homeless, who by definition have no fixed address, may receive mail.</p> <hr/> <p><u>Search Center:</u> to use a computer to look for family and friends anywhere in the United States or where family members can post the names of individuals they believe to be homeless and are searching for them.</p> <hr/>

<p style="text-align: center;">F O O D / C L O T H I N G</p>	<p>York's Helping Hand for the Homeless</p>	<hr/> <p><u>Food Run Locations:</u> 412 W. King Street York PA 17401 717-846-9275</p> <p>Re-Source York 235 N. Beaver Street, York PA 717-852-7574</p> <p>Small Memorial AME Zion Church, 401 S. Queen Street, York PA 717-854-2249</p>	<p><u>Food Pantry:</u> provides non-perishable and canned goods on an emergency basis to homeless, hidden homeless and needy people.</p> <hr/> <p><u>Food Runs:</u> provide a hot meal and snack pack with beverage every Saturday and Sunday evening between 5 PM & 7:30 PM.</p> <hr/> <p><u>Household items, appliances and furniture:</u> Homeless just getting a room or apartment and to the poor/needy.</p> <hr/> <p><u>School Day "Stuff the Bus" program:</u> Homeless and needy children are provided excellent used and new outer clothing, underwear, socks, shoes and school supplies.</p> <hr/> <p><u>Thanksgiving Baskets:</u> Provides a basket to needy singles & families.</p> <hr/> <p><u>Christmas Toy Give-Away:</u> New & good condition used toys, books and gift baskets.</p>
	<p>York Rescue Mission</p>	<p>367 W. Market Street York PA 17401 717-845-7662 ext. 236 Fax: 717-848-4831</p> <p>Hours: Tuesdays, registration is at 12:30 PM, doors close at 1:00 PM. Shopping continues until approx. 3:00 PM.</p> <hr/> <p>Hours: Daily 2:00 Pm-4:00 PM</p> <hr/> <p>Hours: Monday, Wednesday & Friday 1:00 PM-4:00 PM</p> <hr/> <p>283 W. Market Street York, PA 717-845-7662</p> <p>Hours: Monday, Wednesday, Thursday or Friday 1:00 PM-4:00 PM</p>	<p><u>Women & Children Clothing:</u> Free clothing.</p> <hr/> <p><u>Showers:</u> Men only</p> <hr/> <p><u>Men's Clothing:</u> Free clothing. Walk in and shop.</p> <hr/> <p><u>Furniture/Household Goods:</u> Free items require a referral form from a local social service agency.</p>

HOUSING/ UTILITIES

H O U S I N G / U T I L I T I E S	Name of Organization	Contact Information	Services/Eligibility
	ACCESS	York 717-846-5400 800-262-8444	Emergency Shelter: Temporary housing and hotline for victims of domestic violence.
	Bell Bridge Housing Program	852 E. Market Street York, PA 17403 717- 845-9536 Fax 717-854-2433	<p><u>Family Shelter:</u></p> <ul style="list-style-type: none"> • 30 day emergency shelter for York families. • Residency requirement of 60 days • Open 365 days/nights a year. • Accepts couples or single parents with children, couples in long-standing relationships, and single women. Must be drug free. • Supportive services to assist in securing permanent housing, employment and community resources. • Guidance sessions, workshops and classes to learn budgeting and parenting skills. • Program allows a longer-term option (up to one year for qualified candidates), providing more time for homeless families to hone basic living skills. <hr/> <p><u>Community Residential Apartment Services (CRAS):</u></p> <ul style="list-style-type: none"> • Persons with mental health issues that need to learn skills for community living. • Group homes provide maximum supervision • Apartments give moderate and/or minimum levels of care. • Staff is available 24 hours a day. • Requires a referral from York County MH/MR.
	Community Progress Council, Inc.: Rental Assistance Program (RAP)	<p>Main Office 605 S. George St. Suite 100 York, PA 17401 717-845-7176 717-771-5110 Fax: 717-846-9892 http://www.yorkcpc.org/</p> <p>Hours: Monday-Friday 8:30 AM-5 PM</p> <p>Pre-screening workshop to determine eligibility. 717-771-5110 1-877-736-8670</p>	<ul style="list-style-type: none"> • <u>Rental Assistance Program (RAP):</u> Emergency housing initiative that exists to help prevent homelessness. • Financial assistance to pay a security deposit, first month's rent, or rent delinquencies. <hr/> <ul style="list-style-type: none"> • <u>Emergency Fuel/Energy Assistance:</u> Assistance with fuel and heating bills.
	Crispus Attucks	605 S. Duke Street York, PA 17401	<p><u>Housing:</u></p> <ul style="list-style-type: none"> • 1, 2 & 3 bedroom apartments and single family

H O U S I N G / U T I L I T I E S	Crispus Attucks	717-848-3610 Fax 717-843-3914	homes in the southeast neighborhood of York for low to moderate income residents. <ul style="list-style-type: none"> • Referrals to other agencies and services. • Homeownership opportunities for selected renovated houses.
	Department of Public Welfare	Cash 800-991-0929 Crisis 717-846-4600	<u>Low-Income Home Energy Assistance (LIHEAP):</u> <ul style="list-style-type: none"> ➤ <u>Cash Grants:</u> Payment for heating bills are sent directly to the utility company or fuel provider and credited to the customer's bill. ➤ <u>Crisis Grants:</u> Grants available for emergency situations where the family is in danger of being without heat i.e. broken heating equipment or lines, utility service shut off. • Heating bill assistance to low-income families. • Do not need to be on public assistance to qualify. • May rent or own their home. • Please when calling have the names, dates of birth, social security numbers, and proof of income for all household members and a recent heating bill available.
	Hanover Area Council of Churches	138 Carlisle Street Hanover, PA 717-633-6353	Emergency Housing: <ul style="list-style-type: none"> • Temporary shelter • Families, single men & women.
	Hanover Safe Home	No address provided for security reasons. 717-632-0007	<u>Temporary shelter:</u> <ul style="list-style-type: none"> • Victims & children of abuse • Optional counseling • Support groups • Legal advocacy • Assistance to access community resources
	Housing Alliance of York	35 S. Duke Street York, PA 717-854-1541 Hours: Mon-Fri 8:30 AM-4:30 PM	<ul style="list-style-type: none"> • Mortgage/rental assistance • Landlord/tenant disputes • Fair housing information • Public housing & Section 8.
	Housing Authority of York	31 S. Broad St. York, PA 17403 717- 845-2601 Fax: 717-845-9251	<u>Public Housing:</u> <ul style="list-style-type: none"> • Low income families, the elderly, and people with disabilities. • Housing may include single room occupants, multi-family developments, apartment buildings or single homes. • Residents pay no more than 30% of their adjusted gross income for rent and basic utilities. • Must complete an application, come to the top of the waiting list, and meet income eligibility, rental & criminal history checks.

