

York-Adams HealthChoices Program



Annual Report Fiscal Year 2017-2018

Report prepared by the York-Adams HealthChoices Management Unit
March 2019

Contents

HealthChoices Background	2
Eligibility and Categories of Aid	3
Enrollment	4
Service Descriptions	5
Utilization - All Ages	5-10
Youth Served	11-13
Reinvestment	14-15
Terminology	18-19

York-Adams HealthChoices Management Staff

Michelle Hovis
Executive Director
York County Human Services

Taryn Maguire
HealthChoices Director

Maria Landry
HealthChoices Chief Fiscal Officer

Jennifer Barmore
HealthChoices Director Quality Assurance

Amy Hampson
HealthChoices Housing Specialist

Adams County Commissioners

Randy L. Phiel, Chairman
James E. Martin, Vice-Chairman
Marty Karsteter Qually, Commissioner

York County Commissioners

Susan P. Byrnes, President
Doug Hoke, Vice-President
Christopher B. Reilly, Commissioner



HealthChoices

HealthChoices is the Commonwealth of Pennsylvania's mandatory Medicaid managed care program administered by the Department of Human Services (DHS). This integrated and coordinated health care delivery system was introduced by the Commonwealth to provide medical, psychiatric, and substance abuse services to Medical Assistance (Medicaid) recipients.

The three components of the HealthChoices Program are:

- Physical Health
- HealthChoices Enrollment Assistance Program
- Behavioral HealthChoices

The Office of Medical Assistance Programs (OMAP) administers the first two components, while the Office of Mental Health and Substance Abuse Services (OMHSAS) oversees the third component, the behavioral health program, that provides mental health and substance abuse treatment services.

York and Adams Counties jointly accepted the right-of-first-opportunity to manage the local program and entered into a full-risk capitation contract with the Commonwealth on October 1, 2001. The Counties sub-contract with a behavioral health managed care organization, Community Care Behavioral Health Organization, to provide care management, provider network development, quality assurance, member services, claims management, and fraud, waste, and abuse monitoring. The York-Adams HealthChoices Management Unit provides oversight of the local HealthChoices Program and monitors Community Care's activities to ensure full contractual compliance.

Eligibility

Pennsylvania is required to cover individuals who meet certain minimum categorical and financial eligibility standards. Medicaid beneficiaries include children, pregnant women, adults in families with dependent children, the aged, blind, and/or disabled, and individuals who meet certain minimum income eligibility criteria that vary by category. The following are the current categories of aid in the Pennsylvania HealthChoices Program.

Categories of Aid

Temporary Assistance to Needy Families (TANF)

Assistance to families with dependent children who are deprived of the care or support of one or both parents.

Healthy Beginnings (HB)

Assistance for women during pregnancy and the postpartum period.

Modified Adjusted Gross Income (MAGI)

The Affordable Care Act made the tax concept of Modified Adjusted Gross Income (MAGI) the basis for determining Medicaid and CHIP eligibility for nondisabled, nonelderly individuals, effective January 1, 2014.

Newly Eligible

Medicaid expansion category for adults, ages 21 and older, with household incomes up to 138% of the Federal Poverty Level (FPL), effective January 1, 2015.

Supplemental Security Income without Medicare

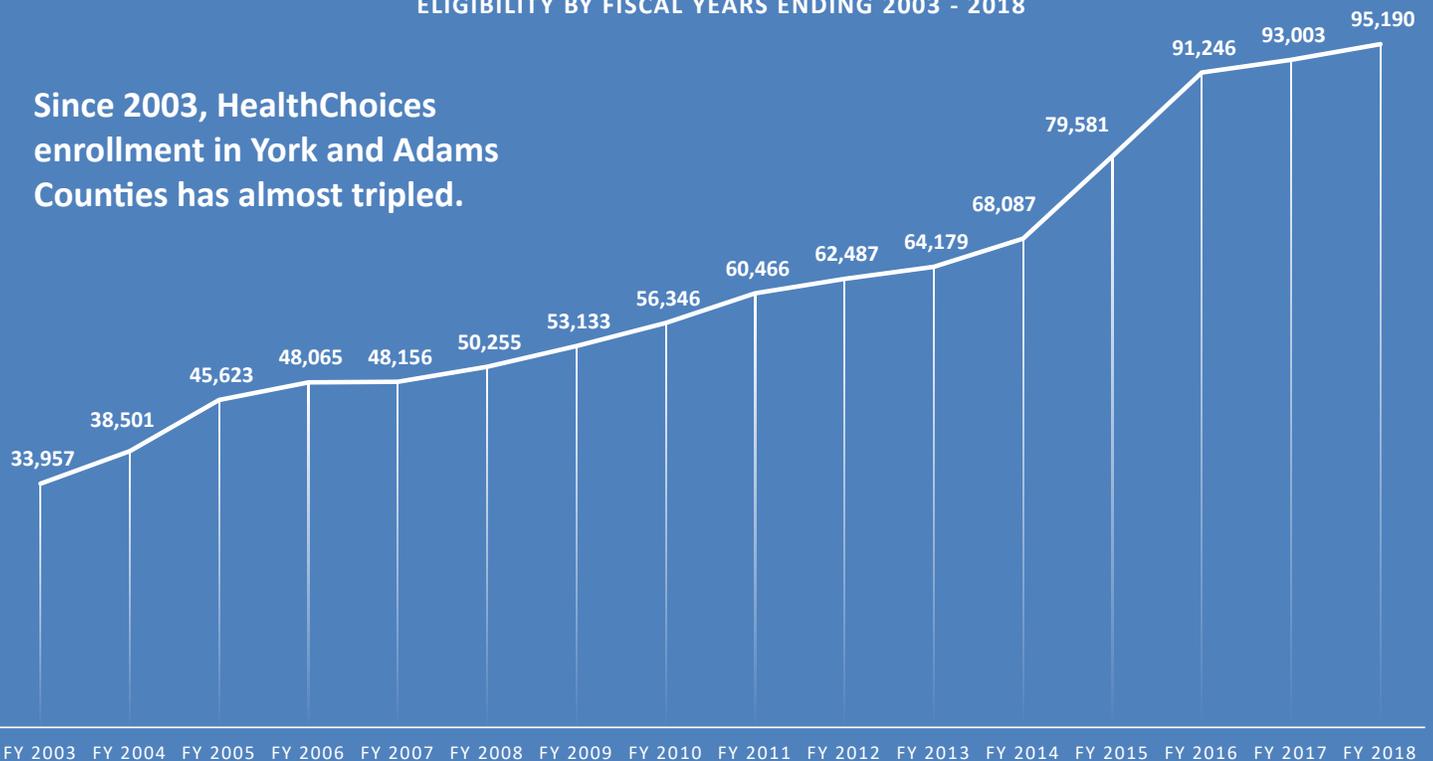
Assistance for people who are aged, blind, or determined disabled for less than two years.

Supplemental Security Income with Medicare

Assistance for people who are aged, blind or determined disabled for over two years.

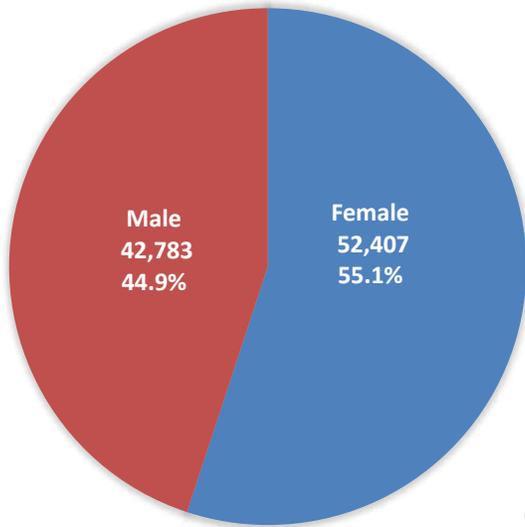
ELIGIBILITY BY FISCAL YEARS ENDING 2003 - 2018

Since 2003, HealthChoices enrollment in York and Adams Counties has almost tripled.

