

YORK COUNTY AREA AGENCY ON AGING  
JOB DESCRIPTION

**Title:**           **Healthy Steps for Older Adults (HSOA) – Support**

**Purpose:**        To raise awareness of falls, introduce steps on how to reduce falls, determine risk level for falls, improve overall health, and provide referrals and resources

**Responsibilities:**

The role of the Support HSOA Volunteer is varied, and may include the following:

- Assist participants in completion of required forms
- Assist with Physical Skill Screenings
- Collaborate with staff and other leaders in assessment events
- Complete follow-up questionnaires / phone calls
- Maintain and observe confidentiality
- Have transportation to the site of workshops

**Reports to:**   YCAAA Staff – Health and Wellness Coordinator

**Qualifications:**

- Willingness to work with others in falls prevention events
- Good communication and interpersonal skills
- Ability to administer follow-up questionnaires
- Available transportation
- 18 years of age or older
- Interest and concern for older and disabled people
- Ability to interact assertively and effectively with persons of varying backgrounds
- Observe confidentiality
- Be free from any appearance of a conflict of interest.
- Be reliable

**Time**            Instructions are given at the day of the event by the HSOA Leader. No advance training is required.  
Agreement to assist with at least one workshop annually