Housing
Authority of York

2010 Income Limits	
Household Size	Max. Income
1	\$38,500.00
2	\$44,000.00
3	\$49,500.00
4	\$54,950.00
5	\$59,350.00
6	\$63,750.00
7	\$68,150.00
8	\$72,550.00

Family/Disabled/Elderly Housing: Applicant must be on the housing wait list and the following conditions need to be met:

- Qualify as a "family" (HUD’s definition of a family is: “Two or more person who will live together regularly in the dwelling unit, with a head of household at least eighteen (18) years old, who: (a) are related by blood, marriage, adoption, legal guardianship or operation of law; (b) are not so related but have clearly and convincingly demonstrated a stable relationship in prior housing; or (c) consist of an elderly person or an individual with disabilities, and a live-in aide.
- Have an income within the income limits determined by the U.S. Department of Housing and Urban Development (HUD)
- Have each member of the family is a citizen, national, or non-citizen who has eligible immigration status.
- Provide documentation of Social Security numbers for all family members 2 years of age and older (or certifies that they do not have one)
- MUST NOT be a registered sex offender.
- Must not any monies to the York Housing Authority
- Current maximum family income ranges from \$38550 for a single person household to \$72,550 for a family of 8 persons. This was effective May 14, 2010.

Turnkey Lease/Purchase Program:

- Lease purchase program
- Eligible tenants must participate in a workshops and a rent payment set-aside initiative to save up for down payment and closing costs after two years of program participation.

H O U S I N G / U T I L I T I E S	Low-Income Home Energy Assistance Program (LIHEAP)	York County Assistance Office: 800-991-0929 DPW: 800-692-7462	Financial assistance with heating bills.
	Lutheran Social Services of South Central Pennsylvania	1050 Pennsylvania Ave. York, PA 17404 888-404-3500 717-854-3971 http://www.lutheranscp.org/service-areas.htm	<u>Federally Subsidized Housing:</u> <ul style="list-style-type: none"> • Qualified elderly and handicapped and disabled persons in Chambersburg and Shrewsbury. • Cottages or apartments • Assisted living and personal care, or skilled or rehabilitative care. Federally subsidized housing for income
	New Hope Ministries	Dillsburg Center 6 North Second Street Dillsburg, PA 17019 717-432-3053 Fax: 717-432-9789 Email: dillsburg@nhm-pa.net <hr/> Dover Center 1836 Industrial Court Dover, PA 17315 717-292-3441 Fax: 717-292-9154 Email: dover@nhm-pa.net <hr/> Mechanicsburg West Shore Center 15 State Road Mechanicsburg, PA 17050 717-766-7333 Fax: 717-766-7575 Email: mechanicsburg@nhm-pa.net	New Hope provides crisis clients with "basic needs" assistance such as food, rent/mortgage assistance to prevent homelessness, utility assistance to prevent termination of service, transportation and medical assistance. In addition, we work with a broad network of partners to provide screening and referral services to alternate assistance providers.
	Path Stone	1625 North Front Street Harrisburg, PA 17120 717- 234-6616 ext. 106	<u>Financial Education:</u> Provides individuals and families with education about the home buying process and wealth and asset building, enabling them to move toward successful purchase of safe and affordable housing. <hr/> <u>Home Buyer Post-Purchase Counseling:</u> Provides individuals and families with education about the home buying process and wealth and asset building, enabling them to move toward successful purchase of safe and affordable housing.

H O U S I N G / U T I L I T I E S	Path Stone		<u>Home Buyer Pre-Purchase Education</u> : Provide individuals and families with education about the home buying process and wealth and asset building, enabling them to move toward a successful purchase of safe and affordable housing.
	Public Utility Commission	Utility Termination: 800-692-7380 Consumer Complaints: 800-782-1110	The PUC requires utilities to have programs and protections that help low-income customers keep their utility service. Contact your utility company directly for the following programs: <u>Budget Billing</u> <hr/> <u>Customer Assistance Programs (CAP)</u> : Low-income, payment troubled customer to pay regular, monthly utility bills that are based on household size and gross household income. <hr/> <u>Customer Assistance Referral and Evaluation Program (CARES)</u> : The CARES program will help customers with special needs. Special needs customers are consumers who are experiencing family emergencies, divorce, unemployment, or medical emergencies. <hr/> <u>Low-Income Usage Reduction Program (LIURP)</u> : LIURP helps low-income residential customers lower the amount of electricity or natural gas used each month. The utility company may provide free home weatherization. <hr/> <u>Hardship Fund</u> : provide cash assistance to utility customers to help them pay their utility bills. Hardship funds provide assistance grants to customers who “fall” through the cracks” of other financial assistance programs, or to those who still have a critical need for assistance.
	Safe Home	No address provided for security reasons. 717-633-6353	<u>Emergency Shelter</u> : Temporary shelter for victims of domestic violence.
	Salvation Army	50 E. King Street York, PA 17401 717-848-2364 <hr/> 257 E. South Street York, PA 17403 717-846-0167 <hr/> 1080 Haines Rd	<u>Adult Community Recreation & Education Programs</u> : <ul style="list-style-type: none"> • Emergency Assistance: financial, food, utilities & heating • Clothing & households goods. • Older Adult Services - Visitation Services • Worship Center: Music & arts, women, men’s and children services. • Youth Services - Boys' & Girls' Club, Latchkey