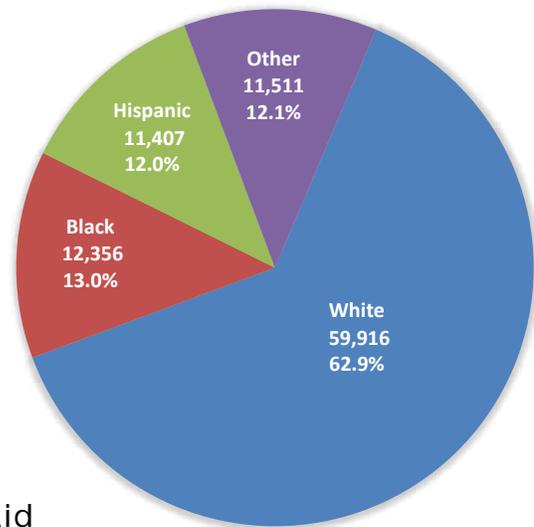


Enrollment

Gender

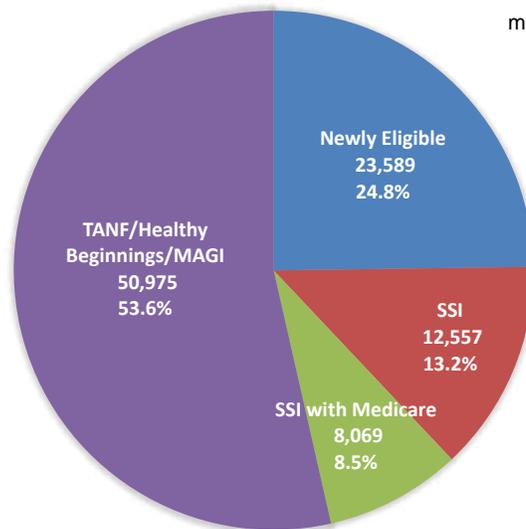


Race/Ethnicity

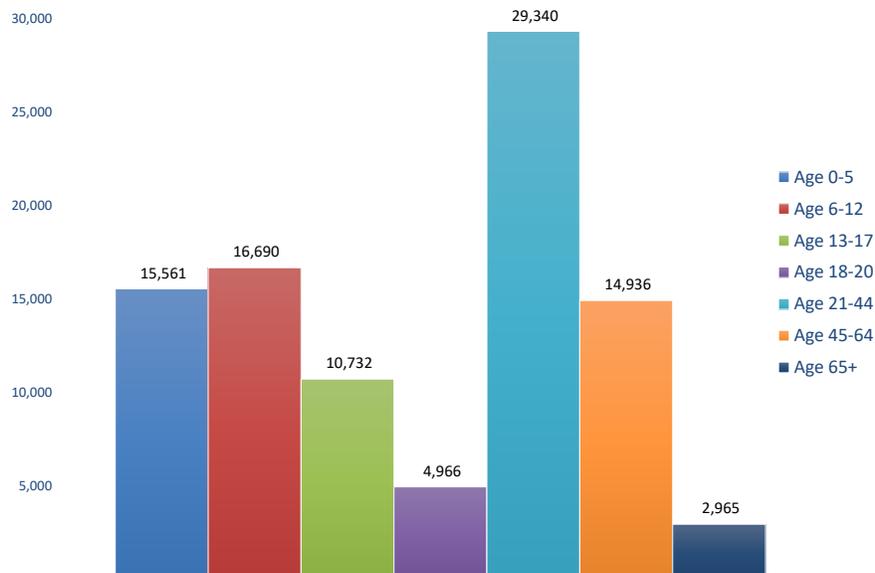


Note: Other race includes members who report mixed race.

Category of Aid



Age Groups



Services

HealthChoices members are eligible to receive in-plan services usually offered by their choice of at least two service providers, as well as additional services that have been approved for use by the York-Adams HealthChoices Program.

In-Plan Services:

- Inpatient Psychiatric Hospitalization
- Inpatient Drug & Alcohol Detoxification, Treatment, Non-Hospital Rehabilitation, and Halfway House
- Psychiatric Partial Hospitalization Services
- Outpatient Mental Health and Drug & Alcohol Counseling
- Laboratory and Diagnostic Services
- Medication Management and Clozapine Support
- Psychiatric Evaluation and Psychological Testing
- Residential Treatment Facilities for Adolescents (RTF)
- Behavioral Health Rehabilitative Services for Children and Adolescents (BHRS)
- Methadone Maintenance
- Intensive Case Management
- Resource Coordination
- Crisis Intervention
- Family Based Mental Health Services
- Peer Support

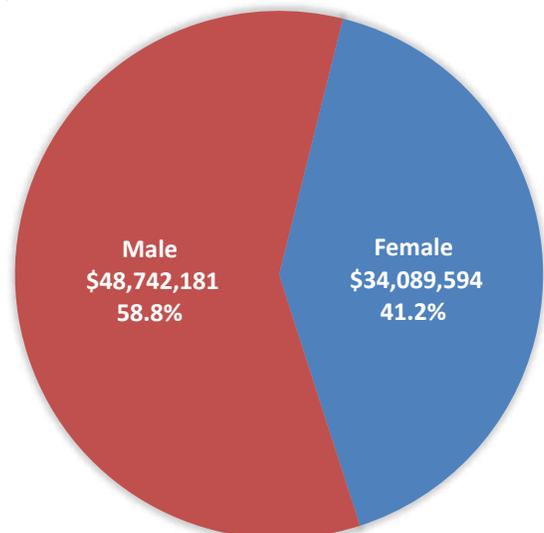
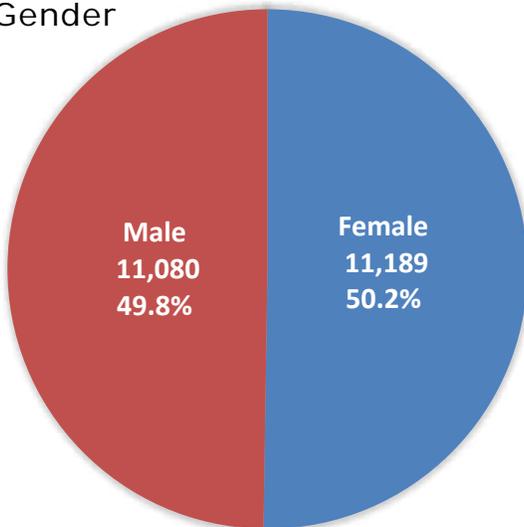
Supplemental Services:

- Children's Services Enrolled as Program Exceptions
- Community Treatment Team
- Crisis Diversion
- Drug & Alcohol Intensive Outpatient
- Psychiatric Rehabilitation

Utilization

22,269 Served
\$82,831,775 Spent*

Gender

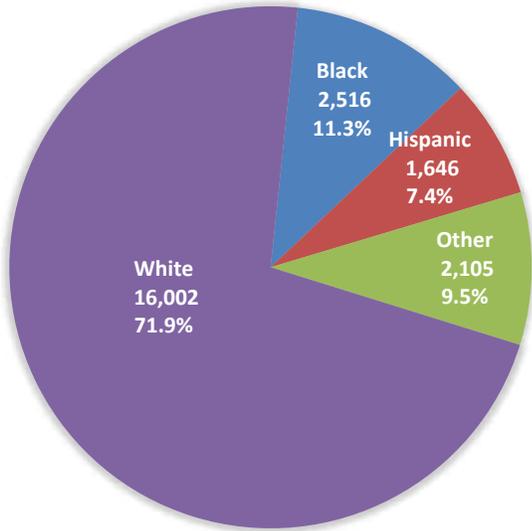


Notes: Does not include alternative payment arrangements (APA) - see page 7 for APA detail.
The charts in this report represent enrollment and utilization data that occurred during the 2017-2018 operating year.
Utilization is derived from paid claims for services provided between July 1, 2017 and June 30, 2018

