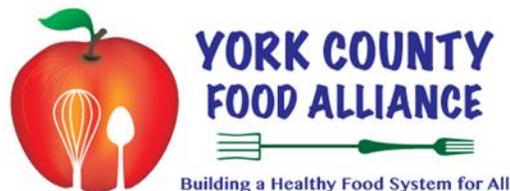


Save Money and Eat Healthier

Special Edition: COVID-19 Response Update



Food Pantries

Announcement from the Wolf Administration

If you are out of work without pay, you are eligible to receive food sourced from the state and federal government from a food bank or food pantry in Pennsylvania. This includes service workers who are unable to get shifts or hourly wage employees of non-essential businesses that have voluntarily closed due to COVID-19 mitigation. You may be asked to provide your household size and weekly income level as of the day you apply.

To find a food pantry:

- Search for a food pantry by zip code on the Central Pennsylvania Food Bank's website – www.Centralpafoodbank.org– or call their helpline: **1-877-999-5964** Mon. – Fri. from 8 a.m. – 4 p.m. (Se habla Español).
- Call 211.

Protect Yourself – Protect Others

You are allowed to leave your home to get food from the grocery store or food pick-up programs like a food pantry. Food pantry volunteers are taking steps to lower the chance of spreading COVID-19. Here's how you can help:

- Send only one person to get the food.
- If going to a food pantry, be sure to make room in your trunk in case the site is a "no-touch, drive-thru" site.
- If you do get out of your vehicle or walk, keep your distance from others.

For a list of "emergency" food pantries, soup kitchens, and free community meals, visit <https://yorkfoodbank.org/>.

➤ If you have general questions about COVID-19 prevention, risk, screening and instructions on when to seek care, please visit www.wellspan.org/coronavirus and complete the "Coronavirus Assessment Tool."

➤ For updates on Unemployment or Workers' Compensation benefits and other COVID-19 resources, visit: <https://www.uc.pa.gov/Pages/covid19.aspx> or <https://www.yorkcpc.org/covid-19-resources/>.

SNAP (Supplemental Nutrition Assistance Program)

(See back page for income guidelines.)

SNAP benefits (food stamps) help people eat healthy by stretching their food dollars at grocery stores and supermarkets. If you qualify, you'll get a debit card with a monthly amount of money to use for groceries.

To apply online, visit www.Compass.state.pa.us.

To apply over the phone, call the Central PA Food Bank's toll-free Food Stamps Helpline at **1-877-999-5964**, Mon. – Fri. from 8:00 a.m. – 4 p.m. (Se habla Español). To contact the York County Assistance Office, call **1-800-991-0929**.

York County Food Bank Programs

254 W. Princess St., York, PA

www.Yorkfoodbank.org

717-846-6435

For everyone's safety the York County Food Bank is implementing some temporary changes due the recently declared pandemic. Please note that effective Tuesday, March 17:

- The pantry area will not be open for shopping until further notice.
- Your current vouchers will not expire and can be used in the future when the pantry re-opens.
- You may come to the food bank 1 time/week to for a prepacked box of food (shelf stable, fresh and frozen). Please bring your ID

Days/hours to get a box of food:

Tuesdays 3:00-6:00pm

Fridays 11:30am-2:30pm

This is a drive-thru pick-up. If possible, send only one member of the family. Please clear a space in the trunk for the food box.

Days and times are subject to change. Check the website for updates.

Programs for Kids

Women, Infants & Children Program (WIC)

(See back page for income guidelines.)

This special program helps pregnant women and mothers with children under age 5 with food, health screenings, and nutrition information. Summer vouchers (Farmers' Market Nutrition Program) are also available to redeem at local farm markets.

Announcement from the Community Progress Council

During this time, WIC's operations will be limited to its York City clinic only. For others who are asked to keep or reschedule appointments and normally visit other locations throughout York County, the York clinic is located at 130 West Market Street, York. If you are a new participant – you will be called to reschedule your appointment for a later date. Read a "Special Message for WIC Participants" at: <https://www.yorkcpc.org/covid-19-resources/>.

Meals for School Students

- Grab & Go Breakfast and Lunches: While schools are closed, school districts are offering all students meals at no cost. Check your child's school district website for details and updates.
- Community Support: Many community eateries offer free meals for students. For updated information, check your child's school district website and local media sources.

Programs for Seniors

Senior Box Program

(See income guidelines below)

Once per month, income-eligible seniors (60+) can get a free box of healthy food. For pick-up locations and to sign up, call the York County Food Bank at **717-846-6435 x 209**. In keeping with social distancing practices, many locations are offering "drive up" distribution and are allowing a "proxy" to pick up the box.

Group Meals

Take-out meals are available at York County Senior Centers for residents 60 years of age or older. To find a Senior Center and for more information about take-out meals, call **717-771-9610** or visit the website:

<https://yorkcountypa.gov/county-human-services/agency-on-aging/senior-centers.html>

Home Delivered Meals

Home delivered meals are available to a York County resident in a non-institutional setting, 60 years of age or older with a disability which prohibits the individual from leaving his/her residence, living alone or with someone who also meets these criteria. Contact the York County Area Agency on Aging at **771-771-9610** for more information.



To qualify for the programs in the chart below, gross monthly income must be *equal to or less than the amounts shown per household size*. (Note: Income guidelines change on a yearly basis. Current amounts as of March 2019).

Available Programs	Household Size	Household Size	Household Size	Household Size	Additional Member
	1	2	3	4	+1
Supplemental Nutrition Assistance Program (SNAP)/Food Stamps	\$1,666	\$2,256	\$2,845	\$3,434	+\$590 each
SNAP for 60+ or Disabled	\$2,082	\$2,820	\$3,556	\$4,292	+\$738 each
Women, Infants & Children Program (WIC)	\$1,926	\$2,607	\$3,289	\$3,970	+\$682 each
Senior Box Program	\$1,354	\$1,832	\$2,311	\$2,790	+\$479 each