H O U S I N G / U T I L I T I E S	Salvation Army	York, PA 17402 717-840-1300	Programs																		
	Still Water	PO Box 1323 Hanover, PA 17331 No street address provided for security reasons. 717-637-2235	<u>Emergency Shelter</u> : Shelter for victims of domestic violence. <ul style="list-style-type: none"> • Temporary housing • Food, clothing & personal care items • Transitional housing program • Counseling • Support groups • Legal & children's advocacy • Linkage to community resources • 24 hour hotline 																		
	Women's & Children's Shelter	17 Jefferson Ave York, PA 717-845-7662	<u>Emergency Shelter</u> : Temporary shelter for victims of domestic violence. Male children must be 12 yoa or younger.																		
	York County Planning Commission	28 E. Market Street 3 rd Floor York, PA 17401 717-771-9870 Fax: 717-771-9511	<u>SCCAP Weatherization Program</u> : Insulation and other energy saving measures for homeowners and renters that financially qualify. Blank lung & child support are not counted as part of income. SSI and TANF recipients are automatically eligible regardless of income. <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>Household Size</th> <th>2009 Income</th> </tr> </thead> <tbody> <tr><td>1</td><td>\$21,660</td></tr> <tr><td>2</td><td>\$29,140</td></tr> <tr><td>3</td><td>\$36,620</td></tr> <tr><td>4</td><td>\$44,100</td></tr> <tr><td>5</td><td>\$51,580</td></tr> <tr><td>6</td><td>\$59,060</td></tr> <tr><td>7</td><td>\$66,540</td></tr> <tr><td>8</td><td>\$74,020</td></tr> </tbody> </table>	Household Size	2009 Income	1	\$21,660	2	\$29,140	3	\$36,620	4	\$44,100	5	\$51,580	6	\$59,060	7	\$66,540	8	\$74,020
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YMCA	Housing Department 310 West Philadelphia Street, York, PA, 717- 854-7291 <hr/> 90 N. Newberry Street York, PA 717-854-7291 ext. 701	Affordable Housing: Available to men, women and families in the Fairmount Apartments on N. Beaver St., W. Market Street, & King Street. One, two, three and four bedroom units are available for rent within these two communities with rent prices ranging from \$350-\$550 per month. <hr/> <u>Emergency Shelter</u> : Single men																			
York Area Development Corporation	118 N. George Street York, PA 717-846-5139 Hours: Mon-Fri 8:30 AM-5:00 PM	Subsidized housing for elderly, handicapped and low-income persons.																			

H O U S I N G / U T I L I T I E S	York Benevolent Association	301 Kings Mill Road P O Box 5041 York, PA 17405 Email: yorkben@verizon.net	Utility assistance.
	York County Assistance Office	130 N. Duke Street York, PA 717-771-1100 800-991-0929 Hours: Monday-Friday 8:00 AM-5:00 PM Information & applications can also be accessed via the Internet at: www.compass.state.pa.us	Apply for cash, food, medical assistance, housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services.
	York Habitat for Humanity	33 S. Seward Street York, PA 717- 854-6168	Partners with low income families to purchase their own home. Candidates must live or work in York City/County for at least six contiguous months prior to applying for the program. Family does not qualify for homeownership through conventional financing; the family has not owned a home for at least two years and the family meets <u>low income criteria</u> . In addition, one of the following must be true: The family's current housing is physically inadequate, unsafe, or overcrowded, or the family is “cost-burdened.” (Cost burdened is defined as needing 50% or more of the family's income to pay the typical rent in York County. Furthermore, the family does not have savings to put money down on a home.). It must be true that 1) The family has a “reliable source of income” which has been stable for at least a year and expected to continue for at least two years. 2) The family’s annual income is adequate to make the monthly principal, tax, and insurance payments (approx. \$500-\$700 per month) while meeting their other debt and living expenses. For York Habitat, this is defined as total debt including the projected principal, taxes, and insurance on the new home not exceeding 40% of income. 3) The family has a credit history free of liens and judgments that would prohibit their ability to sign a mortgage; they have not had a bankruptcy, foreclosure, or deed in lieu of foreclosure in the past 7 years; are not involved in a lawsuit; and they have

H O U S I N G / U T I L I T I E S	York Habitat for Humanity		a demonstrated history of making payments on time, or as negotiated with creditors during time of crisis. 4) The family is able to save \$500 for a down payment required at closing.
	York Rescue Mission	367 W. Market Street York, PA 717-845-7662 Fax: 717-848-4831	<u>Women & Children Shelter:</u> Emergency shelter for women & children that are homeless for various reasons. Residents are provided with food, shelter, clothing, counseling & case management. <hr/> <u>Fresh Start Program:</u> A 30 day program focused on women serving probation through drug court of York County Criminal Justice system. <hr/> <u>New Creation Bridge Housing:</u> A long-term housing program designed to offer supportive services for single women & mothers so that they may stabilize their financial futures.
	York's Helping Hand for the Homeless	412 W. King Street York, PA 17401 717-846-9275	Services for the homeless, primarily York City but will assist anyone in York County. <u>Case Management and Emergency Shelter:</u> counseling and shelter referrals/motel. <hr/> <u>Out Reach Worker:</u> A county wide search for homeless singles and families to provide them with a homeless survival kit and/or transportation to our designated Motel and case management services.

LEGAL SERVICES

	Name of Organization	Contact Information	Services/Eligibility
L E G A L S E R V I C E S	American Civil Liberties Union (ACLU)	Central Office: PO Box 11761 Harrisburg, PA 17108 717-238-2258 877-424-2258 hbginfo@aclupa.org	A private, non-profit membership organization with the mission to preserve and protect the civil liberties and civil rights guaranteed by the US Constitution, especially the principles contained in the Bill of Rights, and the Pennsylvania Constitution. Among the issues addressed are freedom of speech, freedom of religion, government-sponsored religious activities, privacy, discrimination based on race, gender, sexual orientation or disability, police misconduct, censorship in schools or libraries, fairness in application of school discipline, workplace privacy, access to government documents, inhumane jail and prison conditions, and other issues of fair treatment by government. In general, cases not handled are ones that involve such things as evictions, landlord-tenant disputes, general disputes between employees and employers (for