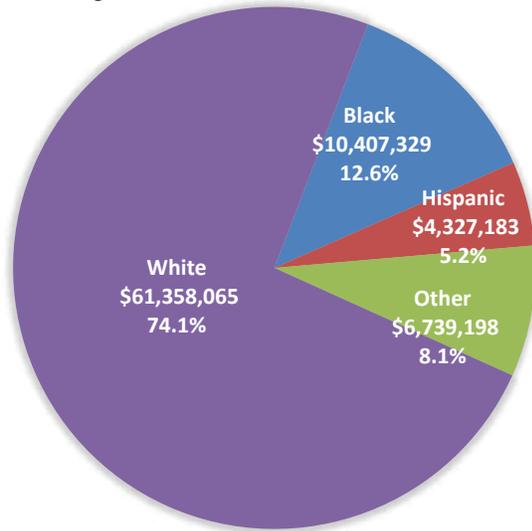
Utilization

22,269 Served
\$82,831,775 Spent*

Race/Ethnicity

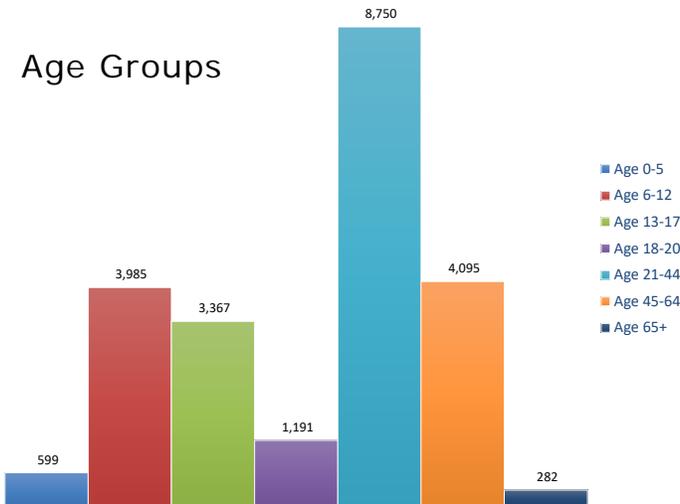


Distinct Members Served



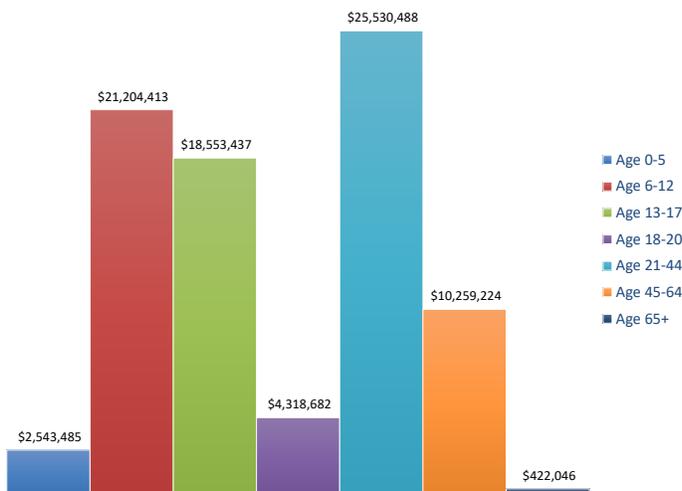
Amount Spent

Age Groups



Distinct Members Served

The majority of members who receive services are White and fall between ages 21 and 44 years.



Amount Spent

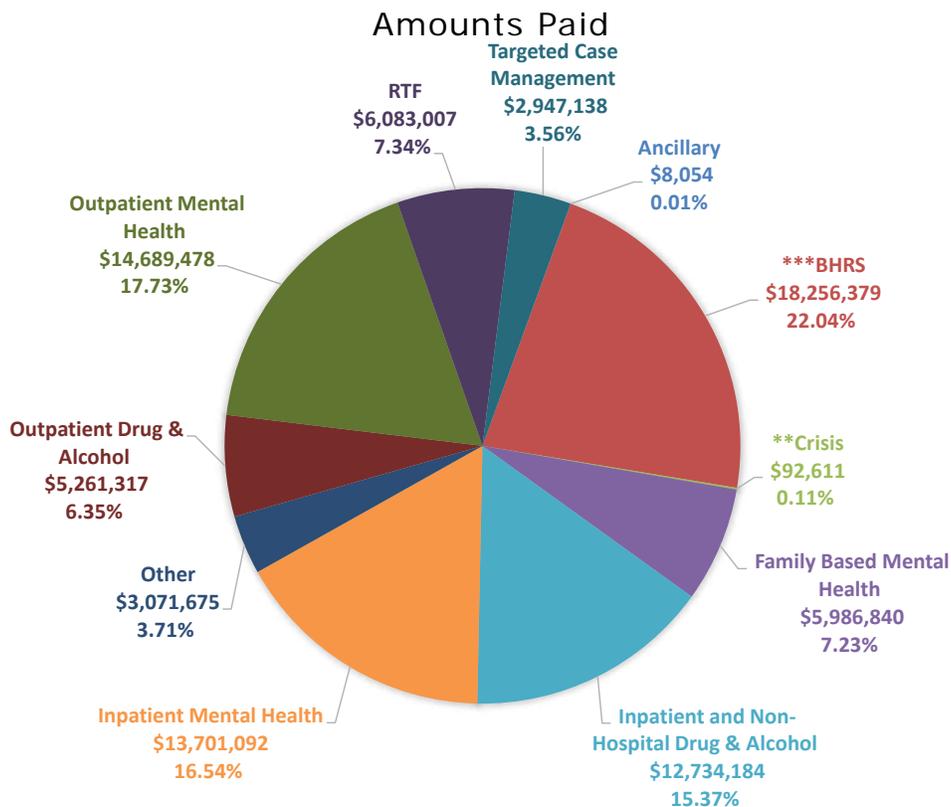
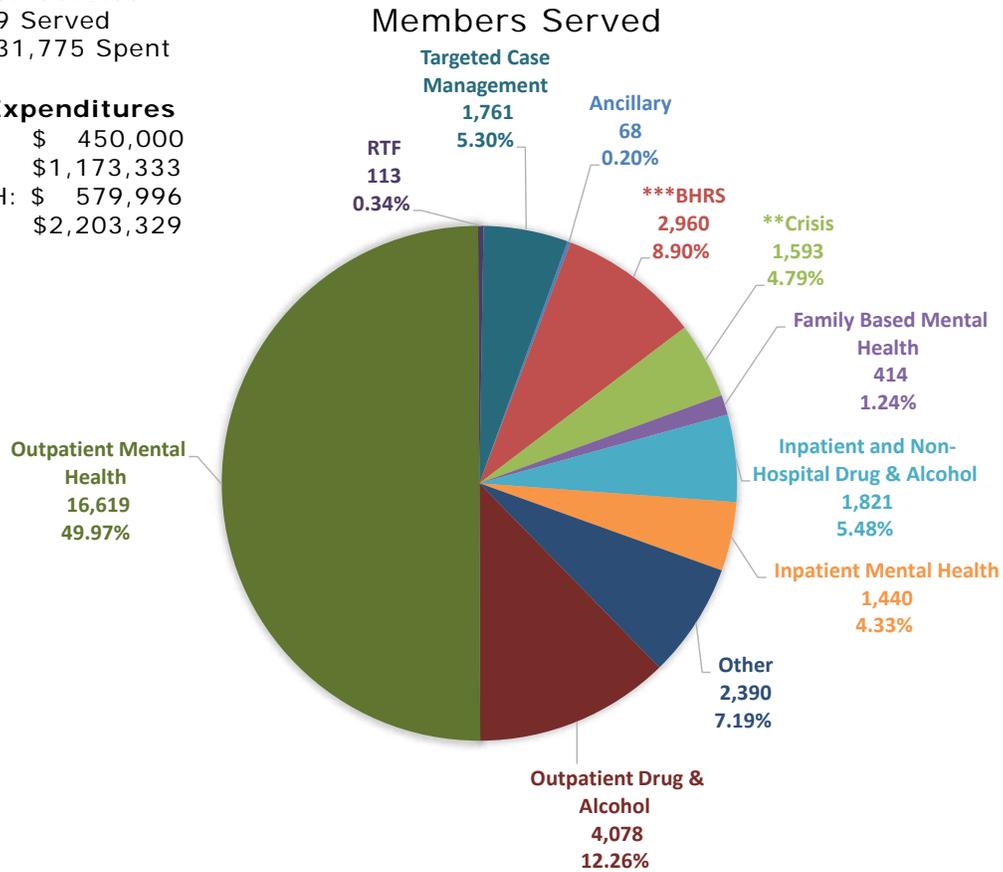


Notes: "Other" race includes members who report mixed race. Does not include alternative payment arrangements (APA). See page 7 for APA detail.

