

Age	Problem-Solving	Communication	Social/Emotional	Self-Help	Physical
Birth to 3 months	<ul style="list-style-type: none"> - Follows a toy with their eyes - Looks toward sounds 	<ul style="list-style-type: none"> - Makes sounds & coos - Has different cries to let you know when they are hungry or soiled 	<ul style="list-style-type: none"> - Looks at your face & smiles - Stops crying when held or talked to - Enjoys being touched or held close 	<ul style="list-style-type: none"> - Looks toward lights & bright colors - Gets excited to be fed 	<ul style="list-style-type: none"> - Puts hands/toys to mouth - Holds up head for a few seconds - Brings their hands together at the middle of their body
3-6 months	<ul style="list-style-type: none"> - Looks at their hands - Plays with rattles by shaking or feeling them - Looks for a dropped toy 	<ul style="list-style-type: none"> - Looks when you use a firm voice or say "NO" - Imitates cooing sounds 	<ul style="list-style-type: none"> - Smiles, cries, babbles, & makes other noises to get your attention 	<ul style="list-style-type: none"> - Eats stage 1 or pureed baby food - Helps to hold bottle during feedings - Stays entertained with a toy for 15 seconds or more 	<ul style="list-style-type: none"> - Reaches to grab a toy - Holds their head up when you hold them - Holds a toy for several seconds to play with it
6-9 months	<ul style="list-style-type: none"> - Plays simple game of peek-a-boo, clapping hands, or "so big!" - Touches your hand to restart a game - Uncovers a toy that is hidden 	<ul style="list-style-type: none"> - Looks when you call their name - Makes a variety of sounds that include vowels and consonants, like "mama" and "dada" - Imitates your actions and facial expressions 	<ul style="list-style-type: none"> - Looks at themselves in the mirror - Enjoys listening to you sing or talk to them - Responds differently to unfamiliar people 	<ul style="list-style-type: none"> - Eats stage 1 or 2 baby food without gagging - Reaches or moves to toys they want - Can feed themselves a cracker or cookie 	<ul style="list-style-type: none"> - Rolls from their stomach to their back - Sits independently for several seconds - Moves a toy from one hand to the other - Picks up small objects
9-12 months	<ul style="list-style-type: none"> - Touches a toy to make it move or make noise - Plays with toys in other ways, such as banging them together or pushing them along the floor - Looks at pictures in a book 	<ul style="list-style-type: none"> - Says "mama" and "dada" meaningfully - Looks for their cup or shoes when saying "cup" or "shoes" - Tries to imitate sounds and words you say to them 	<ul style="list-style-type: none"> - Likes to cuddle, hug, and give kisses - Shows a reluctance or fear of strangers 	<ul style="list-style-type: none"> - Uses their fingers to eat some foods - Cooperates with dressing and helps to push arms and legs through - Plays with toys independently for up to 10 minutes 	<ul style="list-style-type: none"> - Puts objects into a cup or container - Pulls to stand on furniture or while holding your hands - Turns pages in a cardboard book - Crawls to get around
12-15 months	<ul style="list-style-type: none"> - Dumps objects out of a container and puts them back in - Puts a circle in a puzzle or a peg in a hole - Takes a lid off a box to find a toy or object 	<ul style="list-style-type: none"> - Points to a few body parts - Says at least 3 words other than "mama" and "dada" - Tries to repeat words - Understands phrases such as "no-no" and "all gone" 	<ul style="list-style-type: none"> - Plays ball by rolling it or throwing it back and forth - Likes to be in sight and hearing of familiar adults - Lets you know their likes and dislikes 	<ul style="list-style-type: none"> - Uses their fingers to feed themselves - Begins to use a spoon - Holds a sippy cup or bottle on their own 	<ul style="list-style-type: none"> - Walks alone for several steps - Stoops or squats to pick up toys and objects - Stacks 2 blocks - Scribbles on paper with crayon

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15-18 months	<ul style="list-style-type: none"> - Pushes buttons to start a toy or turn the TV on or off - Explores toys in different ways, such as banging or throwing 	<ul style="list-style-type: none"> - Says at least 10 words - Points, uses gestures, and makes sounds to let you know what they want - Points to familiar pictures that you have named in a book 	<ul style="list-style-type: none"> - Copes adult activities such as housework - Begins to show affection with hugs and kisses - Likes to be around other children 	<ul style="list-style-type: none"> - Feeds themselves with a spoon but with some mess - Cooperates with dressing and undressing 	<ul style="list-style-type: none"> - Climbs on to and off of furniture - Can carry a large toy while walking - Drops objects into small containers - Builds a tower of 3 or 4 blocks
18-24 months	<ul style="list-style-type: none"> - Tries to do simple puzzles - Enjoys nursery rhymes and simple songs - Recognizes self and family members in photos 	<ul style="list-style-type: none"> - Says 2 or 3 words together - Names pictures in a book of familiar objects - Understands simple questions and directions - Points to body parts when asked 	<ul style="list-style-type: none"> - Plays while sitting next to another child when they each have their own toys - Defends their own possessions and expresses ownership 	<ul style="list-style-type: none"> - Feeds themselves with a spoon or fork - Takes off loose clothing such as a jacket or shorts - Understands what objects can be eaten or not eaten 	<ul style="list-style-type: none"> - Walks up and down steps while holding on to something - Kicks and throws a ball - Uses their thumb and index finger to pick up small items
24-32 months	<ul style="list-style-type: none"> - Matches assorted simple shapes or colors - Pretend plays, such as feeding a baby or crashing cars - Understands the concept of "one" - Finds the right tool or object to use for a certain task or activity 	<ul style="list-style-type: none"> - Asks questions like "what's that" - Tells you their first name - Puts 2 words together - Tries to get your attention with words - Places a toy or object in the right place when you tell them to put it "in," "on," or "under" 	<ul style="list-style-type: none"> - Shares toys with others while playing - Helps clean up their toys - Uses words instead of hitting or crying to indicate anger, hunger, or being upset 	<ul style="list-style-type: none"> - Puts on some clothing without any help - Plays alone in one room for short periods of time while you are in another room - Sits on the potty for a few minutes or is curious about the potty 	<ul style="list-style-type: none"> - Stands on one foot for a second without holding on for support - Runs up to 20 feet without falling - Jumps forward with both feet together - Opens doors by turning the knob or pushing the door handle
32-36 months	<ul style="list-style-type: none"> - Completes 3 or 4 puzzle pieces - Understands the difference between big and little - Holds up their fingers to tell you their age 	<ul style="list-style-type: none"> - Uses two 3-word phrases consistently - Talks while playing with toys - Follows complex directions - Likes to listen to and understands a short story 	<ul style="list-style-type: none"> - Takes turns playing simple games - Shows empathy towards others when they are upset - Says "no" or throws a temper tantrum when things don't go their way - Participates in group play 	<ul style="list-style-type: none"> - Listens and pays attention to a short story while in a small group - Puts on their own jacket - Understands danger, for example, that running into the street is not safe 	<ul style="list-style-type: none"> - Walks up and down stairs without help - Copies a circle - Climbs a ladder of a slide and slides down