L E G A L S E R V I C E S	American Civil Liberties Union (ACLU)		example, disputes centering on wages and hours), criminal prosecutions, divorce, child custody, or wills.
	Disability Rights Network (DRN) of Pennsylvania	Harrisburg Office 1414 N. Cameron St., 2nd Floor Harrisburg, PA 17103 1-800-692-7443 [Voice] TDD: 877-375-7139 717-236-8110 TDD 717- 346-0293 Fax 717- 236-0192 Email: drnpa-hbg@drnpa.org	Advocacy for adults and children with disabilities to ensure their right to live in the community, receive necessary services, receive a full and inclusive education, to live free of discrimination, abuse and neglect, and to have control and self-determination. Intake Inquiries: <ul style="list-style-type: none"> • Provide advice about disability rights, access to services, abuse and neglect, and other issues. • Matters that require further assistance will to be forwarded to an Advocate or an agency attorney.
	Education Law Center-PA	1315 Walnut Street 4 th Floor Philadelphia, PA 19107 215-238-6970 www.elc-pa.org	Traditional legal work, training and information-sharing; advocating for new laws and policies in Harrisburg and Washington; and working with organizations and media to assure that all children receive a quality education. Organizations work falls into three major areas: <ul style="list-style-type: none"> • Making sure that all children have access to school and school programs. • Providing families (and those who work with them) reliable, understandable information about education laws and policies. • Improving schools. • We can provide legal advice to only a limited number of callers through our Information and Referral service. • If you contact us by telephone, you will be asked to leave a message in voicemail. Our Intake Coordinator (who is not a lawyer) will get back to you within two to four days. Because we have limited staff time, most callers will not speak with a lawyer.
Mid-Penn Legal Services	29 North Queen St. York, PA 17403 New application: 800-299-6599 Existing case: 717- 848-3605 Fax: 717- 854-5431 http://midpennlegal.org/default.htm	Legal services to low income clients: <ul style="list-style-type: none"> • Advice/representaion: Custody & family issues, landlord/tenants disputes, mortgage foreclosures • Utility shut offs • Referral • Counseling • Community education • Representation before administrative bodies & court 	

L E G A L S E R V I C E S	Mid-Penn Legal Services		<p>Financial Eligibility Guidelines 2009 - 2010</p> <table border="1"> <thead> <tr> <th>Household Size</th> <th>Monthly Income</th> <th>Annual Income</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>\$1,128.17</td> <td>\$13,538</td> </tr> <tr> <td>2</td> <td>\$1,517.75</td> <td>\$18,213</td> </tr> <tr> <td>3</td> <td>\$1,907.33</td> <td>\$22,888</td> </tr> <tr> <td>4</td> <td>\$2,296.92</td> <td>\$27,563</td> </tr> <tr> <td>5</td> <td>\$2,686.50</td> <td>\$32,238</td> </tr> <tr> <td>6</td> <td>\$3,076.08</td> <td>\$36,913</td> </tr> <tr> <td>7</td> <td>\$3,465.67</td> <td>\$41,588</td> </tr> <tr> <td>8</td> <td>\$3,855.25</td> <td>\$46,263</td> </tr> <tr> <td>Each Additional</td> <td>\$389.58</td> <td>\$4,675</td> </tr> </tbody> </table> <p>Effective February 2009</p>	Household Size	Monthly Income	Annual Income	1	\$1,128.17	\$13,538	2	\$1,517.75	\$18,213	3	\$1,907.33	\$22,888	4	\$2,296.92	\$27,563	5	\$2,686.50	\$32,238	6	\$3,076.08	\$36,913	7	\$3,465.67	\$41,588	8	\$3,855.25	\$46,263	Each Additional	\$389.58	\$4,675
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York County Attorney Connection	<p>137 E. Market Street York, PA 717-854-8755 717-771-9361</p> <p>Hours: Mon-Fri 8:30 AM-4:30 PM</p>	Source for attorney referral information. Thirty minute consultation for \$50.00.																															
York County Bar Association	<p>137 East Market Street York, PA 17401 717-854-8755 717 854-8755</p>	Source for attorney referral information																															
York County Office of the Public Defender	<p>45 North George Street York, PA 17401 717-771-9217 Fax: 717-771-4759</p>	<p><u>Qualifying cases:</u></p> <ul style="list-style-type: none"> • All misdemeanors • All felonies • Summary offenses: all cases in which there is a substantial likelihood that a jail sentence will be imposed, such as <ul style="list-style-type: none"> • Driving under Suspension if Habitual Offender • Driving under Suspension DUI-related • Summary conviction appeals: appeals from a conviction by MDJ of a summary offense for which the MDJ has imposed a jail sentence • DRO - contempt for failure to pay child support if scheduled before a judge • ICC - violation of a PFA Order • Probation and parole violation hearings • Appeals • PCRA – only if appointed by the judge • For juvenile cases please refer to the 'Juvenile Court' section <p><u>Financial qualifications:</u> Represent those who are indigent and cannot afford an attorney. Qualifications are based on the federal</p>																															

L E G A L	York County Office of the Public Defender		<p>poverty guidelines and look at a number of other factors such as the number of dependents, child support obligations, and ownership of real estate.</p> <p>When you come in to apply, please bring along the following documentation:</p> <ul style="list-style-type: none"> • Proof of income such as paystubs or a tax return • Proof that you receive SSI or welfare • Copy of court order directing you to pay child support • If you own real estate, a mortgage statement showing the balance of the mortgage • Proof of any other major financial debt or assets
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MEDICAL & DENTAL SERVICES

M E D I C A L & D E N T A L	Name of Organization	Contact Information	Services/Eligibility
	Atkins House	307 East King Street York, Pennsylvania 17403 717-848-5454 Fax: 717- 852-9416	HIV/AIDS testing.
	Caring Foundation of Central Pennsylvania (CHIPS)	800-543-7101	Dental insurance for children up to but not including age 19 with no other dental insurance.
	Coast2Coast Rx Card	Pick up locations: CVS Pharmacy Wal-mart Pharmacy Walgreens Rite Aid Target SAM's Club K-mart Giant Weis http://www.coast2coastrx.com/yorkpa/	<u>Free Discount Prescription Card:</u> Card is generally for people without health insurance but in some cases may offer better pricing than certain health insurance plans. Savings up to 65% on brand names and generics. Cards are free and there are no health restrictions.
	Dillsburg Family Health Center	204 Mumper Lane Dillsburg, PA 717-434-2411	<u>Medical Services:</u>
	Family First Health	George Street Center 116 South George Street York, PA 17401 717- 845-8617	<u>Medical Services:</u> Primary care, Family Planning services, acute illness, EPSDT provider, Free BP screening (call for days and times), HIV testing & services. Board