Utilization Level of Care

Fee-for-Service
22,269 Served
\$82,831,775 Spent

APA Expenditures
CORE: \$ 450,000
Crisis: \$1,173,333
CSBBH: \$ 579,996
Total: \$2,203,329



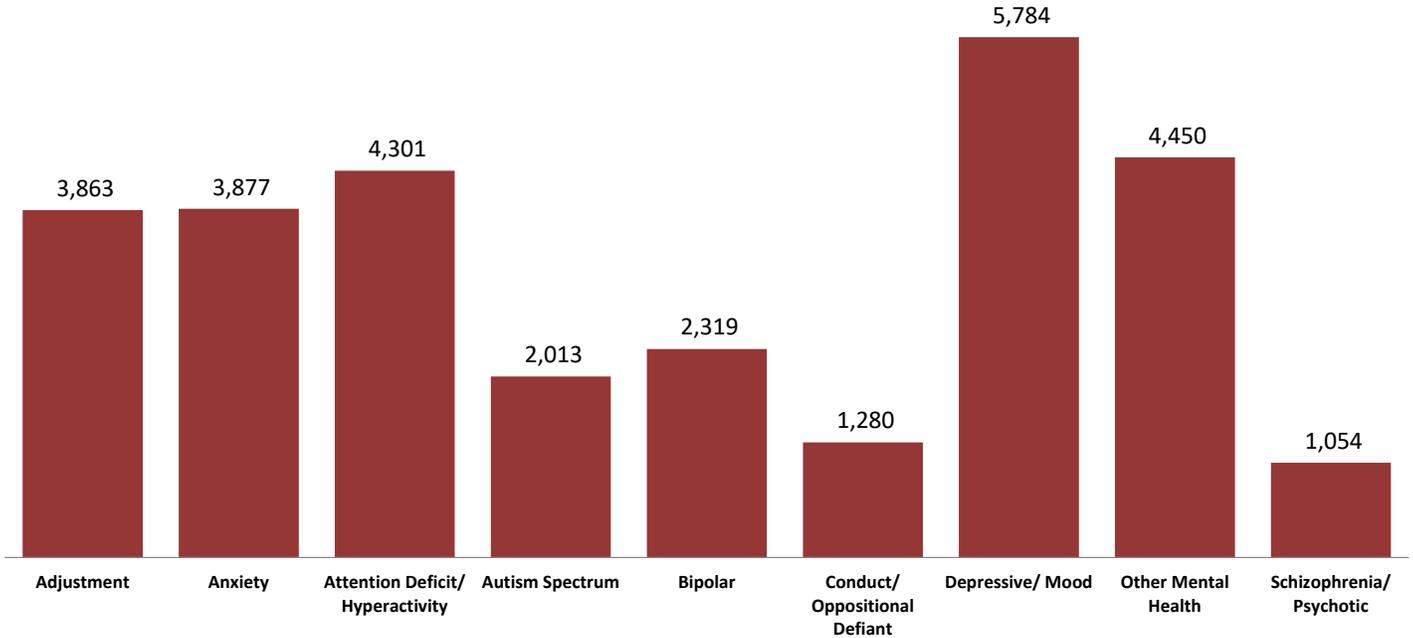
Notes: Charts do not include data for APAs. CORE and CSBBH (school-based) are BHRS services. See page 15 for BHRS detail.

