

# Motivational Interviewing



1. Session Learning Objectives: This two day training will introduce attendees to the stages of change (transtheoretical model) and through the two days of training and practice during the sessions learn the basics of motivational interviewing including an understanding of FRAMES, OARS, and DARN-C. Participants will learn to look for change talk and its application in therapeutic sessions, develop an understanding of resistance and be able to address resistance as part of the therapeutic process, and develop the skills needed to begin the practice of motivational interviewing/motivational enhancement therapy in their sessions.

2. Instructional Methods (lecture, group exercise, panel discussion, etc.):

The two days of training will be an interactive combination of lectures, group exercises, individual practice exercises, group discussions, and multimedia examples of motivational interviewing/motivational enhancement therapy.

3. Relevance to Social Work Profession (how session relates to social work skill, knowledge, ethical considerations, etc.): The relevance of this to the social work profession includes increased knowledge of the process of change, rapport building with those being counseled, and development of appropriate evidence based intervention/interaction techniques the social worker may use in therapeutic contact with clients.

**MUST BE REGISTERED as a Department of Drug and Alcohol Program's training management system USER ONE-WEEK BEFORE THE TRAINING! Go to web site below**



\* <https://apps.ddap.pa.gov/TMS/Logon.aspx>

## **IF YOU ARE NOT A USER IN TMS YOU WILL NOT GET A CERTIFICATE FOR THE TRAINING!**

All programs sponsored by the PA Department Drug & Alcohol Programs and York/Adams Drug and Alcohol Commission. An application for NASW credits have has been submitted for this training.

**Trainer:** Gregory Krausz,

- *Director of Addiction Treatment Programs*
- -Develop and implement policies and procedures for outpatient programs.
- -Develop medical record for outpatient treatment programs.
- -Develop open and supervise IOP and OPT locations in Haddonfield, NJ, Atlantic City, NJ and Bethlehem, PA.
- -Conduct clinical assessments and individual counseling.
- -Increased licensed capacity of Bethlehem office from 35 to175.
- -Increased Active client load from 0 to 160 in Five years.
- -Developed and maintained healthcare professionals treatment program.

**Date:** MARCH 12 & 13, 2015

**Time:** 8:30-9:00 Registration  
9:00-12:00 Training  
12:00-1:00 Lunch  
1:00-4:00 Training

**Place:** Pleasant Acers Annex  
112/118 Pleasant Acres Road  
York, PA 17402

There will be no refunds. Please arrive on time. The trainer/sponsor has the right to not admit latecomers to the training.

## REGISTRATION

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone # \_\_\_\_\_

Fax# \_\_\_\_\_

Email: \_\_\_\_\_

**Cost:** \$30      Pay at site  
Please bill me

**Lunch Provided**  
Vegetarian meal requested

Credits: CAC: 12 CEU: 12 NASW 12

**Make Checks payable to YADAC**

Training Date: March 12 & 13, 2015

Deadline: March 6, 2015

Send Registration Form To:  
York/Adams Drug & Alcohol Commission  
Attn: Michael Maletz  
100 West Market Street, Suite B04  
York, PA 17401

Phone # 717-771-9222  
Fax # 717-771-9709

Please note if you are registered and do not attend without canceling by 9:00 am on the training date either via the TMS or by calling the training contact you are still responsible for payment and will be invoiced. In addition, DDAP will bill you \$50.00 as an administrative fee.