M E D I C A L & D E N T A L	<p>Family First Health</p>	<p>Hours: Mon-Wed 7:30 AM-7:00 PM Thurs-Fri 7:30 AM-5:00 PM</p> <hr/> <p>Hannah Penn Center (located inside Hannah Penn Middle School) 415 E. Boundary Ave. York, PA 17403 717- 843-5174</p> <p>Hours: Mon-Fri 8:00 AM-4:30 PM</p> <hr/> <p>Lewisberry Center 308 Market Street Lewisberry, PA 17339 717- 938-6695</p> <p>Hours: Mon, Tues, Fri 8:30 AM-5:00 PM Wed, Thurs 8:30 AM-4:00 PM</p> <hr/> <p>Hanover Center 1230 High Street Hanover, PA 17331 717-632-9052</p> <p>Hours: Mon, Thurs, Fri 7:00 AM-5:00 PM Tues, Wed 7:00 AM-7:00 PM</p>	<p>certified physicians and mid-level providers at all sites. Additional specialty providers have been added to our Hanover Center and George Street Center to offer patients expertise in the areas of pediatrics and infectious disease. All sites are staffed with Spanish interpreters to assist with visits if the need exists. Specialist to work with patients to examine their eligibility for Medical Assistance, Healthy York Network and Family First Health's Reduced Fee program. Additionally, patients of Family First Health and those apart of Healthy York Network are able to use the Healthy Community Pharmacy, a non profit pharmacy co-located at Family First Health's George Street Center.</p> <hr/> <p><u>Dental:</u> Dental services in York City & Adams County. Hygienist services are available at our George Street Center and Hanover Center. Two of York sites are located at our Hannah Penn Center in the Hannah Penn Middle School and are reserved for treating the youth of the York City School District.</p> <p>Fees for medical and dental services range depending on the types of visit and tests that are performed. Using a sliding fee scale, discounts are based on family size and income. Our registration staff will be glad to explain our system to you when you come in for your visit. No one is denied health services due to an inability to pay.</p> <hr/> <p><u>Prenatal & Early Childhood Services:</u> The Nurse-Family Partnership is a prenatal and early childhood nurse visitation program that improves the health and well being of MA/WIC eligible first-time mothers and their babies. The goal of the program is to help families develop confidence and skills for parenting and economic self-sufficiency. The Nurse-Family Partnership offers a registered nurse the ability to home visit participants to help educate them and hopefully help to prevent maternal and child health problems. Beginning during pregnancy and continuing until the child is two years old, nurse home visitors work with families on:</p> <ul style="list-style-type: none"> • Mother's health issues • Environmental health
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M E D I C A L & D E N T A L	Family First Health		<ul style="list-style-type: none"> • Quality care giving for infants and toddlers • Mother’s healthy personal development • Support from family and/or friends <p>There is no fee for this service. To obtain more information call (717) 843-6330.</p>
	George W. T. Bentzel Dental Center-York Hospital	1001 S. George Street York, PA 17405 Office: 717-851-2066 Cancellation line: 717-851-2655 Emergency: 717-851-2345 Clinic Hours: Monday & Thursday, 8:00 AM-4:15PM Tuesday & Wednesday, 8:00-4:45 PM Friday, 8:00 AM-2:15 PM	General dentistry, oral surgery, periodontics, endodontics & prosthodontics.
	Greenbriar Medical	717- 764-9729 Hours: 1st Thursday of every month 10:00 AM – 11:00 AM	Free Blood Pressure Clinics
	Harrisburg Area Community College (HACC) Dental Hygiene Clinic	One HACC Drive Harrisburg, PA 17110 717-780-2441 800-222-4222 ext. 2441	Dental Hygiene School: Low or no cost dental exam, cleanings & x-rays. Student dental hygienists are supervised by licensed dental professionals. Accepts medical assistance and CHIP. After initial service and if further dental work is needed client may be referred for after care to the clinic or other providers.
	Harrisburg Hospital	111 S. Front Street Harrisburg, PA 17101 717- 782-3131	Emergency medical care
	Healthy York Network	717-812-2990 800-429-2430	Discounted health and dental care services. Counselors will assist people to apply for medical coverage if they are eligible.
	Hoodner Dental Center	605 S. George Street York PA 17401 717-812-7860 Fax: 717-812-7869	<u>General Dentistry:</u> Dental cleanings, fillings and some root canals for children and adults. Accepts the following medical assistance insurance: some forms of Unison, Access & Ameri Health Mercy. Does not participate with Gateway. Does work with Healthy York Network for emergency care (717-812-2990).
	Memorial Hospital	325 S. Belmont St., York, PA 17403 717-843-8623	Emergency medical care. Fees are on a sliding scale & a limited number of insurance plans are accepted.

M E D I C A L & D E N T A L	Memorial Hospital Clinic	1785 Fourth Ave., York, PA 17403 717-849-5474 HIV testing: 717-815-2618	Primary care for women and children, prenatal care and HIV testing by appointment. MA accepted.
	Partnership for Prescription Assistance	888-477-2669 www.pparx.org	Help for people who do not have prescription coverage and cannot afford their medications. Medications may be free or low cost. Please know what medications you are taking prior to calling.
	Pennsylvania Department of Health	1750 N. George Street York, PA 717-771-4505 Hours: Mon-Fri 8:00 AM-4:30 PM 800-215-7494 717-772-2762	<u>Community Health Center:</u> <u>Healthy Women Program:</u> Free breast & cervical screening for women 40-60 yoa who have no or limited insurance coverage and have low to moderate household incomes. <u>Comprehensive Specialty Care Program:</u> Services are provided to children with spina bifida, hemophilia, cardiac disorders, cleft palate, orthopedic and neuromuscular conditions, hearing and speech impairments and ventilator dependency.
Planned Parenthood	York Center 728 S. Beaver Street York, PA 17403 717-845-9681 Hanover Center 1 Center Square Hanover, PA 17331 717-637-6544 Fax 717-637-7489 Red Lion Center 2997 Cape Horn Road #A4 Red Lion, PA 17356 717-244-1412 Fax 717-246-3318 Harrisburg Center 1514 North 2 nd Street Harrisburg, PA 17102 717-234-2468	Family planning counseling, pregnancy testing and option counseling. Walk-ins Monday & Friday mornings, donation requested, birth control, STD services. Therapeutic abortions to 12 weeks by LMP. HIV testing. Free or low cost cancer screening (call for more information). Driver's license physicals and work permits (call for more information). Teen immunizations for existing patients with no insurance. Condoms are FREE.	