Primary Diagnosis

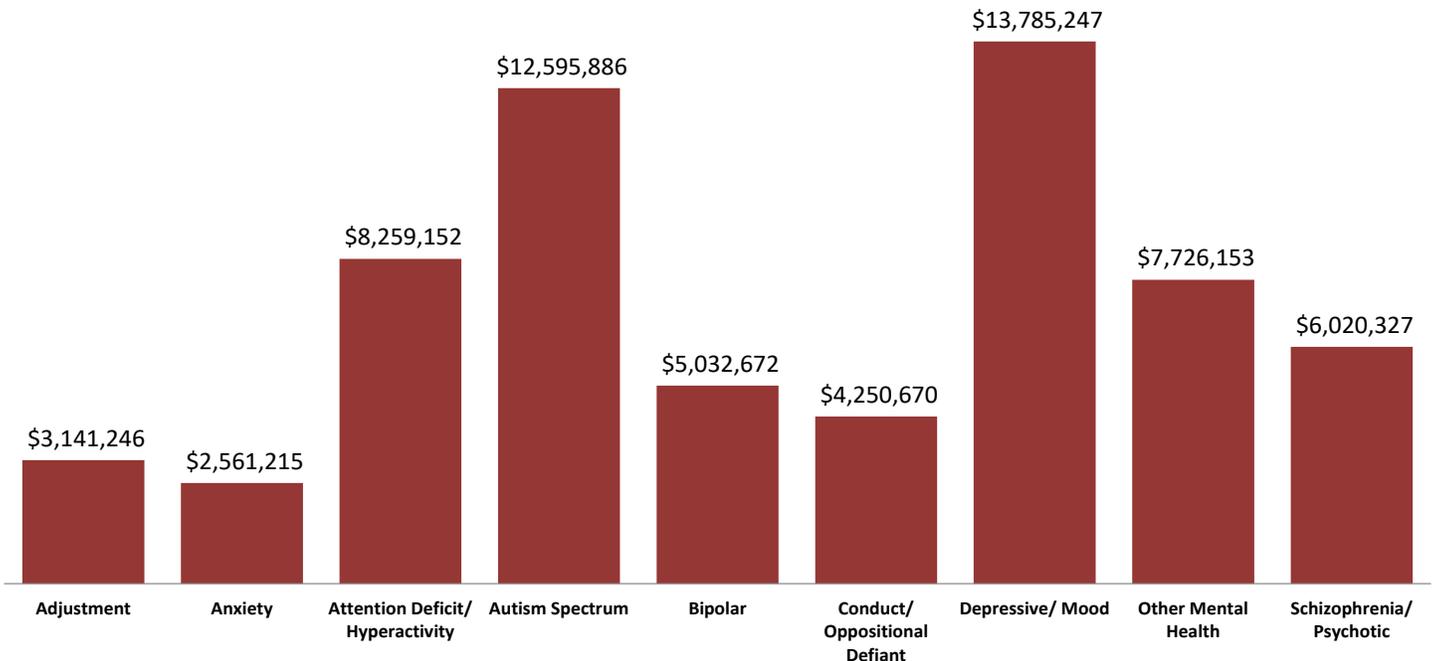
Mental Health

18,610 Served
\$63,372,568 Spent

Members with Primary Mental Health Diagnosis - Number Served



Expenditures for Members with Primary Mental Health Diagnosis



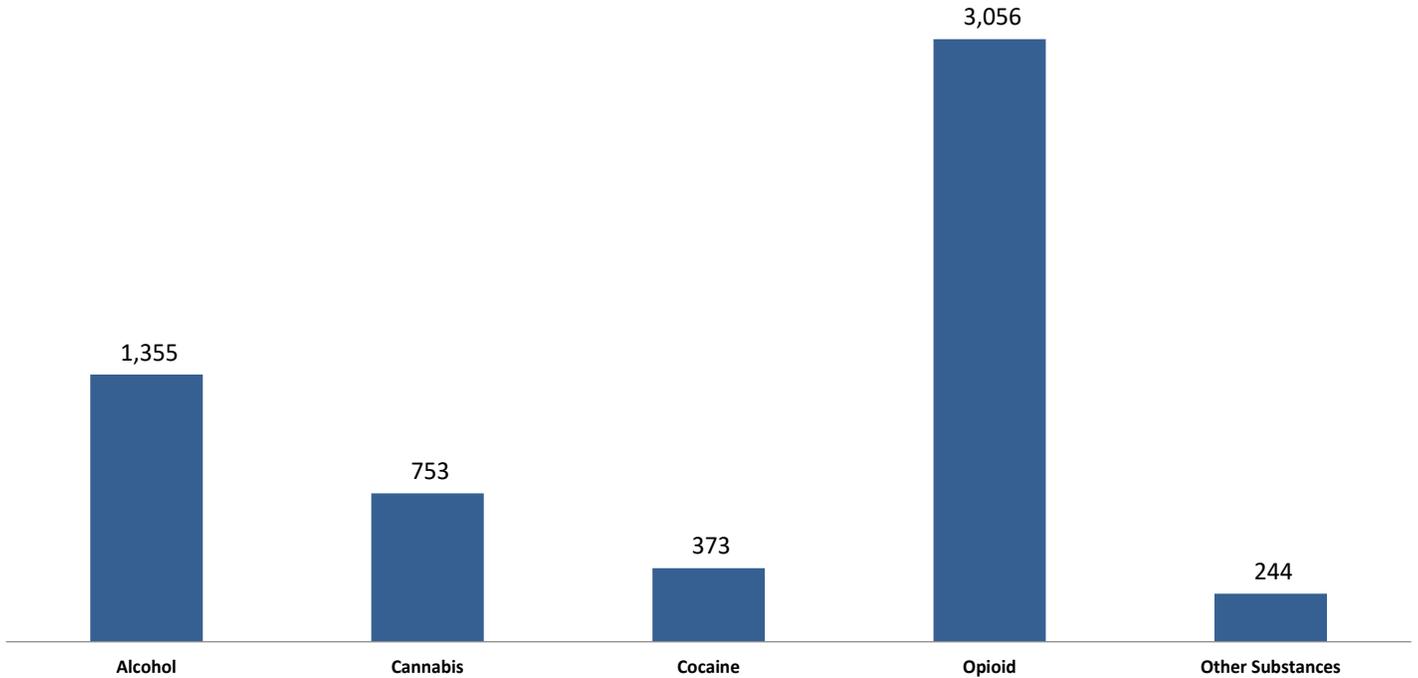
Note: Does not include APA services. Members may be counted in more than one diagnosis category.

