

YORK COUNTY AREA AGENCY ON AGING
JOB DESCRIPTION

Title: **Diabetes Self-Management – Lay Leader**

Purpose: To educate, equip and empower participants to successfully manage their Type 2 Diabetes.

Responsibilities:

- Lay Leader must teach the Diabetes Self-Management Class
- Collaborate with Co-Lay Leader to teach the class
- Prepare for each class by reviewing the manual and preparing the materials.
- Follow the curriculum as outlined in the manual.
- Organize the classroom with supplies and refreshments
- Maintain and observe confidentiality
- Have transportation to the site of workshops
- Have participants' complete forms as required by PA Department of Aging

Reports to: YCAAA Staff – Diabetes Self-Management Master Trainer

Qualifications:

- Successful completion of required training
- Willingness to lead a small group
- Good communication and interpersonal skills
- Able to administer course evaluations
- Available transportation
- 18 years of age or older
- Interest and concern for older and disabled people
- Ability to interact assertively and effectively with persons of varying backgrounds.
- Ability to work with others
- Observe confidentiality
- Be free from any appearance of a conflict of interest.
- Be reliable
- Must be able to carry up to 20 lbs.

Time:

- Attend 4-day Diabetes Self-Management Leader training or 4-day Chronic Disease Self-Management leader training with 1-day Diabetes Self-Management Leader cross training
- Facilitate one Diabetes Self-Management workshop annually
- Agree to facilitate one workshop within 6-months of training
- Must attend refresher course or updates if you become inactive