M E D I C A L & D E N T A L	Planned Parent	Fax 717-234-2560	
	Weis Markets	Any location	<u>Children’s Vitamins with Fluoride</u> : Bring a fluoride prescription in from your child’s pediatrician to the Weis Pharmacy and receive free children’s vitamins with fluoride for a year. • Children up to 7 years of age.
	York County Assistance Office	130 N. Duke Street York, PA 717-771-1100 800-991-0929 Hours: Monday-Friday 8:00 AM-5:00 PM	Apply cash, food, <u>medical assistance</u> , housing assistance, LIHEAP (heating assistance), long-term care, free/reduced school lunches, and home/community services. Information & applications can also be accessed via the Internet at: www.compass.state.pa.us
	York City Health Bureau, Administrative Office	1 Marketway West 3rd Floor York, PA 17401 717- 849-2252 227 W. Market Street York, PA 717849-2299	Free in home prenatal teaching registered nurses, follow up infant care, free immunizations and fluoride, free pregnancy tests for teens, free lead testing, poison prevention education and injury prevention education. Free childbirth classes (call for days and times). Classes are offered at the Clinic site.
	York Community Health Center	605 S. George Street York, PA 17403 851-2334 Hours: Mon-Thurs 8:00 AM-8:00 PM Friday 8:00 AM-5:00 PM	Primary care for women and children, prenatal care, pediatric, cardiac clinic, childbirth classes – MA accepted. Healthy Beginnings Plus provider. Free pregnancy testing - Monday through Friday - 9:00 AM to 11:30 AM, walk-in, first morning urine.
	York County Dental Society	For more information & a list of participating dentists please call: John J. Blevins, D.D.S 286 N. Main Street P.O. Box 127 York New Salem, PA 17371 717-792-0484 Fax: 717-792-9723 Hours: Call for more information /appointment on/or around January. Services provided on or around February each year.	<u>Doctors with a Heart Care Day</u> : Dr. John J. Blevins started the program 23 years ago. The program is designed to provide low income families, children and/or individuals with no dental insurance & who do not qualify for dental insurance with an opportunity to be seen by a dentist once a year. Many dentists in the York Community participate in this special program & donate their services to the clients free of charge. The cliental, free services preformed, location and the actual date of services to the client are at the individual dentist’s discretion. No referrals necessary.
York Hospital: Emergency Room	1001 S. George Street York, PA 17405	Emergency dental & medical care	

M E D I C A L & D E N T A L	York Hospital Emergency Room	851-2345 888-947-2601	
	York Hospital Specialty Clinics	1101 S. Edgar Street Suite D York, PA 17403 717- 851-2427	Outpatient clinics: Surgical, neuro, dermo, renal, ortho, trauma, ENT, pulmonary, spine, podiatry & plastic surgery
	York Hospital Family Practice: (Thomas Hart Family Practice)	1001 S. George Street York, PA 17403 717- 851-2521	Prenatal care for entire length of pregnancy.
	York's Helping Hand for the Homeless	412 W. King Street York, PA 17401 717-846-9275	Services for the homeless, primarily York City but will assist anyone in York County. <u>Health Center:</u> Health Connect Van provides on site, free medical attention to people, with no insurance and make available to them health care options. Volunteer Doctors and Nurses are from York Hospital. Free eyeglasses for homeless only, provided by another source.

MISCELLANEOUS SERVICES

M I S C E L L A N E O U S	Name of Organization	Contact Information	Services/Eligibility
	Big Brothers Big Sisters of York & Adams Counties	227 West Market Street York PA 17401 717- 843-0051 866-585-8199 Fax: 717-699-0671	Matches children ages 5 through 13 yoa with mentors in professionally supported one-to-one relationships. <u>Community-based Mentoring:</u> Children meet with their mentor once a week in the community to share fun activities ... stories ... and a little bit of themselves. <hr/> <u>School-based Mentoring:</u> Children meet with their mentors once a week in schools, libraries and community centers, to talk and have fun. Central York School District: High School Students visit Hayshire Elementary and Stony Brook Elementary Dallastown Area School District: High School Students visit Ore Valley Elementary Eastern York School School District: High School Students visit Wrightsville Elementary Northeastern School District: High School Students visit Conewago Elementary, and Orendorf Elementary

M I S C E L L A N E O U S	Big Brothers Big Sisters of York & Adams Counties		<p>Red Lion Area School: High School Students visit Mazie Gable Elementary</p> <p>South Eastern School District: High School Students visit Fawn Elementary and Stewartstown Elementary</p> <p>York Catholic High School: High School Students visit St. Patrick's Catholic Elementary School</p> <p>York Suburban School District: High School Students visit East York Elementary and Indian Rock Elementary</p> <p>York City School District: College students visit McKinley Elementary School</p>
	Boy Scouts of America	<p>New Birth of Freedom Council One Baden Powell Lane Mechanicsburg, PA 17050 717- 766-1591 Fax: 717- 795-8721</p>	<p>An organization that aims to enable boys and young men to socialize and learn skills in a wholesome environment. Call to find a troop in your area.</p> <p><u>Cub Scouts</u>: Grades 1-5 or ages 7-10</p> <hr/> <p><u>Boy Scouts</u>: Ages 11-17 or at least 10 yoa and completed 5th grade</p>
	F.I.R.S.T.	<p>717-755-1000 800-673-2529</p>	Free information and community referral service.
	Girl Scouts in the Heart of Pennsylvania	<p>1600 Mt. Zion Road York, PA 17402 FAX: 717.755.1550</p> <p>Hours: Mon-Fri 11:00 AM - 1:00 PM plus by appointment.</p>	An organization that aims to enable girls and young ladies to socialize and learn skills in a wholesome environment. Call to find a troop in your area.
	It Takes A Village	<p>One W. Market Street 2nd Floor York, PA 717-650-1469</p> <hr/> <p>York County Human Services 100 W. Market Street Suite 401 York, PA 17401 717-771-9347 800-441-2025</p> <p>Hours: Monday-Friday 8 AM-4:30 PM</p>	Family Group Decision Making: Coordinates and facilitates family meetings to empower the family to address and find solutions to their own issues. Services are free to York County residents.