Primary Diagnosis

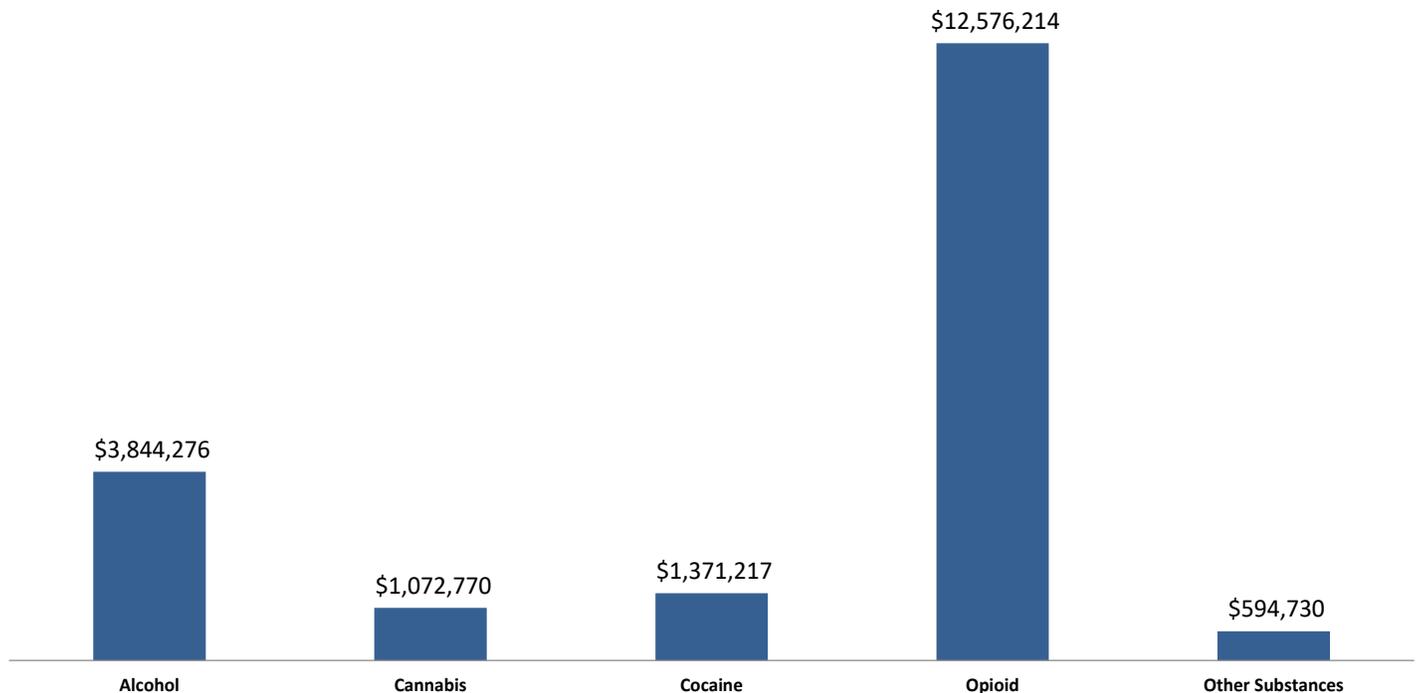
Drug & Alcohol

5,166 Served
\$19,459,207 Spent

Members with a Primary Drug & Alcohol Diagnosis - Number Served

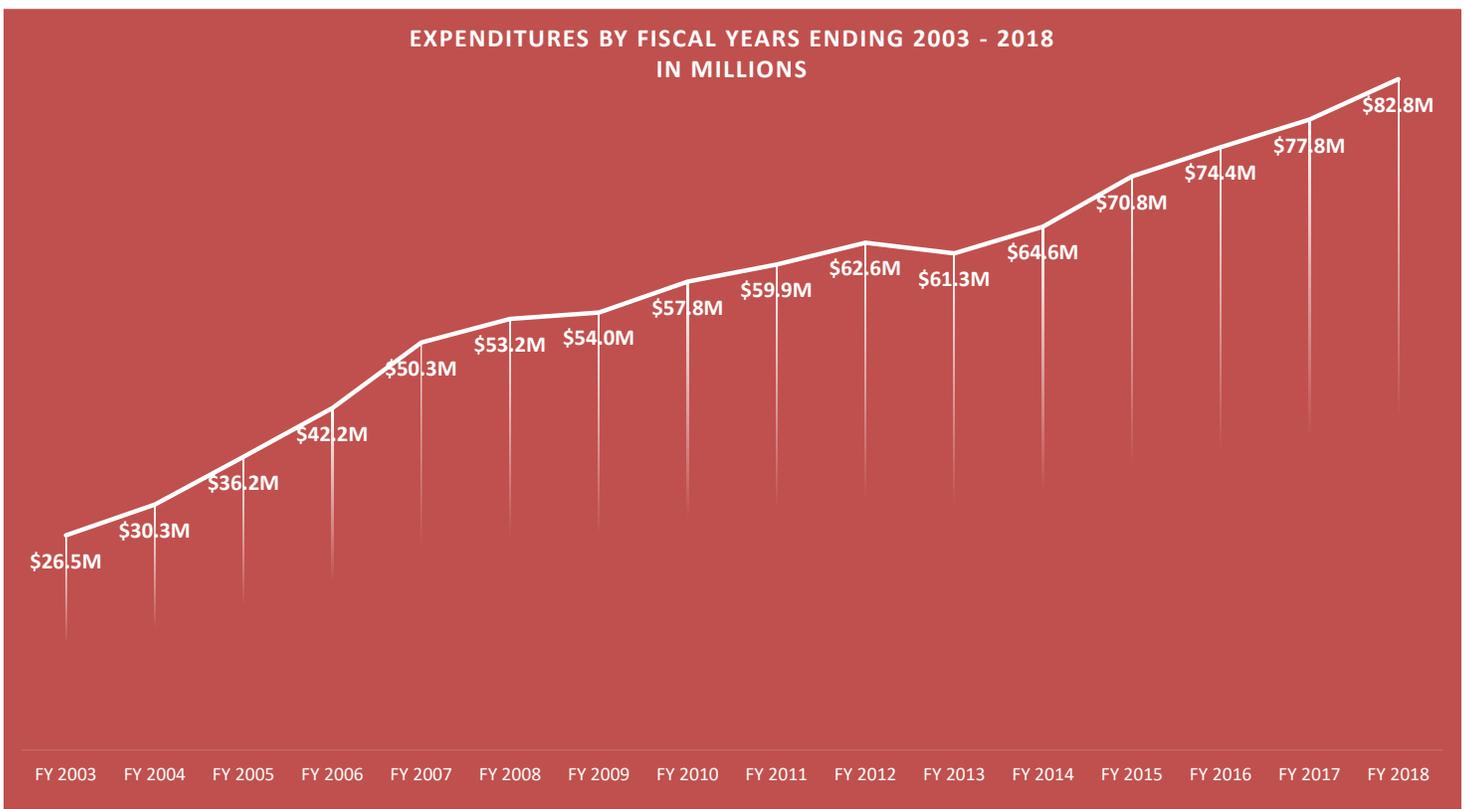
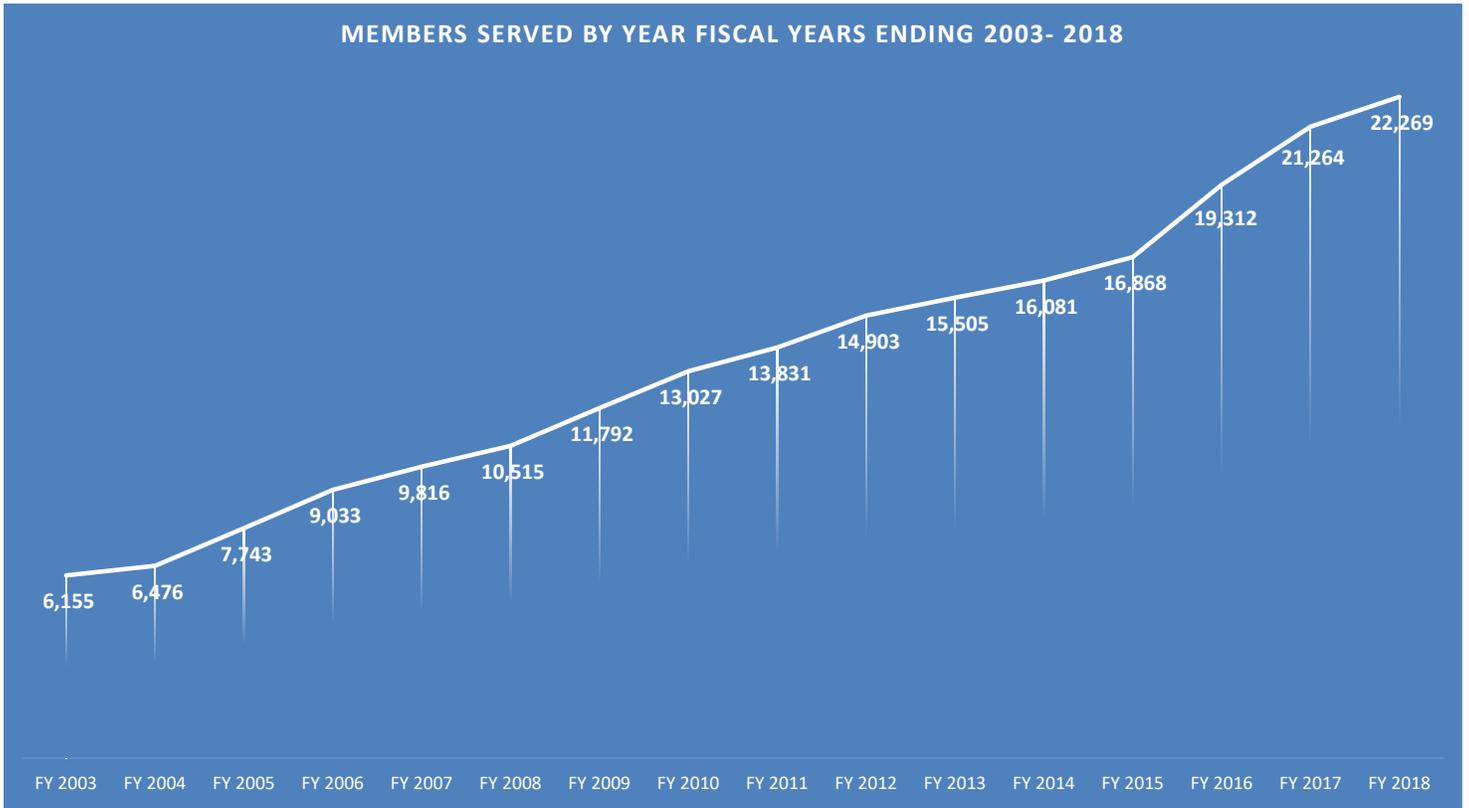


Expenditures for Members with a Primary Drug & Alcohol Diagnosis



Note: Does not include APA services. Members may be counted in more than one diagnosis category.

Utilization Trend



Note: Does not include APA services

Services for Youth

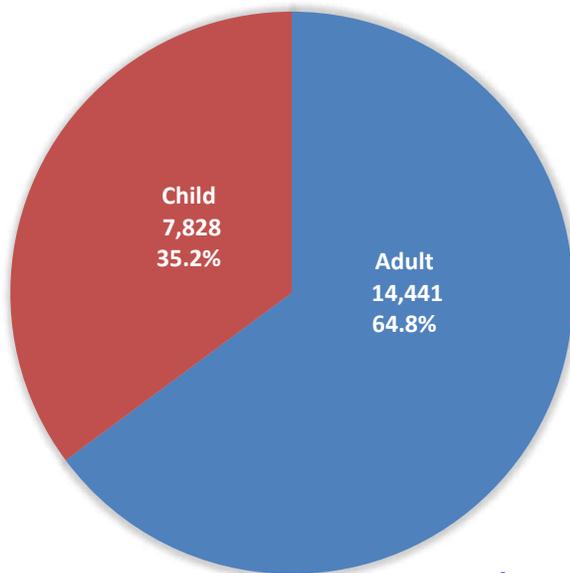
Youth-Focused Services

Behavioral Health Rehabilitation Services (BHRS), the behavioral health component for Early Periodic Screening, Diagnosis and Treatment, are services to children through the age of 21 years old designed to develop individual specific plans to care for social and emotional disturbances.

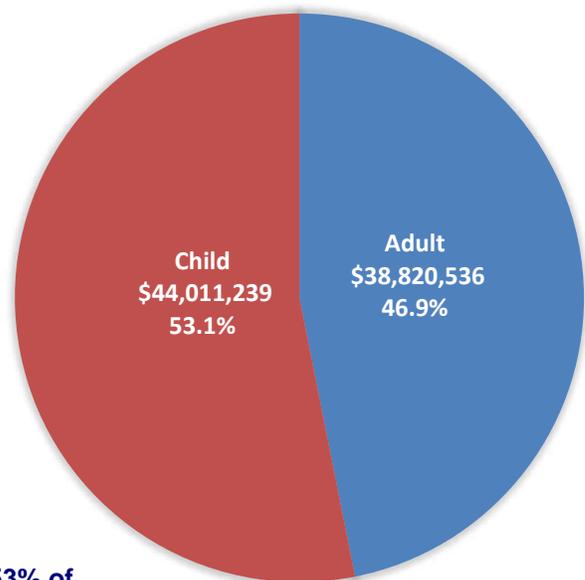
Family Based Mental Health Services (FBMHS) are 24-hour, 7-days-a-week services designed to assist families in caring for their children or adolescents with emotional disturbance at home. As a licensed program, Family Based Mental Health Services offers mental health treatment, case work services, and family support for up to 32 weeks, and longer if medically necessary. Family Based services are delivered by a team of mental health professionals and mental health workers, primarily in the family home.

Residential Treatment Facilities (RTF) are medical assistance approved, mental health treatment facilities for medical assistance eligible children and adolescents (up to age 21) who cannot be maintained in the home.

PERCENTAGE OF ADULTS VS. CHILDREN SERVED



PERCENTAGE OF EXPENDITURES FOR ADULTS VS. CHILDREN



Approximately 53% of HealthChoices funds were used to provide services to youth during the 2017-2018 fiscal year.



All Levels of Care - Youth

7,828 Youth Served
\$44,011,239 Spent

LOC	Distinct Members	Amount Paid
BHRS	2,960	\$ 18,256,379
Community Support Services	1,396	\$ 7,289,007
Inpatient and Non-Hospital Drug & Alcohol	16	\$ 250,340
Inpatient Mental Health	330	\$ 5,375,371
Other	502	\$ 308,755
Outpatient Drug & Alcohol	97	\$ 29,708
Outpatient Mental Health	6,485	\$ 6,418,673
RTF	113	\$ 6,083,007
Total	7,828	\$ 44,011,239

BHRS Services Detail

2,960 Youth Served
\$18,256,379 Spent

BHRS Service Type	Distinct Members	Amount Paid
After School Program	72	\$ 362,213
BHRS Evaluation	1,964	\$ 630,937
CRR Host Home	7	\$ 103,249
Functional Family Therapy	85	\$ 160,545
Multi-Systemic Therapy	45	\$ 249,588
Other BHRS Service	493	\$ 2,104,002
Specialized Autism Services	763	\$ 4,067,855
Therapeutic Family Care	13	\$ 223,108
TSS/MT/BSC	1,761	\$ 10,354,882
Total	2,960	\$ 18,256,379

Notes: Youth are members under the age of 18 years and individuals who received RTF or BHRS services. BHRS does not include CORE APA and Crisis does not include Crisis APA. See page 15 for BHRS detail. Members may be counted in more than one level of care.

Youth Primary Diagnosis

7,828 Youth Served
\$44,011,239 Spent

Mental Health Diagnosis	Distinct Members	Amount Paid
Adjustment	2,187	\$ 2,444,319
Anxiety	1,048	\$ 1,485,198
Attention Deficit/ Hyperactivity	3,406	\$ 7,955,632
Autism Spectrum	1,694	\$ 12,416,456
Bipolar	242	\$ 1,594,606
Conduct/ Oppositional Defiant	1,208	\$ 4,198,282
Depressive/ Mood	1,392	\$ 7,742,659
Other Mental Health	1,383	\$ 5,558,482
Schizophrenia/ Psychotic	38	\$ 332,464
Total	7,815	\$ 43,728,098

Substance Use Diagnosis	Distinct Members	Amount Paid
Alcohol	7	\$ 2,371
Cannabis	75	\$ 245,301
Cocaine	1	\$ 18,760
Opioid	3	\$ 11,487
Other Substances	6	\$ 5,222
Total	89	\$ 283,141

Community Support Services

3,163 Youth and Adults Served
\$9,026,589 Spent

Service	Adults	Youth
Crisis Intervention	1,116	477
Family Based Mental Health	23	391
Targeted Case Management	840	921
Total	1,775	1,388

Service	Adults	Youth
Crisis Intervention	\$ 59,616	\$ 32,995
Family Based Mental Health	\$ 261,142	\$ 5,725,698
Targeted Case Management	\$ 1,419,047	\$ 1,528,091
Total	\$ 1,739,805	\$ 7,286,784

Note: Does not include APA services. Members may be counted in more than one diagnosis category or level of care.

Reinvestment

At the close of each fiscal year, York County (YC) and Adams County (AC) are permitted to retain capitation revenues and investment income, which was not expended during the contract year, to reinvest in programs and services in each County. These funds, called *reinvestment funds*, must be spent in accordance with Office of Mental Health and Substance Abuse Services (OMHSAS) approved reinvestment plans. Reinvestment funds are financial incentives used to reward sound financial management practices and allow counties to creatively use funds to fill identified gaps in their treatment systems, test new innovative treatment approaches, and develop cost-effective alternatives to traditional services.

2001-2002

Mental Health Outpatient Bilingual/Bicultural Services
Drug and Alcohol Services for MA Eligible Consumers
Community Treatment Team
Drop-In Center Renovations (YC)
Site-Based Treatment for Children with Autism

2002-2003

Community Treatment Team (CTT)
Supported Housing Program
Crisis Diversionary Program
Non-Hospital Detoxification/Rehabilitation Methadone Program
Psychiatric Rehab/Clubhouse (YC)
MISA Outpatient Services
Autism Case Management
Mental Health Court (YC)
Respite/Temporary Housing Program
Transition Apartment Program (YC)
Dual Diagnosis MH/ID Outpatient Program
Consumer Work Program
Targeted Case Management
Flexible Funds Program
Consumer Run Business (YC)
Children's Advocacy Center
Drop-In Center Renovations (YC)
School-Based Partial Hospital Program
Site-Based Autism Program for Children
Drug and Alcohol Outpatient Treatment (AC)
Family-Based Dual Diagnosis Program (AC)

2003-2004

Non-Hospital Detoxification/Rehabilitation/ Methadone Program
Extended Acute Care
Children's Advocacy Center
Children and Adolescent Support Services (Both)
Housing/Employment Support Services
Psychiatric Rehab/Clubhouse (YC)
Minority Behavioral Health Outreach Program (YC)
Mental Health Association and Supportive Services (AC)
Multi-System Facilitator (YC)

2004-2005

Non-Hospital Detoxification/Rehabilitation/ Methadone Program
Mentoring Older Youth (AC)
Children's Advocacy Center (AC)
Flexible Funds Program (Both)
Mental Health Association and Supportive Services (YC)
Minority-Based Behavioral Health Drop-In Center (YC)
Consumer Work Program

2005-2006

Family Group Decision Making (AC)
Enhanced Screening Methods (AC)
Autism Treatment Program (YC)
Multi-System Facilitator (YC)
Integrated Health Program (YC)
Drug and Alcohol Outpatient (YC)
CTT Renovations (YC)

2006-2007

Affordable Housing (Both)
Child Advocacy Center Expansion (AC)

2007-2008

Affordable Housing (AC)
Drug & Alcohol Treatment Services (Both)
Long-Term Structured Residence (YC)

2008-2009

Enhancement to the Crisis Intervention System
Specialized Community Residence
Mental Health Outpatient Common Ground Approach
Sanctuary Model for Residential Treatment Facilities
Room and Board for CRR Host Home
Treatment Courts Community Relations and Development