M I S C E L L A N E O U S	Jewish Family Services of York	2000 Hollywood Drive York PA 17403 717-843-5011 Fax: 717-846-3025 For those that can not drive call 717-843-5011 for transportation. Hours: Call for details & meeting details.	<u>Stitches of Love</u> : A volunteer opportunity to Knit to help needy children & adults.
	New Hope Ministries	Children & Youth Ministries 211 South Baltimore Street Dillsburg, PA 17019 717-432-2087 Fax: 717-502-1642 Email: c&y@nhm-pa.net	Intervention and prevention services for socially and financially disadvantaged young people in the Dillsburg, Dover and Mechanicsburg communities. Structured, constructive programs with positive adult role models. Many of the young people served could be characterized by a lack of stability in their homes, few aspirations for a successful life and poor school performance because of academic, behavioral or truancy issues.
	S.P.C.A. of York County	Animal Emergency Clinic (AEC) 1640 S. Queen Street York, PA 17403 717- 718-0821 or York County S.P.C.A. 3159 N. Susquehanna Trail York, PA 17406 717-764-6109 http://ycspca.org/LowCostSpayNeuter.htm York County S.P.C.A. 3159 N. Susquehanna Trail York, PA 17406 717-764-6109 Hours: Tues & Thurs, 10 AM to 7:00 PM Fridays & Sat, 10:00 AM to 4:00 PM	<u>Low Cost Spay/Neuter Program</u> : <ul style="list-style-type: none"> • Female Dog (0-50 lbs.) \$100.25 • Female Dog (51-100 lbs.) \$155.00 • Female Dog (101 + lbs.) \$180.00 • Male Dog \$95.00 • Female Cat \$77.25 • Male Cat \$55.00 • Felv Test \$25.00 • Rabies Vaccine \$15.00 • Heartworm Test \$25.00 • Microchip \$25.00 <hr/> <u>Chow for our Pals</u> : This program has helped senior citizens on a fixed income as well as people who are temporarily unemployed to provide feed for their pets. <hr/> <u>Pet Housing Referral Program</u> : The program assist pet owners in finding rental housing that allow pets to remain with their owners. <hr/> <u>Safe Pet Program</u> : Partnered with ACCESS York and Safe Home of Hanover to provide temporary shelter for pets of domestic abuse victims. The pet is placed in a loving foster home and the pet is provided any necessary veterinary care and vaccinations. The program has been expanded to include the American Red Cross to assist displaced

M I S C E L L A N E O U S	S.P.C.A. of York County		families due to catastrophes such as floods and fires. <hr/> <u>Second Chance Fund:</u> This program provides veterinary care and treatment for sick and injured animals.											
	YWCA	320 E. Market Street York, PA 17403 717-845-2631 Fax: 717-846-9181 Hours: Mon-Friday 6:30AM-5:30 PM	<p><u>Basic Membership:</u></p> <table border="1"> <tr> <td>Child</td> <td>\$25.00</td> </tr> <tr> <td>Senior</td> <td>\$30.00.</td> </tr> <tr> <td>Adult</td> <td>\$35.00</td> </tr> </table> <ul style="list-style-type: none"> • Free use of parking lot & lobby. • Free daily use of lockers and/or baskets in locker rooms • Free fitness and aquatic center orientations / tours • Adult and child swim lessons – additional charge • Lap & family swim – additional charge • Personal training – additional charge • Personal massage – additional charge <hr/> <p><u>Fitness Memberships: (basic included):</u></p> <table border="1"> <tr> <td>EFT (must be 13 years or older)</td> <td>\$29.00 month</td> </tr> <tr> <td>EFT –College student</td> <td>\$20.00 month</td> </tr> <tr> <td>EFT additional member</td> <td>Additional \$10 per monthly</td> </tr> </table> <ul style="list-style-type: none"> • Use of parking lot & lobby. • Daily use of lockers and/or baskets. • Unlimited fitness & aquatic classes. • Use of cardio & weight equipment. • Initial fitness evaluation & re-evaluations every 3 months. • Use of cardio & weight equipment. • Unlimited lap & family swimming. <p>Insurance, corporate & college student discounts may be available. Scholarships for fitness & aquatics are approved based on financial need and available funds.</p> <hr/> <p><u>Girls on the Run:</u></p> <ul style="list-style-type: none"> • 12 week, 24 lesson After School program for girls ages 8-11 years of age. • Training for 3.1 mile running event with self-esteem enhancing, uplifting workouts. • Current locations: Indian Rock Elementary, LJM Elementary School, North Hills Elementary Southern York County School District, Sinking Springs, Shrewsbury Elementary 	Child	\$25.00	Senior	\$30.00.	Adult	\$35.00	EFT (must be 13 years or older)	\$29.00 month	EFT –College student	\$20.00 month	EFT additional member
Child	\$25.00													
Senior	\$30.00.													
Adult	\$35.00													
EFT (must be 13 years or older)	\$29.00 month													
EFT –College student	\$20.00 month													
EFT additional member	Additional \$10 per monthly													

YWCA		Windsor Manor & York Country Day School • \$75.00 fee with limited scholarships available.
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SUBSTANCE ABUSE

SUBSTANCE ABUSE	Name of Organization	Contact Information	Services/Eligibility
	Adams/ Hanover Counseling Services	625 West Elm Avenue Hanover, PA 17331 Phone: 717- 632-4900 <hr/> 44 South Franklin Street Gettysburg, PA 17325 Phone: 717- 334-9111 <hr/> 73 East Forrest Avenue, Suite 12 Shrewsbury, PA 17361 717- 235-0199 <hr/> 5 Pendyrus Street Delta, PA 17314 717- 456-5578 <hr/> 1195 Roosevelt Avenue York, PA 17404 717- 843-0800	• Out patient drug & alcohol counseling
	Alcoholics Anonymous	135 W. Philadelphia St. York, PA 717-843-4227 <hr/> Call for schedule & location of meetings. 717-854-4617	<u>Cogelo Suave (Take it easy):</u> AA meetings for Spanish speaking people. <hr/> AA meetings
	Al-Anon	Call for schedule & locations of meetings 888-425-2666 http://pa-al-anon.org/meetings.html	Teens & Youth: Meetings are closed to adults unless specified.
	Colonial House Outpatient	15 South Pershing Avenue York, PA 17401 717- 843-8444	• Out patient drug & alcohol counseling
	Cornerstone Counseling and Education Services	11 York Street, Suite 201 Hanover, PA 17331 717- 632-6555	• Out patient drug & alcohol counseling • Partial hospitalization
	Gaudenzia West Shore	4740 Delbrook Road Mechanicsburg, PA 17050 717- 766-8517	• Out patient drug & alcohol counseling

SUBSTANCES ABUSE	New Insights, Inc.	716 State Street Lemoyne, PA 17043 717- 303-2035	<ul style="list-style-type: none"> • Out patient drug & alcohol counseling • Partial hospitalization • Partial hospitalization with housing component
		517 Carlisle Avenue York, PA 17404 717- 845-2079	
	PA Counseling Services, Inc.	128 North George Street York, PA 17401 717- 848-6116	<ul style="list-style-type: none"> • Out patient drug & alcohol counseling
		334 York Street Gettysburg, PA 17325 717- 337-0026	
	Pyramid Healthcare, Inc.	104 Davies Drive York, PA 17402 (717) 840-2306	<ul style="list-style-type: none"> • Out patient drug & alcohol counseling
	T.W. Ponessa & Associates	2845 Eastern Boulevard York, PA 17402 Appts: 800- 437-5405 York 717- 840-6444	<ul style="list-style-type: none"> • Out patient drug & alcohol counseling
	Wellspan Behavioral Health Services	1101 South Edgar Street York, PA 17403 717- 851-1500	<ul style="list-style-type: none"> • Out patient drug & alcohol counseling
White Deer Run	Call Center: 866-769-6822	<ul style="list-style-type: none"> • Emergency Detoxification • Crisis Intervention 	
	901 Westminster Drive Williamsport, PA 17701 570- 321-6127	<hr/> Partial hospitalization with housing component	
York Adams Drug & Alcohol Services	3410-B East Market Street York, PA 17402 717- 840-4207 Fax: 717- 840-4135 Hours: Monday-Friday 8:00 AM-4:30 PM	Funding for services and/or referrals for drug & alcohol issues. <ul style="list-style-type: none"> • Intervention • Prevention • Treatment 	

TRANSPORTATION

T	Name of Organization	Contact Information	Services/Eligibility
R	Rabbit transit	1230 Roosevelt Ave York, PA 717-846-7433 800-632-9063 Fax 717-848-4859	<u>ADA:</u> For disabled individual who because of their disability cannot use fixed route service.
A			<hr/> <u>Fixed Route Bus Service:</u> Open to all bus riders.
N			<hr/> <u>Para transit Service:</u> Open to all bus riders who because of their disability can not ride fixed route
S		Downtown Transfer	
P			
O			
R			

T R A N S P O R T A T I O N	Rabbit transit	<p>Center - King Street & Pershing Avenue 213 W. King Street York, PA 717-845-7553 800-524-2766</p> <p>Hours: Mon-Fri 5:45 AM-11:30 PM Sat 7:15 AM-9:45 PM Sun 9:15 AM-6:00 PM</p> <p>www.rabbittransit.org</p>	<p>service or their area lacks fix route services. This is a shared ride program and others will be sharing the vehicle. Riders must pre-register.</p> <hr/> <p><u>Half Fare Program:</u> Passengers with a disability may be entitled to a Reduced-Fare for half the regular adult fare. A Medicare card is sufficient proof of disability for persons under the age of 65. Passengers may bring their Medicare card to the Roosevelt Avenue office or to the Downtown Transfer Center to receive their identification card. If you do not possess a Medicare card, you may request to have an application mailed to you. A doctor will need to sign the application to verify your disability. Once this is done, you may either mail the completed application or return it in person and a Reduced Fare Transit Identification Card will be issued to you.</p> <hr/> <p><u>PA Senior Citizens Free Ride Program:</u> Passengers 65 years of age or older ride free. To be eligible for the Free Fare Program, passengers must register with rabbit transit to obtain a PA ID Card. To receive the Free Fare ID Card, passengers must bring approved proof of age to Roosevelt Avenue office or to the Downtown Transfer Center. An application will be completed and the ID card will be issued immediately. Photo copies of the appropriate proof of age may also be mailed with an application in order to receive the ID card.</p> <p>The following are PA approved proof of age documents: Birth Certificate, Baptismal Certificate, Naturalization Papers, Passport, statement from Social Security Administration, Armed Forces Discharge/Separation Papers, PA Identification Card, Photo Motor Vehicle Operator's License, Resident Alien Card, Pace Card or Veteran's Universal Access Identification Card. Passengers over 65 may also use their Medicare Card to ride for half-fare, however, they are encouraged to apply for the free fare card.</p> <hr/> <p><u>Travel Training:</u> A free service designed to teach people how to use the fixed route public transportation system.</p> <hr/> <p><u>Medical Assistance Transportation:</u> PA residents with a valid Access card may be eligible for free</p>
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T R A N S P O R T	Rabbit transit		transportation or mileage reimbursement to and from medical appointments. Medical appointments include physicians, dentists, hospitals (non-emergency), pharmacies, surgical centers & psychologists/psychiatrists.
	York County Council of Churches	30 E. King Street York, PA 17401 717-854-9504 Fax: 717-843-5295 Email: office@yccchurches.org	<u>Ordinary People, Extraordinary Needs (OPEN):</u> Education, emergency assistance & transportation for people suffering with AIDES.

NEW RESOURCES I HAVE FOUND

To share new resources you have found or have your organization added to future resource guides email information to: cslyman@york-county.org or mail to York County Office of Children, Youth & Families, Resource Department, 100 W. Market Street, York PA 17401. When providing information please include as much detail as possible. Information received will be confirmed and added if appropriate.

Name of Organization	Contact Information	Services/Eligibility

Notes