2009-2010

Joint Planning Team Continuation (YC)
Community Residential Rehabilitation (CRR) Host Home Room and Board (AC)

2010-2011

Specialized Community Residence Construction (YC)
Supportive Positive Environment for Children
Emergency Rental Assistance Program
Drug & Alcohol Halfway House

2011-2012

Joint Planning Team
Telepsychiatry
Parent-Child Interactive Therapy - PCIT
Behavioral Health Navigator
Community Residential Rehabilitation Funds

2012-2013

Recovery Support Services: Bridge Subsidy
Community Residential Rehabilitation Funds

2013-2014

Non-Hospital Rehabilitation and Detoxification Expansion (YC)
Targeted Case Management-Adams County Human Services (AC)

2014-2015

Non-Hospital Rehabilitation and Detoxification Expansion (YC)
Targeted Case Management-Adams County Human Services (AC)

2015-2016

Affordable Housing (AC)
Supporting Positive Environments for Children - SPEC (YC)
Joint Planning Team (YC)
Behavioral Health Navigator (YC)
Non-Hospital Rehabilitation and Detoxification Expansion (YC)

2016-2017

Supporting Positive Environments for Children - SPEC
Affordable Housing Program/Housing Support Service
Housing Support Service Supported Housing Plan: Bridge Subsidy
Adams County Recovery Center (AC)

Terminology

ALTERNATIVE PAYMENT ARRANGEMENT

Refers to any of the various contractual agreements for reimbursement that are not based on a traditional fee for service model. Types of arrangements include but are not limited to the following: retainer payments; case rates; and subcapitation.

AUTHORIZATION

A process that is related to the payment of claims by which a provider receives approval from Community Care to provide a particular service. Authorizations typically limit the number of units and the time in which the service can be provided. If a service requires authorization for payment, the lack of authorization will result in an unpaid claim.

BEHAVIORAL MANAGED CARE ORGANIZATION (BH-MCO)
An entity that manages the purchase and provision of behavioral health services.

BEHAVIORAL REHABILITATION SERVICES FOR CHILDREN AND ADOLESCENTS (BHRS)

BHRS are individualized, therapeutic mental health, substance abuse, or behavioral interventions/services developed and recommended by an Interagency Team and prescribed by a physician or licensed psychologist. Services include Behavioral Specialist Consultant (BSC), Mobile Therapy (MT), Therapeutic Staff Support (TSS), Multi-Systemic Therapy (MST), Community and School-Based Behavioral Health Services (CSBBH), Community Residential Rehabilitation Host Home (CRR), and Functional Family Therapy (FFT), Summer Therapeutic Activities (STAP), Therapeutic Family Care (TFC), and evaluation services.

CAPITATION

A set amount of money received or paid out; it is based on membership rather than on services delivered and is usually expressed in units of PMPM (per member per month) or PMPD (per member per day). Under the HealthChoices program, capitation rates vary by categories of assistance.

CLAIM

A request for reimbursement for a behavioral health service.

COMPLAINT

A process by which a consumer or provider can address a problem experienced in the HealthChoices program.

CONSUMER

HealthChoices enrollees on whose behalf a claim has been adjudicated for behavioral health care services during the reporting period.

DENIAL

A denial is defined as “a determination made by a managed care organization in response to a provider’s request for approval to provide in-plan services of a specific duration and scope which (1) disapproves the request completely; (2) approves provision of the requested service(s), but for a lesser scope or duration than requested by the provider; (an approval of a requested service which includes a requirement for a concurrent review by the managed care organization during the authorized period does not constitute a denial); or (3) disapproves provision of the requested service(s), but approves provision of an alternative service(s).”

DIAGNOSIS

A behavioral health disorder based on criteria established in the Diagnostic and Statistical Manual of Mental Disorders (DSM). The DSM is published by the American Psychiatric Association and provides a diagnostic coding system for mental and substance abuse disorders.

DIAGNOSTIC CATEGORIES

Subgroups of behavioral health disorders. This report contains the following groupings:

Adjustment Disorder – the development of clinically significant emotional or behavioral symptoms in response to an identifiable psychosocial stressor or stressors.

Anxiety Disorders – a group of disorders that includes: Separation Anxiety Disorder, Selective Mutism, Panic Disorder, Social Phobia, Posttraumatic Stress Disorder, Obsessive Compulsive Disorder, Generalized Anxiety Disorder, and Anxiety Disorder Not Otherwise Specified.

ADHD and Disorders in Children – includes Attention Deficit Hyperactivity Disorder, Conduct Disorder, Oppositional Defiant Disorder, and Disruptive Behavior Disorder Not Otherwise Specified.



Adams County Court House

Autism Spectrum Disorder is a neurological disorder that involves some degree of difficulty with communication and interpersonal relationships, as well as obsessions and repetitive behaviors.

Bipolar Disorders – a group of mood disorders that characteristically involve mood swings. This group includes: Bipolar I Disorder, Bipolar II Disorder, Bipolar Disorder Not Otherwise Specified, Mood Disorder, and Mood Disorder Not Otherwise Specified.

Conduct Disorder/Oppositional Defiant Disorder - a group of serious emotional and behavioral problems in children and adolescents. Children with conduct disorders frequently behave in extremely troubling, socially unacceptable, and often illegal ways, though they feel justified in their actions and show little to no empathy for their victims. Children with oppositional defiant disorder have patterns of unruly and argumentative behavior and hostile attitudes toward authority figures.

Depressive Disorders – a group of mood disorders that includes Major Depressive Disorder, Dysthymia, and Depressive Disorder Not Otherwise Specified.

Schizophrenia and Psychotic Disorders – a collection of thought disorders such as Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, and Psychotic Disorder Not Otherwise Specified.

Other Mental Health Disorders – includes Tic Disorders, Learning Disorders, Communications Disorders, and Motor Skills Disorders.

Substance Abuse/Dependence Disorders – a group of disorders related to taking a drug of abuse. The DSM refers to 11 classes of substances: alcohol, amphetamines, caffeine, cannabis (marijuana or hashish), cocaine, hallucinogens, inhalants, nicotine, opiates (heroin or other narcotics), PCP, and sedatives/hypnotic/anxiolytics.

ENROLLMENT

The number of Medicaid recipients who are active in the Medical Assistance program at any given point in time.



York County Court House

FAIR HEARING APPEAL

A grievance process through which a HealthChoices member can file a written appeal, to the Department of Human Services, regarding a behavioral health care service decision.

GRIEVANCE

The process by which a consumer addresses a problem with a decision made about his/her behavioral health care service. This may include denial of a service, approving less service than what was requested, or approving a level of care different from that requested.

JOINDER

Local authorities of any county who have joined with the local authorities of any other county to establish a county mental health and intellectual disabilities program, subject to the provisions of the Mental Health and Intellectual Disability Act of 1966 (50 P.S. § 4201 (2)), or a drug and alcohol program pursuant to the Pa. Drug and Alcohol Abuse Control Act (71 P.S. § 1690. 101 et. seq.).

MEMBER

Eligible Medical Assistance recipients enrolled in the HealthChoices program during the reporting period.

REINVESTMENT FUNDS

Capitation revenues from DHS and investment income that are not expended may be used to purchase start-up costs for state plan services, development or purchase of in lieu of and in addition to services or non-medical services, contingent upon DHS prior approval of the Primary Contractor's reinvestment plan.

RESIDENTIAL TREATMENT FACILITY (RTF)

A self-contained, secure, 24-hour psychiatric residence for children and adolescents who require intensive clinical, recreational, educational services and supervision.

UTILIZATION

The amount of behavioral health care services used by Medicaid recipients. Utilization is based on encounter (paid claims) information.

York-Adams HealthChoices Program

100 West Market Street

York, PA 17401

717-771-9900

<http://www.ychcmu.org>

